

running free 



## SUMMER SERIES SENIORS PRIZE LIST

Many thanks to **Running Free** of Parkstone for sponsoring the overall prizes. These will be presented at "The Junction" Broadstone after the last race on Wednesday 6<sup>th</sup> August. The bar will be open and 'basket meals' available (pre-order only)

### Individual Prizes

- |                         |   |
|-------------------------|---|
| ✓ First overall male    | Voucher for a pair of Karhu trainers          |
| ✓ First overall female  | Voucher for a pair of Karhu trainers          |
| ✓ Second overall male   | Voucher for a pair of OOFOS recovery footwear |
| ✓ Second overall female | Voucher for a pair of OOFOS recovery footwear |



*(The above items are from a selected range)*

- |                               |                          |
|-------------------------------|--------------------------|
| ✓ First M/F in each age band  | £20 Running Free Voucher |
| ✓ Second M/F in each age band | Bottle of wine           |

*Age bands are:- 14-17, 18-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, & 80 plus.*

### **Criteria**

- ❖ *To be considered for any award competitors must complete at least four races.*
- ❖ *Awards will be calculated using the best four finishing positions from within the competitors own age category.*
- ❖ *In the event of a tie the best "chip" time from any race will be used to determine the winner.*

### **Team Prizes**

- |                     |                     |
|---------------------|---------------------|
| ✓ First Male Team   | Six Packs of beer   |
| ✓ First Female Team | Six Bottles of wine |

### **Criteria**

- ❖ *In any race the first three runners from a club will be allocated as the 'team' for that race.*
- ❖ *Team positions will be based on finishing positions of the club members within that race.*
- ❖ *The best four results from the six races will be used to allocate the prize.*
- ❖ *Should there be a tie; the best cumulative time of the first three runners from the relevant Clubs in race six will be deemed the winning team.*

