

LADIES Club Champs	Age Cat	B'mth AC 3km time	B'mth AC 3km points
Sarah Swift	50-54	13:11:05	50
Angela Holland	50-54	17:47:83	49

Mens Club Champs	Age Cat	B'mth AC 3km time	B'mth AC 3km points
Steve Claxton	45-49	10:52:65	50
Esref Ozdemir	50-54	11:21:64	49
Adrian Thorpe	40-44	11:22:34	48
Pete Ferenczy	55-59	11:49:28	47
Graeme Beckett	45-49	12:56:30	46
Robert Campbell-Smith	50-54	15:10:35	45