

LADIES Club Champs	Age Cat	B'mth AC 3km time	Poole AC 3k time
Hailey Higgins	40-44		12:25:90
Sarah Swift	50-54	13:11:05	12:46:60
Esther Downes	40-44		13:19:80
Penny Jarvis	70-74		13:51:60
Angela Holland	50-54	17:47:83	17:48:90
Mens Club Champs	Age Cat	B'mth AC 3km time	Poole AC 3k time
Tom Andrews	35-39		9:53:10
Iain Ferguson	18-34		10:06:40
Steve Claxton	45-49	10:52:65	
Jimmy Redford	45-49		10:53:00
Esref Ozdemir	50-54	11:21:64	
Adrian Thorpe	40-44	11:22:34	
Pete Ferenczy	55-59	11:49:28	
Jim Cartwright	40-44		12:10:60
Graeme Beckett	45-49	12:56:30	
Robert Campbell-Smith	50-54	15:10:35	
Geoffrey Scott	75+		18:43:70