

		B'more Vale Half Points	Lytchett 10 Points	Poole Parkrun Points	PR 5k race points	Marnhull 12k points	NDVM points	Track 3000m points	May 5 points	Club Mile Points	Purbeck 10k points	Round the Rock 10k points	Stur Half points	Round the Lakes 10k time	Round the lakes 10k points	W'mth 10 time	W'mth 10 points	Road Marathon time	Road Marathon Points	TOTAL BEST 7 EVENTS OF 14 + mara	No of events done	All 3 distances done
Ladies Club Champs	Age Cat																					
Vicki Ingham	35-39	50	50	50			50		50				50	36:39	50			2:50:06	50	350	8	√
Hailey Higgins	40-44			47	50	50		50	48	49	47	50		47:29	47	1:19:08	50			347	9	√
Esther Downes	40-44	45	44		48		47	48	45	44	46	48	47			1:21:15	49	3:51:21	40	333	12	√
Sarah Swift	50-54	47	45		49		48	49		48								3:27:12	46	332	7	√
Penny Jarvis	70-74	44	43		47			47	46	45		46	46					4:09:19	34	321	9	√
Kelly Lawson	40-44			46		49				48		49	44			1:22:47	48	3:58:42	37	321	7	√
Paula Barker	55-59	43	42								43	47	45	56:52	42	1:25:18	47	3:51:23	39	309	8	√
Gemma Bragg	40-44	48	49					49	50	50				39:59	48					294	6	√
Rebecca Harrison	18-34		37	43	43	46				41	39		42							291	7	√
Tracey Drozdowski	45-49			44	46				40	42	40	41						4:30:56	30	283	7	√
Elizabeth Lees	65-69			40	40	45			39	39	35	40	41							283	8	√
Beverley Brooks	55-59	42	39						42		38	43		58:31	41			4:17:40	32	277	7	√
Angela Holland	50-54	41	36	38				46	38	38				1:04:08	39					276	7	√
Jane Chandler	65-69		35	37	41	44			36	37		39								269	7	√

		B'more Vale Half Points	Lytchett 10 Points	Poole Parkrun Points	PR 5k race points	Marnhull 12k points	NDVM points	Track 3000m points	May 5 points	Club Mile Points	Purbeck 10k points	Round the Rock 10k points	Stur Half points	Round the Lakes 10k time	Round the lakes 10k points	W'mth 10 time	W'mth 10 points	Road Marathon time	Road Marathon Points	TOTAL BEST 7 EVENTS OF 14 + mara	No of events done	All 3 distances done
Mens Club Champs	Age Cat																					
Rob Arkell	35-39		50	50	50	50			50	50	50			33:36	50					350	8	√
Luke McKenzie	18-34		49		49				47	49	49		50	34:58	48			2:50:56	47	341	8	√
Joe Godden	40-44	49							48		48	50	49	35:26	47			2:45:25	48	339	6	√
Thomas Andrews	35-39			49	48	49		50	49	48				36:13	46					331	7	√
Mark Peddle	45-49	48		48	44				46	44	45	49	48	36:23	45			2:52:07	45	329	10	√
Jimmy Redford	45-49			45	42	48		47	43	39		47	43			1:03:57	49	3:28:33	37	322	10	√
Iain Ferguson	18-34	44		48	45		49		49	46	44		44	38:28	42			2:59:31	43	320	9	√
Neil Sexton	45-49	45			47				45		46		45	37:22	43			3:06:20	40	311	7	√
Esref Ozdemir	50-54			42	40			46	42	41	41	45	42	39:25	41	1:05:31	48	3:07:34	39	306	11	√
Adrian Thorpe	40-44	38	42	44	41	47		45	41	40	40			42:16	38	1:12:49	43			303	11	√
Marcus Watton	35-39		45						44		43	46	34	41:50	39	1:09:43	45	3:29:53	36	298	8	√
Clive West	40-44	43		46	38					43	42		41	39:29	40					293	7	√
Rupert Tory	45-49	41	40			44	48			37			38	43:04	35	1:14:47	42	3:50:29	31	290	9	√
Steve Hawes	40-44	35	38	40		46		42	40	30	37		37	44:32	34	1:34:57	40			282	11	√
Haydan Clarke	18-34		47								47	48	46	36:43	44	1:02:17	50			282	6	√
Peter Ferenczy	55-59	40	42		36			44	39	36			39							276	7	√
Robert Campbell-Smith	50-54	31	33		29	41	46	40	35	29	31	41	30	1:01:05	26	1:42:24	39	5:52:37	22	274	14	√
Gareth Hughes	35-39		37	41	37				38	35	38	43		42:31	36			3:35:26	35	270	9	√
David Heath	70-74			36	30					28	33	42	32	50:44	29	1:25:11	41			244	8	√
Geoffrey Scott	75+	30	32	30	25			38	33	23	30	40	29	1:05:02	25	1:53:59	38			241	12	√
Khalil Ghabaee	60-64	32	34	31	28	42			36	25			31							234	8	√
Graham Moyse	60-64	42	44	43	35						36							3:15:54	38	238	6	√
Stephen Cole	65-69				32		47			27	34			57:34	27			4:42:54	24	191	6	√