



# Poole Festival of Running Relays 2024

A big thank you to all teams and competitors at our inaugural relay event. We hope that you enjoyed your day. Final team positions can be found by clicking the link below:-

<https://www.timingmonkey.co.uk/results/PFORRelays24/>

Your individual time and positions are listed here

Position	Bib	Name	Category	Team	Club	Time
1	D73	Tommy CORBIN	Male 18-39	Allen's RUN-D.M.C	Poole AC	16:21
2	D51	Rob ARKELL	Male 18-39	Poole Runners - Men's 1	Poole Runners	16:31
3	B73	Dom WILLMORE	Male 18-39	Allen's RUN-D.M.C	Poole AC	16:34
4	D61	Oliver CANAVAN	Male 14-17	BAC U16s	Bournemouth AC	16:44
5	D64	Robert SPENCER	Male 18-39	Gustavo Four Legs	Bournemouth AC	16:46
6	A51	Lewis CLARKE	Male 18-39	Poole Runners - Men's 1	Poole Runners	16:52
7	C73	Robert DOUBLEDAY	Male 40 plus	Allen's RUN-D.M.C	Poole AC	16:59
8	B51	Luke MCKENZIE	Male 18-39	Poole Runners - Men's 1	Poole Runners	17:00
9	D12	Dave HICKS	Male 40 plus	The Stiff Livers	Poole AC	17:06
10	C64	Kevin WILLISHER	Male 40 plus	Gustavo Four Legs	Lordshill Road Runners	17:07
11	A73	Luke TERRY	Male 40 plus	Allen's RUN-D.M.C	Poole AC	17:16
12	D59	Szymon CHOJNACKI	Male 40 plus	Fast-ish Forty Odds	Bournemouth AC	17:18
13	A27	Buddy MITCHELL	Male 14-17	Poole Runners Juniors 1	Poole Runners	17:23
14	B12	John BASSINDER	Male 40 plus	The Stiff Livers	Poole AC	17:35
15	A3	Tony ROBERTS	Male 18-39	Parkrun Pals		17:40
16	C51	Joe GODDEN	Male 40 plus	Poole Runners - Men's 1	Poole Runners	17:41
17	D45	Jack MATTHEWS	Male 18-39	Matthews and Friends		17:45
18	A61	Isaac MAY	Male 14-17	BAC U16s	Bournemouth AC	17:48

19	B59	Richard BRAWN	Male 40 plus	Fast-ish Forty Odds	Bournemouth AC	17:54
20	A53	Sam BOOTH	Male 18-39	Mid Life Mo		17:56
21	C59	Adrian JAMES	Male 40 plus	Fast-ish Forty Odds	Bournemouth AC	18:03
22	C49	Luke DOWSETT	Male 18-39	Not Fast, Just Furious	Littledown Harriers	18:03
23	D54	Luke MCKENZIE	Male 18-39	Poole Runners - Men's 2	Poole Runners	18:05
24	A64	Barry DOLMAN	Male 40 plus	Gustavo Four Legs	Bournemouth AC	18:06
25	B50	David PENWARDEN	Male 40 plus	Poole Runners - Men's 3	Poole Runners	18:08
26	A59	Trevor ELKINS	Male 40 plus	Fast-ish Forty Odds	Lordshill Road Runners	18:12
27	D53	Haydan CLARKE	Male 18-39	Mid Life Mo	Poole Runners	18:14
28	A21	Lee DEMPSTER	Male 18-39	Premature Acceleration	Twemlow Track Club	18:15
29	C61	Jack WEBB	Male 14-17	BAC U16s	Bournemouth AC	18:16
30	D50	Neil SEXTON	Male 40 plus	Poole Runners - Men's 3	Poole Runners	18:17
31	A49	Steve GOODMAN	Male 40 plus	Not Fast, Just Furious	Littledown Harriers	18:19
32	A1	Jason PARKS	Male 18-39	Quads of Fury		18:22
33	D68	Spencer HAYSON	Male 18-39	Absolutely Legless		18:22
34	A12	Hayley MARTIN	Female 40 plus	The Stiff Livers	Poole AC	18:26
35	C21	Vicki INGHAM	Female 18-39	Premature Acceleration	Poole Runners	18:27
36	D14	Jason ROBBINS	Male 40 plus	Your Pace or Mine		18:41
37	B49	Bradley DAWSON	Male 18-39	Not Fast, Just Furious	Littledown Harriers	18:51
38	D30	Iain FERGUSON	Male 18-39	Get Off The Coach	Poole Runners	18:56
39	C53	Jonathan HOUSE	Male 18-39	Mid Life Mo		19:01
40	B64	Stacey DICKINSON	Male 40 plus	Gustavo Four Legs	Wimborne AC	19:03
41	B61	Will MOSS	Male 14-17	BAC U16s	Bournemouth AC	19:13
42	C54	Jimmy REDFORD	Male 40 plus	Poole Runners - Men's 2	Poole Runners	19:14
43	A45	Anna PHILPS	Female 18-39	Matthews and Friends		19:29
44	D27	Joel SHERWOOD	Male 14-17	Poole Runners Juniors 1	Poole Runners	19:32
45	D49	Patrick RETALLICK	Male 18-39	Not Fast, Just Furious	Poole Runners	19:33
46	A54	James GODDEN	Male 18-39	Poole Runners - Men's 2	Poole Runners	19:39
47	B3	Matt FOLDS	Male 40 plus	Parkrun Pals		19:42
48	B23	Tim FUDGE	Male 40 plus	Poole Parkrun 3.5	Poole AC	19:50
49	A63	Gemma BRAGG	Female 40 plus	Poole Stunners	Poole Runners	19:52
50	D35	Kenzie LORING	Male 14-17	The Slow Sippers Relay Crew		20:02
51	D9	Paul GREEN	Male 18-39	Cool Blues		20:06

52	B9	Leif CHANDLER	Male 18-39	Cool Blues		20:09
53	A18	Simon YORATH	Male 18-39	R Safari		20:10
54	B58	Alan BARNETT	Male 40 plus	Poole AC/DC	Poole AC	20:11
55	C27	Kate WILKINSON	Female 14-17	Poole Runners Juniors 1	Poole Runners	20:14
56	D1	Josh HARPER	Male 18-39	Quads of Fury		20:14
57	D58	Martin SELL	Male 40 plus	Poole AC/DC	Poole AC	20:15
58	D44	Mike EDWARDS	Male 40 plus	Fordy Superblasts		20:15
59	C50	John TOWNER	Male 40 plus	Poole Runners - Men's 3	Poole Runners	20:16
60	D40	Mark EVERETT	Male 40 plus	Boscombe Babes	Littledown Harriers	20:17
61	B1	Henry PALMER	Male 18-39	Quads of Fury		20:18
62	D38	George RIDGES	Male 18-39	Beastie Boys		20:18
63	A60	Jamie WEBBER	Male 18-39	Cool Down Specialists		20:18
64	A50	Steve CLAXTON	Male 40 plus	Poole Runners - Men's 3	Poole Runners	20:19
65	A48	Dominic BEVAN	Male 18-39	Bogdan Bombers		20:20
66	D65	Phil RUDD	Male 18-39	Easier Said Than Run	Hardley Runners	20:21
67	D43	Paul THRIFT	Male 40 plus	Fordy Pumas		20:26
68	D63	Lauren BAKER-LITTLE	Female 18-39	Poole Stunners	Poole Runners	20:31
69	B54	Simon CROUCH	Male 18-39	Poole Runners - Men's 2	Poole Runners	20:34
70	A40	Scott HAWKINS	Male 18-39	Boscombe Babes	Littledown Harriers	20:36
71	D5	Sam POPPERWELL	Male 18-39	The Chuggers		20:39
72	D48	Jonathan POWNALL	Male 18-39	Bogdan Bombers		20:39
73	B53	Jamie COOPER	Male 18-39	Mid Life Mo		20:41
74	A6	Michael LAWRENCE	Male 18-39	Jog On Crew		20:42
75	D31	Greg HAYNES	Male 40 plus	New Forest Flyers	New Forest Runners	20:44
76	D37	Alex SMITH	Male 40 plus	Not Fast, But Furious		20:44
77	D72	Emmerson ELLIOTT	Male 40 plus	Cake Chasers		20:45
78	A9	Jack PARTRIDGE	Male 18-39	Cool Blues		20:48
79	C72	Adrian BONNER	Male 40 plus	Cake Chasers		20:50
80	A30	Dean WILKINSON	Male 40 plus	Get Off The Coach	Poole Runners	20:51
81	B45	Simon MATTHEWS	Male 40 plus	Matthews and Friends		20:58
82	D55	Hamish MURRAY	Male 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	20:59
83	B37	Gavin RILEY	Male 40 plus	Not Fast, But Furious	Verwood Runners	21:02

84	C12	Christina SQUIRE	Female 40 plus	The Stiff Livers		21:02
85	B44	Chris KIRBY	Male 40 plus	Fordy Superblasts		21:03
86	A65	Dan PRINCE	Male 40 plus	Easier Said Than Run		21:03
87	D6	Kieran BROWN	Male 18-39	Jog On Crew		21:04
88	D36	Michael GARGARO	Male 18-39	New Forest Sprinters	New Forest Runners	21:05
89	C14	Peter RABJOHNS	Male 40 plus	Your Pace or Mine		21:11
90	C38	Harry SMITH	Male 18-39	Beastie Boys		21:14
91	C63	Clare WOOD	Female 40 plus	Poole Stunners	Poole Runners	21:20
92	C40	Sara GENCO	Female 18-39	Boscombe Babes	Littledown Harriers	21:28
93	C1	Niall CLINTON	Male 18-39	Quads of Fury		21:30
94	D60	Will VAUGHN	Male 18-39	Cool Down Specialists		21:34
95	C62	Jenny WALKER-LEACH	Female 40 plus	Miles and Smiles	Poole Runners	21:44
96	C6	Paul BROWN	Male 40 plus	Jog On Crew		21:46
97	A14	Harley BROOKS	Male 18-39	Your Pace or Mine		21:53
98	A72	Laurence STEVENSON	Male 40 plus	Cake Chasers		21:54
99	C30	Hailey HIGGINS	Female 40 plus	Get Off The Coach	Poole Runners	21:57
100	A29	David PUGH	Male 40 plus	Run Talk Run David		22:02
101	A37	James CORBIN	Male 40 plus	Not Fast, But Furious	Verwood Runners	22:03
102	B63	Jo WESTHEAD	Female 40 plus	Poole Stunners	Poole Runners	22:08
103	B14	Angie BROOKS	Female 40 plus	Your Pace or Mine		22:08
104	A11	Ian SWAIN	Male 40 plus	New Forest Frolickers	New Forest Runners	22:11
105	B43	Ian WATKIN	Male 40 plus	Fordy Pumas		22:12
106	B36	Steve MOSS	Male 40 plus	New Forest Sprinters	New Forest Runners	22:13
107	B40	Maria EVERETT	Female 40 plus	Boscombe Babes	Littledown Harriers	22:15
108	C52	Graham SWAIN	Male 40 plus	Junkie Runners	Hook Runners	22:15
109	D4	Robert COUPEE	Male 40 plus	SOBO Vodkas		22:17
110	D47	Noirin BURKE	Female 40 plus	The Blister Sisters		22:17
111	D18	Peter WIGFIELD	Male 40 plus	R Safari		22:18
112	C29	Steve SMITH	Male 40 plus	Run Talk Run David		22:20
113	C37	Paul JACKSON	Male 40 plus	Not Fast, But Furious		22:21
114	D39	Kris DAWSON	Male 18-39	Dawson Dennison Dashers		22:22
115	A58	Kevin ROBERTS	Male 40 plus	Poole AC/DC	Poole AC	22:25
116	A41	Andy HANNAFORD	Male 40 plus	Marlborough Road Runners		22:29

117	D29	Terri DELL	Female 18-39	Run Talk Run David		22:31
118	B4	Cam GEDDES	Male 18-39	SOBO Vodkas		22:31
119	A38	Jack SMITH	Male 18-39	Beastie Boys		22:34
120	D3	Nick JARVIS	Male 40 plus	Parkrun Pals		22:35
121	C23	Lesley MOORE	Female 40 plus	Poole Parkrun 3.5	Poole AC	22:37
122	B38	Thomas HILLIER	Male 18-39	Beastie Boys		22:38
123	A23	Lucy PAYNE	Female 40 plus	Poole Parkrun 3.5		22:38
124	C43	Hayley SMITH	Female 40 plus	Fordy Pumas		22:39
125	C39	Graham DENNISON	Male 40 plus	Dawson Dennison Dashers	Poole Runners	22:40
126	D71	Mark MORTELL	Male 40 plus	The Jolly Joggers		22:42
127	C3	Sam TRESMAN	Male 18-39	Parkrun Pals		22:48
128	D23	Graham FILMER	Male 40 plus	Poole Parkrun 3.5	Poole AC	22:49
129	C45	Lisa MATTHEWS	Female 40 plus	Matthews and Friends		22:53
130	C58	Andy OLIVER	Male 40 plus	Poole AC/DC	Poole AC	22:54
131	B27	Lila CHARLTON	Female 14-17	Poole Runners Juniors 1	Poole Runners	23:01
132	B72	Sarah ELLIOTT	Female 18-39	Cake Chasers		23:10
133	C18	Tamzin PETERSEN	Female 18-39	R Safari	Bournemouth AC	23:22
134	A47	Emma THOMAS	Female 40 plus	The Blister Sisters		23:31
135	A55	Robin HARRINGTON	Male 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	23:45
136	A46	Jamie LONG	Male 14-17	Are We There Yet?!		23:46
137	B60	Chris FUDGE	Male 18-39	Cool Down Specialists		23:47
138	C47	Rachel HANFORD	Female 18-39	The Blister Sisters		23:50
139	D10	Alan GANTER	Male 40 plus	Sobo Jagerbombers		23:51
140	C67	Shane FOX	Male 18-39	Foxy Lozgits		23:51
141	D24	Alan MORRISON	Male 40 plus	Oakdale Bandits		23:54
142	D42	Callum NEWITT	Male 18-39	The Tortoises and a Hare		24:00
143	C44	Paul VASS	Male 40 plus	Fordy Superblasts		24:02
144	D8	Lynsey FERNANDES	Female 40 plus	Run Ragged		24:05
145	B56	Sean ARDERN	Male 18-39	Fordy Prefects		24:05
146	B34	Adrien SHERLOCK	Male 14-17	Wyke Wanderers 2		24:06
147	D46	Pete UREN	Male 40 plus	Are We There Yet?!		24:08
148	D2	Darren BELL	Male 40 plus	Subo Sloe Gins		24:09

149	A71	Chris COLLINS	Male 40 plus	The Jolly Joggers		24:09
150	D57	Gino AMABILE	Male 40 plus	The Plod Squad	Poole Runners	24:11
151	B30	Kirsty COOPER	Female 40 plus	Get Off The Coach	Poole Runners	24:16
152	B5	Simon KAVANAGH	Male 40 plus	The Chuggers		24:28
153	A36	Rhona COPP	Female 40 plus	New Forest Sprinters	New Forest Runners	24:29
154	C9	Michael ROSSELLI	Male 18-39	Cool Blues		24:32
155	C2	Paul FISHER	Male 40 plus	Subo Sloe Gins		24:34
156	C31	Sue PETER	Female 40 plus	New Forest Flyers	New Forest Runners	24:38
157	D33	Tom RIGBY	Male 40 plus	Wyke Wanderers 1		24:39
158	C11	Heather BUTCHER	Female 40 plus	New Forest Frolickers	New Forest Runners	24:43
159	B42	James PAYNE	Male 18-39	The Tortoises and a Hare		24:47
160	B47	Emma CROWE	Female 40 plus	The Blister Sisters		24:47
161	D17	Alex BONES	Female 18-39	Lisa's Oakdale Runners		24:51
162	A69	Callum DOHERTY	Male 18-39	Tempo Turtles		24:54
163	B24	Karen WALLACE	Female 18-39	Oakdale Bandits		24:57
164	D19	Jonathan TICE	Male 18-39	Better Late Than Never	Poole Runners	25:00
165	C68	Tom BROWN	Male 18-39	Absolutely Legless		25:05
166	C60	Danny WEBBER	Male 18-39	Cool Down Specialists		25:05
167	A68	Amy BROWN	Female 18-39	Absolutely Legless		25:10
168	C19	Patrick DOMINEY	Male 40 plus	Better Late Than Never		25:13
169	C57	Graeme MANSELL	Male 40 plus	The Plod Squad	Poole Runners	25:20
170	A43	Russell ACKRILL	Male 40 plus	Fordy Pumas		25:27
171	B21	Catherine WILLIAMS	Female 18-39	Premature Acceleration		25:29
172	B65	Rich THORNTON	Male 40 plus	Easier Said Than Run		25:31
173	D62	Grace MOONEY	Female 18-39	Miles and Smiles	Poole Runners	25:32
174	C8	Tessa COX	Female 18-39	Run Ragged		25:34
175	C20	Andy HARDY	Male 40 plus	The Running Dead		25:43
176	C55	Barbara MURRAY	Female 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	25:46
177	C36	Elaine WARRINER	Female 40 plus	New Forest Sprinters	New Forest Runners	25:51
178	B11	Natalie KNIGHT	Female 40 plus	New Forest Frolickers	New Forest Runners	25:53
179	B35	Julie WHITE	Female 40 plus	The Slow Sippers Relay Crew		25:56
180	A66	Helen RICHARDS	Female 40 plus	Upton Girls and a Downtown Man	Lytchett Manor Striders	25:57

181	C65	Des MASON	Male 40 plus	Easier Said Than Run	Dorchester RIOT	25:58
182	B66	Kirsty WESTON	Female 40 plus	Upton Girls and a Downtown Man	Lytchett Manor Striders	26:01
183	D21	Darren WILLIAMS	Male 18-39	Premature Acceleration		26:06
184	A62	Chris CARTWRIGHT	Male 40 plus	Miles and Smiles	Poole Runners	26:11
185	B6	Gordon WAY	Male 40 plus	Jog On Crew		26:14
186	C13	Sarah KENNARD	Female 40 plus	The Stride Tribe		26:18
187	D13	Robert SPALL	Male 40 plus	The Stride Tribe		26:20
188	D41	Mark ELLIOTT	Male 40 plus	Marlborough Road Runners		26:22
189	B52	Andrea MARSHALL	Female 40 plus	Junkie Runners	Lytchett Manor Striders	26:25
190	B31	Mike MCCABE	Male 40 plus	New Forest Flyers	New Forest Runners	26:31
191	D66	Keith FRANCIS	Male 40 plus	Upton Girls and a Downtown Man		26:33
192	B67	Richard GITTINS	Male 40 plus	Foxy Lozgits		26:35
193	D32	Frances RANDALL	Female 40 plus	Wyke Wanderers 3		26:37
194	A74	Natalie GRIFFIN	Female 40 plus	Couchers On The Run		26:43
195	A56	Michael GRUBB	Male 40 plus	Fordy Prefects		26:54
196	D16	Nicole STRACHAN	Female 18-39	Carbo-Loaders		26:54
197	B39	Emma DAWSON	Female 18-39	Dawson Dennison Dashers		26:56
198	D56	Ken ARDERN	Male 40 plus	Fordy Prefects		26:56
199	B48	Rachel BEVAN	Female 18-39	Bogdan Bombers		27:05
200	C56	Bret BURKMAR	Male 40 plus	Fordy Prefects		27:09
201	A24	Andrew WATTS	Male 40 plus	Oakdale Bandits		27:09
202	A10	Dawn GRANT	Female 40 plus	Sobo Jagerbombers		27:10
203	B19	Julie ROLSTON	Female 40 plus	Better Late Than Never		27:13
204	D52	Edith CLEMENTS	Female 40 plus	Junkie Runners		27:18
205	B33	David HUNTER	Male 40 plus	Wyke Wanderers 1		27:19
206	B62	Robert CAMPBELL-SMITH	Male 40 plus	Miles and Smiles	Poole Runners	27:21
207	B32	Dean JONES-GUYETT	Male 40 plus	Wyke Wanderers 3		27:27
208	D15	Calum FERGUSON	Male 40 plus	Friends Who Run		27:29
209	D69	Philip McGEEHAN	Male 18-39	Tempo Turtles		27:29
210	A8	Ali TATTAM	Female 40 plus	Run Ragged		27:37
211	B18	Nicola ROBINSON	Female 18-39	R Safari		27:39

212	A19	Sarah DOMINEY	Female 40 plus	Better Late Than Never		27:42
213	B41	Emma HANNAFORD	Female 40 plus	Marlborough Road Runners		27:46
214	A31	Richard WOODLNG	Male 40 plus	New Forest Flyers	New Forest Runners	27:51
215	D28	Simon KELLAWAY	Male 18-39	Oakdale Stunners		27:51
216	C22	Leanne EVELEIGH	Female 40 plus	Staying Alive, Run for Fun		27:53
217	C24	Kevin MORAN	Male 40 plus	Oakdale Bandits		27:53
218	A13	John KENNARD	Male 40 plus	The Stride Tribe		27:55
219	B15	Michelle RAWLINGS	Female 40 plus	Friends Who Run		27:55
220	C35	Robin MULFORD	Male 40 plus	The Slow Sippers Relay Crew		27:55
221	B28	Lynne CRABTREE	Female 40 plus	Oakdale Stunners		28:05
222	A2	David VINES	Male 40 plus	Subo Sloe Gins		28:05
223	A70	Rhea RUSS	Female 18-39	The Half Lives		28:18
224	B46	Lorraine EFSTATIOU	Female 40 plus	Are We There Yet?!		28:36
225	A42	Kirsty CHESTER	Female 40 plus	The Tortoises and a Hare		28:37
226	C48	Kevin SMALE	Male 40 plus	Bogdan Bombers		28:37
227	B16	Tara MORGAN	Female 18-39	Carbo-Loaders		28:40
228	B55	Jane HARRINGTON	Female 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	28:46
229	B70	Ercan TURAN	Male 40 plus	The Half Lives		28:48
230	A39	Amanda DENNISON	Female 18-39	Dawson Dennison Dashers	Poole Runners	28:54
231	D22	Jade GARDINER	Female 18-39	Staying Alive, Run for Fun		28:59
232	D70	Felicity WILLIAMS	Female 18-39	The Half Lives		28:59
233	A17	Lisa BONES	Female 40 plus	Lisa's Oakdale Runners		29:01
234	A5	Ruth KAVANAGH	Female 40 plus	The Chuggers		29:05
235	A44	Jim LEGG	Male 18-39	Fordy Superblasts		29:13
236	C46	Karen LONG	Female 40 plus	Are We There Yet?!		29:18
237	A22	Sonya BURNS	Female 40 plus	Staying Alive, Run for Fun		29:18
238	B68	Susan HARROGATE	Female 40 plus	Absolutely Legless		29:41
239	B22	Mark BURNS	Male 40 plus	Staying Alive, Run for Fun		29:42
240	C41	Bryony ELLIOTT	Female 40 plus	Marlborough Road Runners		29:46
241	D75	Vicky GRIFFIN	Female 40 plus	Couch Conquerors	Poole Runners	29:47
242	B17	Julie SHEPHEARD-WALWYN	Female 40 plus	Lisa's Oakdale Runners		29:48
243	C17	Katie SWEET	Female 18-39	Lisa's Oakdale Runners		30:21



244	A28	Annette KELLAWAY	Female 40 plus	Oakdale Stunners		30:24
245	B2	Sue SINKINSON	Female 40 plus	Subo Sloe Gins		30:24
246	C16	Stacy-Lee GUINEY	Female 18-39	Carbo-Loaders		30:25
247	B8	Sally KYTE	Female 18-39	Run Ragged		30:26
248	C28	Emma MIDWINTER	Female 40 plus	Oakdale Stunners		30:30
249	B57	Kate CORNHILL	Female 40 plus	The Plod Squad		30:31
250	A57	Hazel MANSELL	Female 40 plus	The Plod Squad		30:34
251	C66	Jules BOOTH	Female 40 plus	Upton Girls and a Downtown Man		30:37
252	D25	Helen ROSS	Female 40 plus	Run Talk Run Lisa		30:43
253	B7	Katie HEATON	Female 40 plus	The Pink Hula Girls		30:48
254	B10	Martin COOMBES	Male 40 plus	Sobo Jagerbombers		30:52
255	C71	Vicky MORTELL	Female 40 plus	The Jolly Joggers		30:53
256	A4	Jo PLANT	Female 40 plus	SOBO Vodkas		30:54
257	B13	Angie SPALL	Female 40 plus	The Stride Tribe		30:55
258	B75	Bob CAMPBELL	Male 40 plus	Couch Conquerors		30:59
259	A75	Kim THOMPSON	Female 40 plus	Couch Conquerors		31:15
260	C10	Tracie HARRISON	Female 40 plus	Sobo Jagerbombers		31:22
261	A35	Peter BARTON	Male 40 plus	The Slow Sippers Relay Crew		31:25
262	C5	Kate LANARY	Female 40 plus	The Chuggers		31:29
263	B71	Fiona AUGER	Female 40 plus	The Jolly Joggers		31:33
264	C69	Rachel BROWN	Female 18-39	Tempo Turtles		31:56
265	D11	Francesca MUSGROVE	Female 40 plus	New Forest Frolickers	New Forest Runners	31:57
266	B25	Ann DEVERILL	Female 40 plus	Run Talk Run Lisa	Poole AC	32:00
267	A52	Carl HUSSEY	Male 40 plus	Junkie Runners		32:07
268	C15	Emma HOLMES	Female 40 plus	Friends Who Run		32:24
269	C4	Helen GANTER	Female 40 plus	SOBO Vodkas		32:38
270	D34	Sadie WILLIAMS	Female 40 plus	Wyke Wanderers 2		32:43
271	B29	Maria HARDY	Female 40 plus	Run Talk Run David		32:55
272	D74	David LEABOURNE	Male 40 plus	Couchers On The Run		33:12
273	A15	Laura GATES	Female 18-39	Friends Who Run		33:14
274	C32	George JONES-GUYETT	Female 40 plus	Wyke Wanderers 3		33:43
275	B74	Joanne FISHER	Female 40 plus	Couchers On The Run		33:58

276	A33	Mandy HUNTER	Female 40 plus	Wyke Wanderers 1		34:00
277	A32	Sally JONES-GUYETT	Female 40 plus	Wyke Wanderers 3		34:04
278	C34	Heather LOE	Female 40 plus	Wyke Wanderers 2		34:31
279	A25	Lisa CLARKE	Female 40 plus	Run Talk Run Lisa		34:34
280	D67	Mevin SOHORYE	Male 40 plus	Foxy Lozgits		34:38
281	A34	Ian LOE	Male 40 plus	Wyke Wanderers 2		34:48
282	C42	Debbie NEWITT	Female 40 plus	The Tortoises and a Hare		34:51
283	C7	Catherine MIDGLEY	Female 40 plus	The Pink Hula Girls	Vegan Runners	35:02
284	C70	Sheila GOLD	Female 40 plus	The Half Lives		35:03
285	C25	Debra BEECROFT	Female 40 plus	Run Talk Run Lisa		35:17
286	D7	Alison MOORE	Female 40 plus	The Pink Hula Girls	Poole AC	35:17
287	C74	Julie MANNINGS	Female 40 plus	Couchers On The Run		35:56
288	D20	Colin MULFORD	Male 40 plus	The Running Dead		35:59
289	D26	Danielle FROST	Female 40 plus	Relay Rebels		36:12
290	A16	Melanie LOVGROVE	Female 40 plus	Carbo-Loaders		36:16
291	B26	Tracey HUDSON	Female 40 plus	Relay Rebels		37:26
292	A7	Karen ROBERTS	Female 18-39	The Pink Hula Girls		37:45
293	A67	Emma LORAINS	Female 40 plus	Foxy Lozgits		39:37
294	A26	Sally KETCHLEY	Female 40 plus	Relay Rebels	Poole Runners	39:59
295	A20	Sophie MULFORD	Female 18-39	The Running Dead		39:59
296	B69	Charlotte CULNANE	Female 18-39	Tempo Turtles		40:04
297	C75	Rena MARCH	Female 40 plus	Couch Conquerors		40:55
298	C26	Fiona MORPHEW	Female 40 plus	Relay Rebels	Poole AC	42:27
299	C33	Emily COPLESTON	Female 40 plus	Wyke Wanderers 1		42:57
300	B20	Helen CLARKE	Female 40 plus	The Running Dead		43:41
Position	Bib	Name	Category	Team	Club	Time
1	D73	Tommy CORBIN	Male 18-39	Allen's RUN-D.M.C	Poole AC	16:21
2	D51	Rob ARKELL	Male 18-39	Poole Runners - Men's 1	Poole Runners	16:31
3	B73	Dom WILLMORE	Male 18-39	Allen's RUN-D.M.C	Poole AC	16:34
4	D61	Oliver CANAVAN	Male 14-17	BAC U16s	Bournemouth AC	16:44
5	D64	Robert SPENCER	Male 18-39	Gustavo Four Legs	Bournemouth AC	16:46
6	A51	Lewis CLARKE	Male 18-39	Poole Runners - Men's 1	Poole Runners	16:52
7	C73	Robert DOUBLEDAY	Male 40 plus	Allen's RUN-D.M.C	Poole AC	16:59

8	B51	Luke MCKENZIE	Male 18-39	Poole Runners - Men's 1	Poole Runners	17:00
9	D12	Dave HICKS	Male 40 plus	The Stiff Livers	Poole AC	17:06
10	C64	Kevin WILLISHER	Male 40 plus	Gustavo Four Legs	Lordshill Road Runners	17:07
11	A73	Luke TERRY	Male 40 plus	Allen's RUN-D.M.C	Poole AC	17:16
12	D59	Szymon CHOJNACKI	Male 40 plus	Fast-ish Forty Odds	Bournemouth AC	17:18
13	A27	Buddy MITCHELL	Male 14-17	Poole Runners Juniors 1	Poole Runners	17:23
14	B12	John BASSINDER	Male 40 plus	The Stiff Livers	Poole AC	17:35
15	A3	Tony ROBERTS	Male 18-39	Parkrun Pals		17:40
16	C51	Joe GODDEN	Male 40 plus	Poole Runners - Men's 1	Poole Runners	17:41
17	D45	Jack MATTHEWS	Male 18-39	Matthews and Friends		17:45
18	A61	Isaac MAY	Male 14-17	BAC U16s	Bournemouth AC	17:48
19	B59	Richard BRAUN	Male 40 plus	Fast-ish Forty Odds	Bournemouth AC	17:54
20	A53	Sam BOOTH	Male 18-39	Mid Life Mo		17:56
21	C59	Adrian JAMES	Male 40 plus	Fast-ish Forty Odds	Bournemouth AC	18:03
22	C49	Luke DOWSETT	Male 18-39	Not Fast, Just Furious	Littledown Harriers	18:03
23	D54	Luke MCKENZIE	Male 18-39	Poole Runners - Men's 2	Poole Runners	18:05
24	A64	Barry DOLMAN	Male 40 plus	Gustavo Four Legs	Bournemouth AC	18:06
25	B50	David PENWARDEN	Male 40 plus	Poole Runners - Men's 3	Poole Runners	18:08
26	A59	Trevor ELKINS	Male 40 plus	Fast-ish Forty Odds	Lordshill Road Runners	18:12
27	D53	Haydan CLARKE	Male 18-39	Mid Life Mo	Poole Runners	18:14
28	A21	Lee DEMPSTER	Male 18-39	Premature Acceleration	Twemlow Track Club	18:15
29	C61	Jack WEBB	Male 14-17	BAC U16s	Bournemouth AC	18:16
30	D50	Neil SEXTON	Male 40 plus	Poole Runners - Men's 3	Poole Runners	18:17
31	A49	Steve GOODMAN	Male 40 plus	Not Fast, Just Furious	Littledown Harriers	18:19
32	A1	Jason PARKS	Male 18-39	Quads of Fury		18:22
33	D68	Spencer HAYSON	Male 18-39	Absolutely Legless		18:22
34	A12	Hayley MARTIN	Female 40 plus	The Stiff Livers	Poole AC	18:26
35	C21	Vicki INGHAM	Female 18-39	Premature Acceleration	Poole Runners	18:27
36	D14	Jason ROBBINS	Male 40 plus	Your Pace or Mine		18:41
37	B49	Bradley DAWSON	Male 18-39	Not Fast, Just Furious	Littledown Harriers	18:51
38	D30	Iain FERGUSON	Male 18-39	Get Off The Coach	Poole Runners	18:56
39	C53	Jonathan HOUSE	Male 18-39	Mid Life Mo		19:01

40	B64	Stacey DICKINSON	Male 40 plus	Gustavo Four Legs	Wimborne AC	19:03
41	B61	Will MOSS	Male 14-17	BAC U16s	Bournemouth AC	19:13
42	C54	Jimmy REDFORD	Male 40 plus	Poole Runners - Men's 2	Poole Runners	19:14
43	A45	Anna PHILPS	Female 18-39	Matthews and Friends		19:29
44	D27	Joel SHERWOOD	Male 14-17	Poole Runners Juniors 1	Poole Runners	19:32
45	D49	Patrick RETALLICK	Male 18-39	Not Fast, Just Furious	Poole Runners	19:33
46	A54	James GODDEN	Male 18-39	Poole Runners - Men's 2	Poole Runners	19:39
47	B3	Matt FOLDS	Male 40 plus	Parkrun Pals		19:42
48	B23	Tim FUDGE	Male 40 plus	Poole Parkrun 3.5	Poole AC	19:50
49	A63	Gemma BRAGG	Female 40 plus	Poole Stunners	Poole Runners	19:52
50	D35	Kenzie LORING	Male 14-17	The Slow Sippers Relay Crew		20:02
51	D9	Paul GREEN	Male 18-39	Cool Blues		20:06
52	B9	Leif CHANDLER	Male 18-39	Cool Blues		20:09
53	A18	Simon YORATH	Male 18-39	R Safari		20:10
54	B58	Alan BARNETT	Male 40 plus	Poole AC/DC	Poole AC	20:11
55	C27	Kate WILKINSON	Female 14-17	Poole Runners Juniors 1	Poole Runners	20:14
56	D1	Josh HARPER	Male 18-39	Quads of Fury		20:14
57	D58	Martin SELL	Male 40 plus	Poole AC/DC	Poole AC	20:15
58	D44	Mike EDWARDS	Male 40 plus	Fordy Superblasts		20:15
59	C50	John TOWNER	Male 40 plus	Poole Runners - Men's 3	Poole Runners	20:16
60	D40	Mark EVERETT	Male 40 plus	Boscombe Babes	Littledown Harriers	20:17
61	B1	Henry PALMER	Male 18-39	Quads of Fury		20:18
62	D38	George RIDGES	Male 18-39	Beastie Boys		20:18
63	A60	Jamie WEBBER	Male 18-39	Cool Down Specialists		20:18
64	A50	Steve CLAXTON	Male 40 plus	Poole Runners - Men's 3	Poole Runners	20:19
65	A48	Dominic BEVAN	Male 18-39	Bogdan Bombers		20:20
66	D65	Phil RUDD	Male 18-39	Easier Said Than Run	Hardley Runners	20:21
67	D43	Paul THRIFT	Male 40 plus	Fordy Pumas		20:26
68	D63	Lauren BAKER-LITTLE	Female 18-39	Poole Stunners	Poole Runners	20:31
69	B54	Simon CROUCH	Male 18-39	Poole Runners - Men's 2	Poole Runners	20:34
70	A40	Scott HAWKINS	Male 18-39	Boscombe Babes	Littledown Harriers	20:36
71	D5	Sam POPPERWELL	Male 18-39	The Chuggers		20:39

72	D48	Jonathan POWNALL	Male 18-39	Bogdan Bombers		20:39
73	B53	Jamie COOPER	Male 18-39	Mid Life Mo		20:41
74	A6	Michael LAWRENCE	Male 18-39	Jog On Crew		20:42
75	D31	Greg HAYNES	Male 40 plus	New Forest Flyers	New Forest Runners	20:44
76	D37	Alex SMITH	Male 40 plus	Not Fast, But Furious		20:44
77	D72	Emmerson ELLIOTT	Male 40 plus	Cake Chasers		20:45
78	A9	Jack PARTRIDGE	Male 18-39	Cool Blues		20:48
79	C72	Adrian BONNER	Male 40 plus	Cake Chasers		20:50
80	A30	Dean WILKINSON	Male 40 plus	Get Off The Coach	Poole Runners	20:51
81	B45	Simon MATTHEWS	Male 40 plus	Matthews and Friends		20:58
82	D55	Hamish MURRAY	Male 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	20:59
83	B37	Gavin RILEY	Male 40 plus	Not Fast, But Furious	Verwood Runners	21:02
84	C12	Christina SQUIRE	Female 40 plus	The Stiff Livers		21:02
85	B44	Chris KIRBY	Male 40 plus	Fordy Superblasts		21:03
86	A65	Dan PRINCE	Male 40 plus	Easier Said Than Run		21:03
87	D6	Kieran BROWN	Male 18-39	Jog On Crew		21:04
88	D36	Michael GARGARO	Male 18-39	New Forest Sprinters	New Forest Runners	21:05
89	C14	Peter RABJOHNS	Male 40 plus	Your Pace or Mine		21:11
90	C38	Harry SMITH	Male 18-39	Beastie Boys		21:14
91	C63	Clare WOOD	Female 40 plus	Poole Stunners	Poole Runners	21:20
92	C40	Sara GENCO	Female 18-39	Boscombe Babes	Littledown Harriers	21:28
93	C1	Niall CLINTON	Male 18-39	Quads of Fury		21:30
94	D60	Will VAUGHN	Male 18-39	Cool Down Specialists		21:34
95	C62	Jenny WALKER-LEACH	Female 40 plus	Miles and Smiles	Poole Runners	21:44
96	C6	Paul BROWN	Male 40 plus	Jog On Crew		21:46
97	A14	Harley BROOKS	Male 18-39	Your Pace or Mine		21:53
98	A72	Laurence STEVENSON	Male 40 plus	Cake Chasers		21:54
99	C30	Hailey HIGGINS	Female 40 plus	Get Off The Coach	Poole Runners	21:57
100	A29	David PUGH	Male 40 plus	Run Talk Run David		22:02
101	A37	James CORBIN	Male 40 plus	Not Fast, But Furious	Verwood Runners	22:03
102	B63	Jo WESTHEAD	Female 40 plus	Poole Stunners	Poole Runners	22:08

103	B14	Angie BROOKS	Female 40 plus	Your Pace or Mine		22:08
104	A11	Ian SWAIN	Male 40 plus	New Forest Frolickers	New Forest Runners	22:11
105	B43	Ian WATKIN	Male 40 plus	Fordy Pumas		22:12
106	B36	Steve MOSS	Male 40 plus	New Forest Sprinters	New Forest Runners	22:13
107	B40	Maria EVERETT	Female 40 plus	Boscombe Babes	Littledown Harriers	22:15
108	C52	Graham SWAIN	Male 40 plus	Junkie Runners	Hook Runners	22:15
109	D4	Robert COUPEE	Male 40 plus	SOBO Vodkas		22:17
110	D47	Noirin BURKE	Female 40 plus	The Blister Sisters		22:17
111	D18	Peter WIGFIELD	Male 40 plus	R Safari		22:18
112	C29	Steve SMITH	Male 40 plus	Run Talk Run David		22:20
113	C37	Paul JACKSON	Male 40 plus	Not Fast, But Furious		22:21
114	D39	Kris DAWSON	Male 18-39	Dawson Dennison Dashers		22:22
115	A58	Kevin ROBERTS	Male 40 plus	Poole AC/DC	Poole AC	22:25
116	A41	Andy HANNAFORD	Male 40 plus	Marlborough Road Runners		22:29
117	D29	Terri DELL	Female 18-39	Run Talk Run David		22:31
118	B4	Cam GEDDES	Male 18-39	SOBO Vodkas		22:31
119	A38	Jack SMITH	Male 18-39	Beastie Boys		22:34
120	D3	Nick JARVIS	Male 40 plus	Parkrun Pals		22:35
121	C23	Lesley MOORE	Female 40 plus	Poole Parkrun 3.5	Poole AC	22:37
122	B38	Thomas HILLIER	Male 18-39	Beastie Boys		22:38
123	A23	Lucy PAYNE	Female 40 plus	Poole Parkrun 3.5		22:38
124	C43	Hayley SMITH	Female 40 plus	Fordy Pumas		22:39
125	C39	Graham DENNISON	Male 40 plus	Dawson Dennison Dashers	Poole Runners	22:40
126	D71	Mark MORTELL	Male 40 plus	The Jolly Joggers		22:42
127	C3	Sam TRESMAN	Male 18-39	Parkrun Pals		22:48
128	D23	Graham FILMER	Male 40 plus	Poole Parkrun 3.5	Poole AC	22:49
129	C45	Lisa MATTHEWS	Female 40 plus	Matthews and Friends		22:53
130	C58	Andy OLIVER	Male 40 plus	Poole AC/DC	Poole AC	22:54
131	B27	Lila CHARLTON	Female 14-17	Poole Runners Juniors 1	Poole Runners	23:01
132	B72	Sarah ELLIOTT	Female 18-39	Cake Chasers		23:10
133	C18	Tamzin PETERSEN	Female 18-39	R Safari	Bournemouth AC	23:22
134	A47	Emma THOMAS	Female 40 plus	The Blister Sisters		23:31

135	A55	Robin HARRINGTON	Male 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	23:45
136	A46	Jamie LONG	Male 14-17	Are We There Yet?!		23:46
137	B60	Chris FUDGE	Male 18-39	Cool Down Specialists		23:47
138	C47	Rachel HANFORD	Female 18-39	The Blister Sisters		23:50
139	D10	Alan GANTER	Male 40 plus	Sobo Jagerbombers		23:51
140	C67	Shane FOX	Male 18-39	Foxy Lozgit		23:51
141	D24	Alan MORRISON	Male 40 plus	Oakdale Bandits		23:54
142	D42	Callum NEWITT	Male 18-39	The Tortoises and a Hare		24:00
143	C44	Paul VASS	Male 40 plus	Fordy Superblasts		24:02
144	D8	Lynsey FERNANDES	Female 40 plus	Run Ragged		24:05
145	B56	Sean ARDERN	Male 18-39	Fordy Prefects		24:05
146	B34	Adrien SHERLOCK	Male 14-17	Wyke Wanderers 2		24:06
147	D46	Pete UREN	Male 40 plus	Are We There Yet?!		24:08
148	D2	Darren BELL	Male 40 plus	Subo Sloe Gins		24:09
149	A71	Chris COLLINS	Male 40 plus	The Jolly Joggers		24:09
150	D57	Gino AMABILE	Male 40 plus	The Plod Squad	Poole Runners	24:11
151	B30	Kirsty COOPER	Female 40 plus	Get Off The Coach	Poole Runners	24:16
152	B5	Simon KAVANAGH	Male 40 plus	The Chuggers		24:28
153	A36	Rhona COPP	Female 40 plus	New Forest Sprinters	New Forest Runners	24:29
154	C9	Michael ROSSELLI	Male 18-39	Cool Blues		24:32
155	C2	Paul FISHER	Male 40 plus	Subo Sloe Gins		24:34
156	C31	Sue PETER	Female 40 plus	New Forest Flyers	New Forest Runners	24:38
157	D33	Tom RIGBY	Male 40 plus	Wyke Wanderers 1		24:39
158	C11	Heather BUTCHER	Female 40 plus	New Forest Frolickers	New Forest Runners	24:43
159	B42	James PAYNE	Male 18-39	The Tortoises and a Hare		24:47
160	B47	Emma CROWE	Female 40 plus	The Blister Sisters		24:47
161	D17	Alex BONES	Female 18-39	Lisa's Oakdale Runners		24:51
162	A69	Callum DOHERTY	Male 18-39	Tempo Turtles		24:54
163	B24	Karen WALLACE	Female 18-39	Oakdale Bandits		24:57
164	D19	Jonathan TICE	Male 18-39	Better Late Than Never	Poole Runners	25:00
165	C68	Tom BROWN	Male 18-39	Absolutely Legless		25:05

166	C60	Danny WEBBER	Male 18-39	Cool Down Specialists		25:05
167	A68	Amy BROWN	Female 18-39	Absolutely Legless		25:10
168	C19	Patrick DOMINEY	Male 40 plus	Better Late Than Never		25:13
169	C57	Graeme MANSELL	Male 40 plus	The Plod Squad	Poole Runners	25:20
170	A43	Russell ACKRILL	Male 40 plus	Fordy Pumas		25:27
171	B21	Catherine WILLIAMS	Female 18-39	Premature Acceleration		25:29
172	B65	Rich THORNTON	Male 40 plus	Easier Said Than Run		25:31
173	D62	Grace MOONEY	Female 18-39	Miles and Smiles	Poole Runners	25:32
174	C8	Tessa COX	Female 18-39	Run Ragged		25:34
175	C20	Andy HARDY	Male 40 plus	The Running Dead		25:43
176	C55	Barbara MURRAY	Female 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	25:46
177	C36	Elaine WARRINER	Female 40 plus	New Forest Sprinters	New Forest Runners	25:51
178	B11	Natalie KNIGHT	Female 40 plus	New Forest Frolickers	New Forest Runners	25:53
179	B35	Julie WHITE	Female 40 plus	The Slow Sippers Relay Crew		25:56
180	A66	Helen RICHARDS	Female 40 plus	Upton Girls and a Downtown Man	Lytchett Manor Striders	25:57
181	C65	Des MASON	Male 40 plus	Easier Said Than Run	Dorchester RIOT	25:58
182	B66	Kirsty WESTON	Female 40 plus	Upton Girls and a Downtown Man	Lytchett Manor Striders	26:01
183	D21	Darren WILLIAMS	Male 18-39	Premature Acceleration		26:06
184	A62	Chris CARTWRIGHT	Male 40 plus	Miles and Smiles	Poole Runners	26:11
185	B6	Gordon WAY	Male 40 plus	Jog On Crew		26:14
186	C13	Sarah KENNARD	Female 40 plus	The Stride Tribe		26:18
187	D13	Robert SPALL	Male 40 plus	The Stride Tribe		26:20
188	D41	Mark ELLIOTT	Male 40 plus	Marlborough Road Runners		26:22
189	B52	Andrea MARSHALL	Female 40 plus	Junkie Runners	Lytchett Manor Striders	26:25
190	B31	Mike MCCABE	Male 40 plus	New Forest Flyers	New Forest Runners	26:31
191	D66	Keith FRANCIS	Male 40 plus	Upton Girls and a Downtown Man		26:33
192	B67	Richard GITTINS	Male 40 plus	Foxy Lozgits		26:35
193	D32	Frances RANDALL	Female 40 plus	Wyke Wanderers 3		26:37
194	A74	Natalie GRIFFIN	Female 40 plus	Couchers On The Run		26:43



195	A56	Michael GRUBB	Male 40 plus	Fordy Prefects		26:54
196	D16	Nicole STRACHAN	Female 18-39	Carbo-Loaders		26:54
197	B39	Emma DAWSON	Female 18-39	Dawson Dennison Dashers		26:56
198	D56	Ken ARDERN	Male 40 plus	Fordy Prefects		26:56
199	B48	Rachel BEVAN	Female 18-39	Bogdan Bombers		27:05
200	C56	Bret BURKMAR	Male 40 plus	Fordy Prefects		27:09
201	A24	Andrew WATTS	Male 40 plus	Oakdale Bandits		27:09
202	A10	Dawn GRANT	Female 40 plus	Sobo Jagerbombers		27:10
203	B19	Julie ROLSTON	Female 40 plus	Better Late Than Never		27:13
204	D52	Edith CLEMENTS	Female 40 plus	Junkie Runners		27:18
205	B33	David HUNTER	Male 40 plus	Wyke Wanderers 1		27:19
206	B62	Robert CAMPBELL- SMITH	Male 40 plus	Miles and Smiles	Poole Runners	27:21
207	B32	Dean JONES-GUYETT	Male 40 plus	Wyke Wanderers 3		27:27
208	D15	Calum FERGUSON	Male 40 plus	Friends Who Run		27:29
209	D69	Philip McGEEHAN	Male 18-39	Tempo Turtles		27:29
210	A8	Ali TATTAM	Female 40 plus	Run Ragged		27:37
211	B18	Nicola ROBINSON	Female 18-39	R Safari		27:39
212	A19	Sarah DOMINEY	Female 40 plus	Better Late Than Never		27:42
213	B41	Emma HANNAFORD	Female 40 plus	Marlborough Road Runners		27:46
214	A31	Richard WOODLNG	Male 40 plus	New Forest Flyers	New Forest Runners	27:51
215	D28	Simon KELLAWAY	Male 18-39	Oakdale Stunners		27:51
216	C22	Leanne EVELEIGH	Female 40 plus	Staying Alive, Run for Fun		27:53
217	C24	Kevin MORAN	Male 40 plus	Oakdale Bandits		27:53
218	A13	John KENNARD	Male 40 plus	The Stride Tribe		27:55
219	B15	Michelle RAWLINGS	Female 40 plus	Friends Who Run		27:55
220	C35	Robin MULFORD	Male 40 plus	The Slow Sippers Relay Crew		27:55
221	B28	Lynne CRABTREE	Female 40 plus	Oakdale Stunners		28:05
222	A2	David VINES	Male 40 plus	Subo Sloe Gins		28:05
223	A70	Rhea RUSS	Female 18-39	The Half Lives		28:18
224	B46	Lorraine EFSTATIOU	Female 40 plus	Are We There Yet?!		28:36
225	A42	Kirsty CHESTER	Female 40 plus	The Tortoises and a Hare		28:37

226	C48	Kevin SMALE	Male 40 plus	Bogdan Bombers		28:37
227	B16	Tara MORGAN	Female 18-39	Carbo-Loaders		28:40
228	B55	Jane HARRINGTON	Female 40 plus	The Good, the Bad, the Ugly and the Other One	Purbeck Runners	28:46
229	B70	Ercan TURAN	Male 40 plus	The Half Lives		28:48
230	A39	Amanda DENNISON	Female 18-39	Dawson Dennison Dashers	Poole Runners	28:54
231	D22	Jade GARDINER	Female 18-39	Staying Alive, Run for Fun		28:59
232	D70	Felicity WILLIAMS	Female 18-39	The Half Lives		28:59
233	A17	Lisa BONES	Female 40 plus	Lisa's Oakdale Runners		29:01
234	A5	Ruth KAVANAGH	Female 40 plus	The Chuggers		29:05
235	A44	Jim LEGG	Male 18-39	Fordy Superblasts		29:13
236	C46	Karen LONG	Female 40 plus	Are We There Yet?!		29:18
237	A22	Sonya BURNS	Female 40 plus	Staying Alive, Run for Fun		29:18
238	B68	Susan HARROGATE	Female 40 plus	Absolutely Legless		29:41
239	B22	Mark BURNS	Male 40 plus	Staying Alive, Run for Fun		29:42
240	C41	Bryony ELLIOTT	Female 40 plus	Marlborough Road Runners		29:46
241	D75	Vicky GRIFFIN	Female 40 plus	Couch Conquerors	Poole Runners	29:47
242	B17	Julie SHEPHEARD-WALWYN	Female 40 plus	Lisa's Oakdale Runners		29:48
243	C17	Katie SWEET	Female 18-39	Lisa's Oakdale Runners		30:21
244	A28	Annette KELLAWAY	Female 40 plus	Oakdale Stunners		30:24
245	B2	Sue SINKINSON	Female 40 plus	Subo Sloe Gins		30:24
246	C16	Stacy-Lee GUINEY	Female 18-39	Carbo-Loaders		30:25
247	B8	Sally KYTE	Female 18-39	Run Ragged		30:26
248	C28	Emma MIDWINTER	Female 40 plus	Oakdale Stunners		30:30
249	B57	Kate CORNHILL	Female 40 plus	The Plod Squad		30:31
250	A57	Hazel MANSELL	Female 40 plus	The Plod Squad		30:34
251	C66	Jules BOOTH	Female 40 plus	Upton Girls and a Downtown Man		30:37
252	D25	Helen ROSS	Female 40 plus	Run Talk Run Lisa		30:43
253	B7	Katie HEATON	Female 40 plus	The Pink Hula Girls		30:48
254	B10	Martin COOMBES	Male 40 plus	Sobo Jagerbombers		30:52
255	C71	Vicky MORTELL	Female 40 plus	The Jolly Joggers		30:53

256	A4	Jo PLANT	Female 40 plus	SOBO Vodkas		30:54
257	B13	Angie SPALL	Female 40 plus	The Stride Tribe		30:55
258	B75	Bob CAMPBELL	Male 40 plus	Couch Conquerors		30:59
259	A75	Kim THOMPSON	Female 40 plus	Couch Conquerors		31:15
260	C10	Tracie HARRISON	Female 40 plus	Sobo Jagerbombers		31:22
261	A35	Peter BARTON	Male 40 plus	The Slow Sippers Relay Crew		31:25
262	C5	Kate LANARY	Female 40 plus	The Chuggers		31:29
263	B71	Fiona AUGER	Female 40 plus	The Jolly Joggers		31:33
264	C69	Rachel BROWN	Female 18-39	Tempo Turtles		31:56
265	D11	Francesca MUSGROVE	Female 40 plus	New Forest Frolickers	New Forest Runners	31:57
266	B25	Ann DEVERILL	Female 40 plus	Run Talk Run Lisa	Poole AC	32:00
267	A52	Carl HUSSEY	Male 40 plus	Junkie Runners		32:07
268	C15	Emma HOLMES	Female 40 plus	Friends Who Run		32:24
269	C4	Helen GANTER	Female 40 plus	SOBO Vodkas		32:38
270	D34	Sadie WILLIAMS	Female 40 plus	Wyke Wanderers 2		32:43
271	B29	Maria HARDY	Female 40 plus	Run Talk Run David		32:55
272	D74	David LEABOURNE	Male 40 plus	Couchers On The Run		33:12
273	A15	Laura GATES	Female 18-39	Friends Who Run		33:14
274	C32	George JONES-GUYETT	Female 40 plus	Wyke Wanderers 3		33:43
275	B74	Joanne FISHER	Female 40 plus	Couchers On The Run		33:58
276	A33	Mandy HUNTER	Female 40 plus	Wyke Wanderers 1		34:00
277	A32	Sally JONES-GUYETT	Female 40 plus	Wyke Wanderers 3		34:04
278	C34	Heather LOE	Female 40 plus	Wyke Wanderers 2		34:31
279	A25	Lisa CLARKE	Female 40 plus	Run Talk Run Lisa		34:34
280	D67	Mevin SOHORYE	Male 40 plus	Foxy Lozgits		34:38
281	A34	Ian LOE	Male 40 plus	Wyke Wanderers 2		34:48
282	C42	Debbie NEWITT	Female 40 plus	The Tortoises and a Hare		34:51
283	C7	Catherine MIDGLEY	Female 40 plus	The Pink Hula Girls	Vegan Runners	35:02
284	C70	Sheila GOLD	Female 40 plus	The Half Lives		35:03
285	C25	Debra BEECROFT	Female 40 plus	Run Talk Run Lisa		35:17
286	D7	Alison MOORE	Female 40 plus	The Pink Hula Girls	Poole AC	35:17
287	C74	Julie MANNINGS	Female 40 plus	Couchers On The Run		35:56

288	D20	Colin MULFORD	Male 40 plus	The Running Dead		35:59
289	D26	Danielle FROST	Female 40 plus	Relay Rebels		36:12
290	A16	Melanie LOVGROVE	Female 40 plus	Carbo-Loaders		36:16
291	B26	Tracey HUDSON	Female 40 plus	Relay Rebels		37:26
292	A7	Karen ROBERTS	Female 18-39	The Pink Hula Girls		37:45
293	A67	Emma LORAINS	Female 40 plus	Foxy Lozgits		39:37
294	A26	Sally KETCHLEY	Female 40 plus	Relay Rebels	Poole Runners	39:59
295	A20	Sophie MULFORD	Female 18-39	The Running Dead		39:59
296	B69	Charlotte CULNANE	Female 18-39	Tempo Turtles		40:04
297	C75	Rena MARCH	Female 40 plus	Couch Conquerors		40:55
298	C26	Fiona MORPHEW	Female 40 plus	Relay Rebels	Poole AC	42:27
299	C33	Emily COPLESTON	Female 40 plus	Wyke Wanderers 1		42:57
300	B20	Helen CLARKE	Female 40 plus	The Running Dead		43:41

***For errors and omissions please E-Mail event support [eventsupport@poolerunners.co.uk](mailto:eventsupport@poolerunners.co.uk)  
(Not Facebook please)***

**UKA rules apply:** - Licence No TBC

