

LADIES Club Champs	Age Cat	Club Champs 5k time	Club Champs 5k points
Hailey Higgins	40-44	21:30	50
Sarah Swift	50-54	22:46	49
Esther Downes	40-44	23:49	48
Penny Jarvis	70-74	24:54	47
Tracey Drozdowski	45-49	25:40	46
Hannah Cook	40-44	26:12	45
Natalie Griffin	40-44	26:30	44
Rebecca Harrison	18-34	27:27	43
Louise Burrige	55-59	36:36	42
Jane Chandler	65-69	36:39	41
Elizabeth Lees	65-69	36:40	40

Mens Club Champs	Age Cat	Club Champs 5k time	Club Champs 5k points
Rob Arkell	35-39	17:23	50
Luke McKenzie	18-34	17:28	49
Thomas Andrews	35-39	17:34	48
Neil Sexton	45-49	17:56	47
Dave Tindall	35-39	18:07	46
Iain Ferguson	18-34	18:12	45
Mark Peddle	45-49	18:24	44
Steve Claxton	45-49	19:05	43
Jimmy Redford	45-49	19:28	42
Adrian Thorpe	40-44	19:51	41
Esref Ozdemir	50-54	19:58	40
Ben Lees-Smith	40-44	20:02	39
Clive West	40-44	18:35	38
Gareth Hughes	35-39	21:19	37
Peter Ferenczy	55-59	21:39	36
Graham Moyse	60-64	21:50	35
Ian Barnes	75+	22:45	34
Dale Holland	45-49	23:13	33
Stephen Cole	65-69	25:51	32
Roy Williams	65-69	27:02	31
David Heath	70-74	27:36	30
Robert Campbell-Smith	50-54	29:31	29
Khalil Ghabaee	60-64	30:33	28
Lars Jansson	75+	32:37	27
Barry Mitchell	75+	33:15	26
Geoffrey Scott	75+	39:50	25