



POOLE RUNNERS 2025

TRACK AND FIELD CHAMPIONSHIPS

These awards are co-ordinated by our coach Rupert Pepper.

Points are awarded for the top 3 matches from 12 matches across the year, using the multi-event scoring tables. Each athlete has their top three performances from each match, and their best three scores overall included in these awards.

This year we see awards won through participation in a mixture of event specialities: sprints, short and middle distance runs, jumps and throws.

MALE WINNERS

1st Andrew Smith

2nd Mark Vallier

3rd Andy Howse

FEMALE WINNERS

1st Lea Short

2nd Theresa Williams

3rd Maddy Vallier

RESILIENCE AWARDS

These awards are compiled by point scoring activities during the months of January to October, with 3 sections requiring 2 events to be completed from each section, with points awarded accordingly.

Section one comprises of parkruns or walks, section two requires a volunteer or marshal position at a parkrun or club event, and section three is a run or walk of more than 10k along specified routes.

This year's winners, in no particular order are:

Holly Jeans

Matt Holman

Andrew Leach

Firouzeh Taghavi

Claudia Howse

Drew Freeman

Elizabeth Lees

Jack Morgan

Rachel Bevan

There is also a special prize for the Member who completes the most ParkRuns in differing locations.

This year our winner is **Andrew Leach**, with 23 events, including several overseas.