

Poole Runners Men's Best Marathon Times as at 10/11/2025

(set whilst a first claim Poole Runners member)

Name	Time	Year	Location
Sean Hogan	2:18:51	2022	London
Terry Cutler	2:26:27	1983	London
Lewis Clarke	2:29:21	2023	Valencia
Martin Thomas	2:29:54	1990	Berlin
Dave Cartwright	2:31:30	1995	London
Len Slater	2:31:30	1989	London
Dave Cox	2:33:18	1993	London
Steve Crockford	2:33:28	1989	London
Martin Lewis	2:34:03	2008	London
George Miller	2:34:12	2010	London
Anthony Clark	2:34:59	2014	London
Ian Barnes	2:35:29	1991	London
Bob Stow	2:36:46	1989	London
Steve Claxton	2:36:58	2016	London
Geoff Scott	2:37:42	1991	London
Arthur Johns	2:37:46	1998	Lochaber
Mark Ball	2:38:02	1997	London
Mitch Mason	2:38:10	1990	New Forest
Pascal Bovay	2:38:10	1984	Abingdon
John Wilson	2:39:06	1988	Poole
John Roberts	2:39:24	1987	Berlin
Geoff Light	2:40:23	1989	London
Rob Arkell	2:40:43	2025	Barcelona
Alwyn Dominey	2:40:47	1988	London
Ian Edwards	2:41:02	1994	London
Pete Etheridge	2:41:15	1990	London
Aziz Younes	2:41:17	2023	London
James Baulch	2:41:52	2009	London
Tony Maskell	2:43:15	1988	Poole
Mark Minett	2:44:32	1999	London
Dave Tindall	2:44:45	2022	London
Gary White	2:45:08	1984	Gloucester
Steve Yates	2:45:14	2017	London
Brian Panton	2:45:15	1991	London
John Willmot	2:45:16	1987	London
Matthew East	2:45:48	2015	London
Keith Long	2:46:20	1998	Abingdon
Joe Godden	2:46:30	2024	Newport
Chris Strange	2:47:18	1982	Bristol
Mark Lacey	2:47:26	2002	London
Derek Field	2:47:55	1984	Southampton
Gavin Clegg	2:48:17	2004	London
Kevin Dwyer	2:48:17	1992	Cherbourg
Dave Patrick	2:48:58	2001	Normandy

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Haydn Morris	2:49:09	1990	London
Geoff Robberts	2:49:14	1995	South Coast
Frank Williams	2:49:20	1987	London
Tim Jones	2:49:35	2020	Dorney Lake
Paul Currah	2:50:07	2019	Manchester
Dion Garner	2:50:44	2022	London
Sid Payne	2:50:50	1991	London
Chris Guerrier	2:50:54	2001	London
Luke McKenzie	2:50:56	2024	Manchester
Chris Smithers	2:51:05	1986	Wolverhampton
Graham Brown	2:51:10	1986	London
Dave Hayes	2:51:34	1987	London
Haydan Clarke	2:51:51	2023	North Dorset
Mark Caldecourt	2:52:07	2003	Paris
Mark Peddle	2:52:07	2024	London
Alan Hetherington	2:52:10	1987	Poole
Mike Derham	2:52:14	1987	London
Neil Sexton	2:52:42	2019	Chester
Jim Aylmore	2:53:29	2005	London
Mark Tiller	2:54:12	1991	London
John Cakebread	2:54:29	2005	London
Don Doe	2:54:34	1992	Dublin
John Warby	2:55:10	1990	London
Alan Lewis	2:55:35	1999	London
Rob Lane	2:56:02	1985	London
Graham Moyse	2:56:32	2004	London
Jim Windebank	2:57:13	2021	Windsor
Rupert Tory	2:57:15	2016	London
Tom Andrews	2:57:18	2025	Newport
Barry Headington	2:57:37	1996	London
Roy Williams	2:57:38	1999	London
Roger Durham	2:57:54	1987	London
Mark Smith	2:58:24	2014	Bournemouth
Mike Best	2:58:30	1986	London
Steve Hogarth	2:58:45	2002	London
Graham Beavers	2:58:46	1996	London
Steve Lumber	2:58:48	1984	Gloucester
Chris Lee	2:59:03	2006	London
Barry Trowbridge	2:59:08	2015	Berlin
Melcombe Shakesheff	2:59:08	1982	Winchester
Dale Paget	2:59:10	2008	New Forest
Iain Ferguson	2:59:31	2024	London
Mike Akers	2:59:48	2016	Brighton
Dave Heath	2:59:56	1991	Abingdon
Mike Hughes	2:59:57	1988	Poole

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Chris Stratford	3:00:11	2019	Manchester
Malcolm Roberts	3:00:31	1989	London
Dan Wakefield	3:00:48	2022	Manchester
Jimmy Godden	3:01:04	2024	Newport
Andy Imms	3:01:47	2023	London
Roy Fry	3:02:11	1990	Flying Fox
Simon Lathwell	3:02:14	2005	London
Esref Ozdemir	3:03:05	2022	Chicago
Nick Clayton	3:03:25	2022	North Dorset
Colin Somers	3:03:26	2021	Manchester
Andy Humphrys	3:04:13	2017	Abingdon
Pete Couch	3:04:23	1992	New Forest
Reg Tiller	3:05:01	1989	New Forest
Ron Walmsley	3:05:20	1997	Dublin
Pete Hunt	3:05:42	2004	Nelspruit, S.A.
John Knowlton	3:05:51	1985	London
John McClelland	3:06:43	1998	London
Mick Cooper	3:06:50	2015	Brighton
Richard Vessey	3:06:55	1990	London
Tim Townsend	3:07:10	1997	London
Steve Ogles	3:08:13	2019	Manchester
John Llewellyn	3:08:34	2015	Great Welsh Marathon
Mike Millin	3:09:10	1989	London
Pete Ferenczy	3:09:14	2007	London
Kevin Launder	3:09:18	1988	Poole
Bill Day	3:09:28	2017	Kent Circuit Marathon
Alan Gamblin	3:09:40	1984	Rome
Julian Jenner	3:10:02	1995	Poole
Bob Frampton	3:10:07	1985	Jersey
Ron Watters	3:10:17	1987	London
David Ozanne	3:10:51	2012	Dublin
Pete Helyer	3:11:05	1988	Dublin
Gerald Piper	3:11:24	1990	Poole
Greg Fairhall	3:11:28	2019	London
Dave Graham	3:12:22	2018	London
Roger Jarvis	3:13:24	1984	London
Richard Collings	3:13:45	1997	Dublin
Darren Lock	3:14:02	2012	London
John Allsopp	3:14:08	1989	New Forest
Pete Holland	3:14:27	1994	London
Mike Cook	3:15:02	2001	Abingdon
Mike Haskell	3:15:06	1982	London
Gerard Horsley	3:15:10	1982	Gloucester
Chris Thick	3:15:17	1990	Poole
Kevin Prentice	3:15:49	2011	North Dorset

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Steve Daish	3:16:16	2007	Amsterdam
Ian Minett	3:16:20	1997	London
Graham Dunhill	3:16:24	1987	London
Barry Howells	3:16:28	1994	London
Matt Robbins	3:17:20	2019	Manchester
John Rhoden	3:17:21	1990	Cherbourg
Martin Seedall	3:17:30	1994	London
Clive West	3:17:53	2025	Manchester
Sanjay Sharma	3:18:46	2003	London
Paul Downes	3:19:12	2018	Southampton
John Haines	3:19:22	2016	New Forest
Lee Pullen	3:19:33	2025	London
Clive Brewer	3:19:51	1984	Rome
Mike Fleck	3:20:04	2001	London
Robin Pearce	3:20:04	1997	London
Brian Stanford	3:20:10	1993	London
Ben Lees-Smith	3:20:47	2023	Paris
Bob Barnett	3:21:08	1999	Dublin
Bruce Chapman	3:21:10	1987	Glasgow
Mike Towner	3:21:16	1996	Paris
Mike Sturme	3:21:17	1985	Wolverhampton
Keith Fraser	3:21:40	2003	London
John Towner	3:22:04	2015	London
Pete Ness	3:22:04	1988	London
Simon Hill	3:22:07	1995	Poole
Jamie Cooper	3:22:28	2025	Milan
Adrain Thorpe	3:22:31	2025	Chicago
Martin Davis	3:23:10	1989	London
Darren Andrews	3:23:35	2011	London
Terry Sherwood	3:24:18	2011	Chicago
Richard Dean	3:24:20	1986	Poole
Jason Clarke	3:24:33	2008	New Forest
Matt Laishley	3:24:48	2008	London
Tony Scott	3:26:30	1985	Gloucester
Richard Meston	3:26:54	2015	Bournemouth
Pete Guscott	3:26:59	1994	London
John Blackburn	3:27:00	2013	Berlin
Andy Palmer	3:27:07	2006	London
Brian Crane	3:28:10	1983	London
Ron Jocelyn	3:28:10	1987	London
Pete Hayward	3:28:17	1990	London
Alex Bonnet	3:28:25	2014	London
Jimmy Redford	3:28:33	2024	Warsaw
Denis Merciere	3:28:40	2011	London
Gordon Trevett	3:29:22	1990	Poole

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Andy Warren	3:29:42	1990	Poole
Jon Eveleigh	3:29:53	2012	Brighton
Marcus Watton	3:29:53	2024	Exeter
Malcolm Jackson	3:29:55	1991	London
Jack Powis	3:30:21	1987	London
Dave Broom	3:33:09	1991	Poole
Denzil Beckhurst	3:33:34	1992	London
Mark Dobbs	3:34:01	2015	Edinburgh
Vince Dowling	3:35:15	1985	London
John Dunford	3:35:20	1984	Southampton
Fred Greenough	3:35:21	1983	Gloucester
Gareth Hughes	3:35:26	2024	London
Michael Rogers	3:35:56	2017	Chester
Laurie Higgs	3:36:00	1995	London
Steve Amos	3:36:13	2014	London
Alexander Alexander	3:36:18	2023	Paris
Jack Dwyer	3:36:38	2023	Southampton
Khalil Ghabaee	3:36:42	2015	London
Reinhard Lehmann	3:36:53	2010	Berlin
Rupert Pepper	3:37:26	1999	New Forest
Jack Jenkins	3:38:05	1985	Bolton
Bill Travers	3:38:17	1985	Glasgow
Rob Forster	3:38:56	2014	Bournemouth
Grant Phillips	3:40:28	2025	Brighton
Pete Cole	3:40:55	1990	Poole
Robin Dickens	3:41:03	1994	London
Graeme Beckett	3:41:10	2021	London
Roger Cross	3:42:09	2008	New York
Richard Worth	3:42:38	1997	London
Frank Taylor	3:43:00	1999	New Forest
Tom Smithson	3:44:18	2024	Newport
Pete Portnoi	3:44:41	2019	Limassol
Dale Holland	3:44:57	2021	Paris
Steve Cook	3:45:09	2014	Brighton
Graham Dennison	3:45:26	2023	London
Paul Viney	3:45:28	2014	London
Nigel Redman	3:45:41	2019	Southampton
Rob Jabangwe	3:46:22	2024	Abingdon
Gavin Newbury	3:46:26	2023	London
Nick Crouch	3:48:05	1984	Gloucester
Derek Wingrove	3:48:19	2017	Dorchester
Paul Ingham	3:48:26	2008	London
Steve Davis	3:49:30	2015	Edinburgh
Greg Marsh	3:49:45	2011	North Dorset
Les Wilde	3:51:01	1991	Shakespeare

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Howard Lewis	3:51:28	2007	Loch Ness
Luke Wines	3:51:28	2014	London
Steve Fox	3:52:10	2015	London
David Calton	3:52:28	2019	Southampton
James Miles	3:53:10	2010	Brighton
Steve Mills	3:53:17	2014	London
Pete Sharman	3:53:52	1984	Birmingham
Roger Dearsley	3:54:16	1990	Poole
Mike Cheney	3:55:07	2007	Berlin
Steve Hawes	3:55:34	2025	North Dorset
Morgan Smith	3:55:55	2022	Manchester
Artur Majewski	3:56:22	2018	Bournemouth
Jamie Trowbridge	3:57:53	2024	Brighton
Lars Jansson	3:58:04	2009	Berlin
Steve Humber	3:58:14	2003	London
Phil Burden	3:58:43	2007	Shakespeare
Pete Bessant	3:59:39	1990	Poole
Paul Sharman	3:59:57	1984	Birmingham
Melvin Brooks	4:00:01	1993	London
Russel Davis	4:01:16	1988	London
Ian Chester	4:01:19	2007	New Forest
Justin Williams	4:02:52	2025	Manchester
John Ray	4:05:37	2023	London
Thomas Dear	4:06:43	2025	Newport
Patrick Gedge	4:09:37	2025	Newport
James Hooper	4:10:06	2025	
Mike Crane	4:10:46	2012	Brighton
Andrew Clark	4:13:13	2024	Valencia
Chris Hopkins	4:13:16	2001	Dublin
Robert Brown	4:13:21	2010	Brighton
Bill Conroy	4:13:37	2006	London
Graham Thorne	4:14:03	2014	Brighton
Leif Chandler	4:15:01	2015	Bournemouth
Jim Cartwright	4:16:48	2019	Manchester
Steve Wardman	4:17:30	2008	London
Jack Williams	4:18:35	1991	London
Gary Dwyer	4:22:24	2024	Abingdon
Craig Woods	4:23:08	2012	London
Tom Hicks	4:23:40	2024	London
Jack Penkin	4:26:10	1991	London
Bill Kenyon	4:26:30	1984	Wessex
Thomas Hackney	4:27:35	2007	London
Rowan Young	4:27:41	2018	London
Alan Alcock	4:28:09	2001	Dublin
Alan Clasby	4:29:58	2021	Southampton

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Roger Jefferies	4:32:27	2003	London
James Allen	4:33:57	2017	Bournemouth
Nick Foale	4:34:26	2009	Neolithic Marathon (off-road)
Dan Richards	4:34:36	2025	North Dorset
Mark Payne	4:35:10	2018	Rome
Gino Amabile	4:35:20	2023	London
Ron Skelton	4:40:20	1987	London
Jon Tice	4:45:01	2024	Berlin
Jim Moore	4:46:57	2006	New Forest
Ian Lock	4:48:52	2008	London
Patrick Lawless	4:49:30	2003	London
Rob Ambrosen	4:52:00	2006	Beachy Head (off-road)
Ian Woolston	4:53:33	2008	South Downs (off-road)
Graham Maund	4:54:15	2008	London
Jason Wilkinson	5:01:58	2023	Boston (UK)
Andrew Ingold	5:06:20	2009	London
David Leabourne	5:12:23	2018	Southampton
Mark Way	5:36:59	2013	New Forest
Robert Campbell-Smith	5:39:51	2025	North Dorset
Sean Perrin	6:13:38	2017	Giants Head (off-road)
Nigel Saxon	6:19:55	2021	London