

LADIES Club Champs	Age Cat	B'more Vale Half Time	B'more Vale Half Points	Lytchett 10 time	Lytchett 10 Points	Poole Parkrun Time	Poole Parkrun Points	PR 5k race time	PR 5k race points	Marnhull 12k time	Marnhull 12k points	TOTAL AFTER 5 EVENTS	NDVM time	NDVM points	TOTAL AFTER 6 EVENTS
Vicki Ingham	35-39	1:23:05	50	1:01:26	50	17:59	50					150	02:56:57	50	200
Sarah Swift	50-54	1:41:05	47	1:18:32	45			22:46	49			141	03:55:55	48	189
Esther Downes	40-44	1:49:05	45	1:21:42	44			23:49	48			137	04:02:35	47	184
Rebecca Harrison	18-34			1:43:53	37	26:42	43	27:27	43	72:00	46	169			169
Jane Chandler	65-69			2:08:18	35	33:25	37	36:39	41	97:47	44	157			157
Hailey Higgins	40-44					20:54	47	21:30	50	55:23	50	147			147
Penny Jarvis	70-74	1:51:40	44	1:24:48	43			24:54	47			134			134
Elizabeth Lees	65-69					29:53	40	36:40	40	75:28	45	125			125
Angela Holland	50-54	2:36:24	41	1:54:26	36	30:36	38					115			115
Lauren Baker-Little	35-39					19:26	49					49	03:21:36	49	98
Gemma Bragg	40-44	1:31:49	48	1:07:30	49							97			97
Kelly Lawson	40-44					23:21	46			59:54	49	105			95
Clare Wood	40-44			1:13:02	47	20:01	48					95			95
Tracey Drozdowski	45-49					25:32	44	25:40	46			90			90
Liny Thorpe	40-44			1:27:46	41							41	04:14:43	46	87
Paula Barker	55-59	1:53:03	43	1:25:16	42							85			85
Izabela Shylock	40-44			1:32:13	40	24:01	45					85			85
Hannah Ryan	50-54			1:35:41	38					69:21	47	85			85
Beverley Brooks	55-59	2:08:04	42	1:32:58	39							81			81
Molly Rasch	18-34	1:23:47	49									49			49
Grace Mooney										68:15	48	48			48
Caroline Wilkins	40-44			1:07:36	48							48			48
Helen Draper	40-44	1:42:19	46									46			46
Caroline Crehan	40-44			1:15:03	46							46			46
Hannah Cook	40-44							26:12	45			45			45
Luretta Sharkey	45-49												05:52:37	45	45
Natalie Griffin	40-44							26:30	44			44			44
Louise Burridge	55-59							36:36	42			42			42
Megan Thompson	18-34					26:43	42					42			42
Alison Gunn-Smith	18-34					26:53	41					41			41
Tierra Lewis	35-39					30:30	39					39			39
Firouzeh Taghavi	45-49					56:38	36					36			36
Claudia Howse	55-59					56:46	35					35			35
Jo Coney-Lax	40-44					56:47	34					34			34

Mens Club Champs	Age Cat	B'more Vale Half Time	B'more Vale Half Points	Lytchett 10 time	Lytchett 10 Points	Poole Parkrun Time	Poole Parkrun Points	PR 5k race time	PR 5k race points	Marnhull 12k time	Marnhull 12k points	TOTAL AFTER 5 EVENTS	NDVM time	NDVM points	TOTAL AFTER 6 EVENTS
Adrian Thorpe	40-44	1:41:27	38	1:12:49	42	19:03	44	19:51	41	51:41	47	212			212
Rob Arkell	35-39			58:44	50	16:36	50	17:23	50	42:03	50	200			200
Robert Campbell-Smith	50-54	2:28:17	31	1:35:41	33			29:31	29	72:46	41	134	05:52:37	46	180
Rupert Tory	45-49	1:37:36	41	1:13:58	40					59:10	44	125	03:50:29	48	173
Khalil Ghabaee	60-64	2:07:22	32	1:34:16	34	30:32	31	30:33	28	69:17	42	167			167
Graham Moyse	60-64	1:31:39	42	1:09:34	44	19:45	43	21:50	35			164			164
Steve Hawes	40-44	1:46:46	35	1:17:28	38	21:31	40			55:05	46	159			159
Thomas Andrews	35-39					16:41	49	17:34	48	43:35	49	146			146
Dave Tindall	35-39	1:20:44	50	1:00:49	48			18:07	46			144			144
Mark Peddle	45-49	1:21:49	48			17:44	48	18:21	44			140			140
Iain Ferguson	18-34	1:27:35	44			17:44	48	18:12	45			137			137
Jimmy Redford	45-49					18:40	45	19:28	42	47:51	48	135			135
Clive West	40-44	1:31:24	43			18:35	46	18:35	38			127			127
Peter Ferenczy	55-59	1:38:29	40	1:12:49	42			21:39	36			118			118
Geoffrey Scott	75+	2:44:43	30	1:52:57	32	31:31	30	39:50	25			117			117
Gareth Hughes	35-39			1:17:50	37	20:46	41	21:19	37			115			115
Roy Williams	65-69					25:04	35	27:02	31	65:55	43	109			109
Luke McKenzie	18-34			1:00:32	49			17:28	49			98			98
Neil Sexton	45-49	1:25:54	45					17:56	47			92			92
Steve Claxton	45-49	1:23:16	46					19:05	43			89			89
Matthew East	50-54			1:17:25	39							39	03:46:09	49	88
Esref Ozdemir	50-54					19:51	42	19:58	40			82			82
John Towner	40-44	1:44:44	36	1:07:01	46							82			82
Stephen Cole	65-69							25:51	32			32	04:42:54	47	79
Ben Lees-Smith	40-44	1:39:17	39					20:02	39			78			78
Patrick Gedge	55-59			1:21:46	36	23:22	37					73			73
David Heath	70-74					24:55	36	27:36	30			66			66
Dale Holland	45-49	1:56:56	33					23:13	33			66			66
Lars Jansson	75+					29:45	32	32:37	27			59			59
Barry Mitchell	75+					n/k	29	33:15	26			55			55
Dan Wakefield	18-34												03:00:58	50	50
Joe Godden	40-44	1:21:19	49									49			49
David Penwarden	50-54	1:22:07	47									47			47
Haydan Clarke	18-34			1:01:13	47							47			47

Marcus Watton	18-34			1:09:03	45							45			45
Thomas Dear	18-34									55:14	45	45			45
Jimmy McKay	18-34			1:11:08	43							43			43
Graham Dennison	45-49					21:44	39					39			39
James Hall	40-44					22:21	38					38			38
Tom Smithson	18-34	1:42:33	37									37			37
Dan Richards	50-54			1:31:23	35							35			35
Ian Barnes	75+							22:45	34			34			34
Graeme Beckett	45-49					25:11	34					34			34
David Ozanne	60-64	1:48:19	34									34			34
Alwyn Dominey	75+					28:36	33					33			33
Graeme Mansell	60-64					38:04	28					28			28