



UPTON SUMMER SERIES 2024

Entry List as of 8:30am 28th March 24

If you entered before the above date/time please check carefully that your name is listed and that your age category and Club details are correct.

Seniors and Juniors are now listed separately

For errors and omissions please E-Mail towner456@talktalk.net (Not Facebook please)

For Details and to enter visit

<https://poolerunningevents.co.uk/events/upton-summer-series-2024/>

Senior (14 years plus) Race

No	Name	Team	Category
322	ABU-GHABA, Adam	Bournemouth AC	Male 14-17
321	ABU-GHABA, Ahmad	JP Morgan RC	Male 45-49
100	ADDISON, Jonathan	Poole AC	Male 18-39
328	AMOS, Kelly	Poole Runners	Female 18-39
308	ARKELL, Rob	Poole Runners	Male 18-39
230	ATKINS, Leon	Bournemouth AC	Male 40-44
384	AUSTIN, Louise	Littledown Harriers	Female 45-49
298	AYLWARD, Kerry	Poole Runners	Female 50-54
218	BAKER-LITTLE, Lauren	Poole Runners	Female 18-39
50	BARFOOT, Dave	Lonely Goat Running Club	Male 40-44
312	BARNES, Ian	Poole Runners	Male 75-79
362	BARNETT, Alan	Poole AC	Male 60-64
135	BARRETT, Sarah	Poole Runners	Female 75-79
187	BASSETT, Julie	Bournemouth Joggers	Female 40-44
208	BAYLISS, Anne-Marie	City Of Salisbury	Female 45-49
155	BEATON, Aaron	Westbourne Running Club	Male 40-44
132	BELL, Louise	JH Running Club	Female 50-54
318	BENNETT, Maxine	Littledown Harriers	Female 60-64

80	BISHOP, Matty	Westbourne Running Club	Male 45-49
303	BLACKMORE, Jane	Verwood Runners	Female 55-59
337	BLAGDEN, Matilde	Bournemouth AC	Female 14-17
191	BLAKELEY, Louise		Female 55-59
242	BOURTON, Karen		Female 60-64
136	BOWN, Cassie	JH Running Club	Female 45-49
286	BRIERLEY, Howard		Male 70-74
345	BROCK, Nel	Royton Road Runners	Male 55-59
37	BRODIE-JAMES, Tim		Male 55-59
336	BROWN, Kieran		Male 18-39
354	BROWN, Natalie		Female 40-44
410	BULLEN, Wendy	Verwood Runners	Female 55-59
53	BUTCHER, Heather	New Forest Runners	Female 45-49
16	CAMPBELL-SMITH, Robert	Poole Runners	Male 55-59
151	CHANDLER, Jane	Poole Runners	Female 65-69
351	CHARLTON, Lila	Poole Runners	Female 14-17
340	CHERRETT, Joe	Wimborne AC	Male 18-39
83	CHILD, David	Westbourne Running Club	Male 65-69
196	CHURCHILL, Duncan		Male 50-54
378	CLARK, Nicki		Female 45-49
324	CLARKE, Emily		Female 18-39
209	CLARKE, Karen		Female 60-64
235	CLAXTON, Steve	Poole Runners	Male 45-49
404	CLIFTON, Elean	Verwood Runners	Female 18-39
87	CLIFTON, Karole	Verwood Runners	Female 40-44
304	COOK, Gill	Poole AC	Female 60-64
373	COOK, Steve	Twemlow Track Club	Male 50-54
142	CORBIN-JONES, Darryl	Westbourne Running Club	Male 40-44
259	CRABTREE, Lynne		Female 50-54
383	CREED, Caroline		Female 45-49
360	CRUELLS, Jaime		Male 55-59
359	CRUELLS, Sophie	Poole Runners	Female 14-17
114	CRUICKSHANK, Annabel	Poole Runners	Female 18-39
3	CULL, Amy	Poole Runners	Female 45-49
399	CURTIS, Louise		Female 55-59
241	DANIEL, Joanna		Female 45-49
305	DAVIES, Ed	Tramlow Track Club	Male 18-39
118	DAVIES, James	Verwood Runners	Male 18-39
361	DEAR, Thomas	Poole Runners	Male 18-39
85	DICKINSON, Stacey	Wimborne AC	Male 50-54
375	DORRINGTON, Michelle	Bournemouth AC	Female 18-39
270	DOUGHTY, Peter	Westbourne Running Club	Male 45-49
152	DOWNES, Esther	Poole Runners	Female 40-44
6	DOWNES, Sean	Poole Runners	Male 50-54
278	DOWSETT, Debbie	Bournemouth Joggers	Female 60-64
299	DOYLE, Jamie	Poole Runners	Male 14-17
279	DRAYSON, Kevin	Westbourne Running Club	Male 40-44
189	DWYER, Jack	Poole Runners	Male 18-39
233	EDMUNDS, Daniel	Westbourne Running Club	Male 40-44
211	EDWARDES, Cat		Female 50-54
90	ELFORD, Rachel	Lytchett Manor Striders	Female 45-49
434	ELLIOTT, Ben		Male 14-17
425	ELLIOTT, David		Male 45-49
426	ELLIOTT, Kaitlyn		Female 14-17
274	EVANS, Sue	Bournemouth Joggers	Female 70-74
266	EVERITT, Pat	Bournemouth Joggers	Female 60-64
205	EWEN-MATTHEWS, Oscar	Poole AC	Male 14-17
309	FERENCZY, Peter	Poole Runners	Male 60-64
180	FERGUSON, Iain	Poole Runners	Male 18-39
319	FILMER, Graham	Poole AC	Male 60-64
350	FLOCKHART, Andrew	Poole Runners	Male 65-69
422	FORWARD, Carly		Female 18-39
317	FOSTER, Sam	Verwood Runners	Male 18-39

25	FRAMPTON, Marion	Poole Runners	Female 60-64
26	FRAMPTON, Robert	Poole Runners	Male 60-64
282	FRANCIS, Sandra	JH Running Club	Female 55-59
275	FRASER, Keith	Poole Runners	Male 70-74
400	FRIAS-ROBLES, Tammy	Poole AC	Female 40-44
271	FRY, Jacqui		Female 55-59
84	GALLAGHER, Carys	Westbourne Running Club	Female 18-39
369	GALTON, Georgina	Bournemouth Joggers	Female 18-39
363	GALTON, Grace	Poole AC	Female 45-49
163	GARLINGE, Ian		Male 55-59
212	GARNER, Dion	Poole Runners	Male 18-39
310	GEDGE, Patrick	Poole Runners	Male 55-59
185	GHABAE, Khalil	Poole Runners	Male 60-64
283	GIBBS, Jenny	Bournemouth Joggers	Female 18-39
41	GOLLAND, Erica		Female 18-39
147	GREWCOCK, Clive	Westbourne Running Club	Male 65-69
112	GRIFFIN, Natalie		Female 40-44
284	GRIST, Mike	South West Veterans AC	Male 60-64
419	GROSE, Jamie	Poole AC	Male 18-39
226	GUNN-SMITH, Alison	Poole Runners	Female 18-39
396	HADDOW, Rachael	Poole AC	Female 18-39
58	HADJIPETROU, Rebecca	Hamworthy Harriers	Female 45-49
105	HADWIN, Jamie	JH Running Club	Male 18-39
289	HALL, James	Poole Runners	Male 40-44
376	HALL, John	Poole AC	Male 50-54
366	HALL, Nicola	Poole AC	Female 50-54
367	HALL, Oliver	Poole AC	Male 14-17
225	HARNETT, Rod	New Forest Runners	Male 50-54
314	HARPER, Donald	Poole AC	Male 18-39
416	HARRIS, Colin		Male 50-54
276	HARRISON, Rebecca	Poole Runners	Female 18-39
334	HART-BURKE, Christine	Purbeck Runners	Female 65-69
201	HARTLE, Catherine	Wimborne AC	Female 65-69
397	HARVEY, Nicola		Female 50-54
256	HAUGHEY, Terry	Poole Runners	Male 70-74
261	HAY, Kirstin	Poole AC	Female 40-44
280	HAYWOOD, Emma	Bournemouth Joggers	Female 50-54
302	HERDSMAN, Oliver	Vegan Runners	Male 40-44
123	HEWITT, Debbie	Team Derby Runner	Female 55-59
124	HIGGINS, Hailey	Poole Runners	Female 40-44
248	HILBORNE, Mike	Wimborne AC	Male 55-59
255	HILL, James	JH Running Club	Male 18-39
382	HILL, Susie		Female 45-49
8	HILLIAR, Emily	Poole AC	Female 18-39
202	HITCHCOTT, Mark		Male 55-59
14	HITCHING, Ian	Poole AC	Male 55-59
145	HOBSON, Andrew		Male 50-54
254	HOGARTH, Steven	Poole AC	Male 65-69
158	HOLMAN, Matt	Poole AC	Male 18-39
330	HOLMES, Les	Poole AC	Male 40-44
229	HOPPER, Felicity	Westbourne Running Club	Female 40-44
214	HORDER, CAROLINE	Bournemouth Joggers	Female 70-74
11	HORMAN, Martin	Poole Runners	Male 18-39
43	HORSLEY, Andrew	Wimborne AC	Male 55-59
159	HOWSE, Andy	Poole Runners	Male 55-59
160	HOWSE, Claudia	Poole Runners	Female 55-59
161	HOWSE, Libby		Female 18-39
70	HUGHES, Clary	Wimborne AC	Female 45-49
353	HUGHES, Gareth	Poole Runners	Male 18-39
165	HUGHES, Timothy	Bournemouth AC	Male 55-59
227	HURST-ATKINS, Esmme	Bournemouth AC	Female 14-17
295	JABANGWE, Robert	Poole Runners	Male 40-44
204	JULYAN, Barry	Poole AC	Male 50-54

203	JULYAN, Clare	Poole AC	Female 50-54
253	KEEP, Sheena	Purbeck Runners	Female 60-64
287	KEIGHTLEY, Ben		Male 18-39
177	KELLAWAY, Annette		Female 55-59
178	KELLAWAY, Simon		Male 18-39
250	KENNARD, Sarah	Verwood Runners	Female 55-59
82	KHOSHNEVIS, Heather	Littledown Harriers	Female 60-64
320	KIMBER, Mark	Poole AC	Male 55-59
395	KINGMAN, Dedra	Egdon Heath Harriers	Female 55-59
168	LAM, Matthew	JH Running Club	Male 18-39
27	LANHAM, Sarah		Female 50-54
117	LAWRENCE, Michael		Male 18-39
169	LAY, Robert		Male 40-44
207	LEACH, Andrew	Lytchett Manor Striders	Male 50-54
216	LEE, Ellie	Bournemouth Joggers	Female 18-39
175	LEES, Elizabeth	Poole Runners	Female 65-69
408	LEWIS, Andrew	Poole AC	Male 40-44
234	LEWIS, Tierra	Poole Runners	Female 18-39
352	LIDDON, James		Male 18-39
268	LIGHT, Claire	Bournemouth Joggers	Female 55-59
251	LITTLECOTT, Stephen	Lytchett Manor Striders	Male 65-69
213	LUCKETT, Neil	Westbourne Running Club	Male 70-74
162	LUGSDEN, Dave	Poole AC	Male 55-59
77	LYDFORD, Gail	New Forest Runners	Female 60-64
252	MACBETH, Hamish		Male 55-59
195	MANSELL, Hazel		Female 50-54
231	MARGETTS, Ron		Male 70-74
401	MARSHALL, Andrea	Lytchett Manor Striders	Female 55-59
288	MARSHALL, Jenny-Lee	Purbeck Runners	Female 18-39
409	MARTIN, Hayley	Poole Runners	Female 45-49
262	MASON, Greg	Verwood Runners	Male 50-54
1	MASON, Vivien	Verwood Runners	Female 45-49
130	MASTERS, Bradley	Westbourne Running Club	Male 55-59
110	MCCAFFEREY, James		Male 18-39
388	MCKENNA, Laras	Bournemouth AC	Female 14-17
411	MILLAR, Kate		Female 60-64
402	MILLER, Barry	Poole AC	Male 40-44
232	MILLS, Rob	Poole Runners	Male 55-59
2	MILWARD, Martin	Fulham Running Club	Male 65-69
199	MITCHELL, Barry	Poole Runners	Male 80 plus
244	MOLYNEAUX, Daniel		Male 18-39
418	MONTGOMERY, Lara	Verwood Runners	Female 45-49
179	MOORE, Darren	Poole AC	Male 55-59
346	MORRIS, John	Lytchett Manor Striders	Male 60-64
281	MOSS, Steve		Male 60-64
210	MOYSE, Graham	Poole Runners	Male 60-64
412	MULLEN, Lisa	Verwood Runners	Female 40-44
316	NASEBY, Elizabeth	Poole Runners	Female 70-74
300	NEAL, Dave	Poole AC	Male 65-69
290	NEAL, Jane	Poole AC	Female 65-69
32	NIXON, Simon		Male 40-44
263	OAKLEY, Bill	Lytchett Manor Striders	Male 70-74
349	OLIVER, Gillian	Verwood Runners	Female 50-54
243	O'NEILE, Helen	Poole Runners	Female 18-39
116	O'ROURKE, Carl	Westbourne Running Club	Male 40-44
122	OTTWAY, Melanie		Female 40-44
146	OZANNE, David	Poole Runners	Male 60-64
148	OZDEMIR, Esref	Poole Runners	Male 50-54
315	PAGE, Joe		Male 18-39
17	PALMER, Thomas	Purbeck Runners	Male 18-39
164	PARKHILL, Andrew	Poole Runners	Male 18-39
197	PATCHTON, Adam		Male 40-44
109	PATRICK, Ashley		Male 18-39

245	PAVLOU, Emma		Female 40-44
344	PEARCE, Donna	Lytchett Manor Striders	Female 45-49
78	PEASLAND, Josephine	100 Marathon Club	Female 50-54
326	PEEDELL, Karen	Poole AC	Female 60-64
174	PENWARDEN, David	Poole Runners	Male 50-54
415	PHILIPS, Simon		Male 50-54
36	PICKERING, Alan		Male 70-74
236	PLIMMER, Emma	Gordonian,s RC	Female 40-44
272	PORTER, Mark		Male 55-59
311	PRINT, Ben	Lytchett Manor Striders	Male 50-54
417	PUPKIS, Sarah		Female 45-49
176	REDMAN, Timothy		Male 40-44
365	REID, Anna	Bournemouth Joggers	Female 18-39
206	RICHARDS, Daniel	Poole Runners	Male 50-54
406	RITCHIE, Dave	Poole AC	Male 60-64
407	RITCHIE, Vanya	Poole AC	Female 60-64
285	ROBBINS, Jason		Male 50-54
131	ROBERTS, Kevin	Poole AC	Male 55-59
121	ROBERTSON, Wayne		Male 50-54
394	ROBSON, Kathryn	Poole AC	Female 55-59
24	ROGERS, Martin		Male 55-59
348	ROGERS, Rebecca	Lytchett Manor Striders	Female 40-44
184	RUFFER, Dily	Littledown Harriers	Female 65-69
188	RUTTER, Vicky	Westbourne Running Club	Female 18-39
267	RYAN, Carmel	Bournemouth Joggers	Female 55-59
108	RYAN, Hannah	Poole Runners	Female 50-54
111	SADLER, Steven	Lytchett Manor Striders	Male 65-69
265	SALMON, Rhonda	Bournemouth Joggers	Female 55-59
66	SARGENT, Denise	Verwood Runners	Female 60-64
413	SELL, Martin	Poole AC	Male 50-54
103	SHAWYER, Ben		Male 14-17
104	SHAWYER, Philippa	Littledown Harriers	Female 40-44
102	SHAWYER, Sam		Male 14-17
297	SHERWOOD, Joel	Poole Runners	Male 14-17
377	SHIRLEY, Rich	Littledown Harriers	Male 18-39
56	SIBTHORP, Katherine		Female 40-44
390	SINGLETON, James		Male 40-44
238	SINKINSON, Rebecca	Littledown Harriers	Female 18-39
28	SMART, Amanda	Poole AC	Female 60-64
49	SMITH, Julian	New Forest Runners	Male 60-64
55	SMITH, Tracey	Verwood Runners	Female 50-54
364	SMITHSON, Tom	Poole Runners	Male 18-39
21	SPELMAN, Corinne	Littledown Harriers	Female 70-74
335	STATHAM, Kirsten	Verwood Runners	Female 50-54
269	STEVENS, Sarah	Bournemouth Joggers	Female 40-44
329	STEVENS, William		Male 45-49
414	STIRK, Jack	Verwood Runners	Male 18-39
166	STOCKWELL, Paul	JH Running Club	Male 65-69
331	STREET, Andy	Poole AC	Male 55-59
190	STRIDE, Katie	New Forest Runners	Female 18-39
167	SUTCLIFFE, Jessie	Poole AC	Female 18-39
35	SWEETENHAM, Hayley	Verwood Runners	Female 50-54
120	SWIFT, Sarah	Poole Runners	Female 50-54
186	SWIFT, Sophie	Wimborne AC	Male 60-64
115	TEDDS, Tom		Male 40-44
68	TERRY, Mike	Littledown Harriers	Male 70-74
264	THOMPSON, Alex	Lytchett Manor Striders	Male 45-49
67	THOMPSON, Megan	Poole Runners	Female 18-39
357	THORNBURN, Natalie		Female 45-49
193	TINDALL, Dave	Poole Runners	Male 18-39
79	TUCKER, Keith	Lonely Goat	Male 50-54
387	TURNER, Les	Poole Runners	Male 65-69
273	TYLER, Jessica	Bournemouth Joggers	Female 18-39

44	UJVARI, Marc	Poole AC	Male 40-44
339	VINCE, Jack	Lytchett Manor Striders	Male 18-39
200	WALKER-LEACH, Jenny	Lytchett Manor Striders	Female 45-49
258	WALL, Chris		Male 65-69
249	WALLACE, Karen		Female 18-39
30	WARBOYS, David	Westbourne Running Club	Male 50-54
423	WARR, Josie		Female 40-44
220	WATKINS, Kayley	Poole Runners	Female 18-39
421	WAY, Gracie		Female 18-39
420	WAY, Simon		Male 55-59
296	WELLER, Lauren	Bournemouth Joggers	Female 18-39
333	WELLER, Ryan		Male 18-39
217	WESTHEAD, Joanna	Poole Runners	Female 50-54
341	WHIDDON, David		Male 50-54
332	WICKHAM, Robert		Male 55-59
154	WILD, David	Wimborne AC	Male 75-79
327	WILDBUR, Simon	Poole AC	Male 45-49
260	WILDING, Paul	Lytchett Manor Striders	Male 60-64
358	WILKINSON, Dean	Poole Runners	Male 50-54
372	WILLIAMS, Roy	Poole Runners	Male 65-69
277	WILSON, Ann	Bournemouth Joggers	Female 55-59
192	WILSON, David	Littledown Harriers	Male 55-59
139	WINDEBANK, Kate	Poole Runners	Female 18-39
138	WRIGHT, David	Cirencester AC	Male 65-69

Junior (4 to 13) years

No	Name	Team	Category
323	ABU-GHABA, Solly	Bournemouth AC	Boy 13
292	ARMITAGE, Olivia-Florence	New Forest Junior AC	Girl 12
294	ARMITAGE, Wilf		Boy 5
293	ARMITAGE, Zachary-Lister	New Forest Junior AC	Boy 9
385	AUSTIN, Riley	Bournemouth AC	Boy 13
219	BAKER-LITTLE, Thea		Girl 5
7	BANWELL, Felix	Poole Runners	Boy 8
51	BARFOOT, Eddie		Boy 8
403	BARNES, Austin		Boy 6
156	BEATON, Chloe	Poole Runners	Girl 12
157	BEATON, Evie	Poole Runners	Girl 9
338	BLAGDEN, Aiden	Bournemouth AC	Boy 11
54	BROWN, Grace	Poole Runners	Girl 9
94	BURBIDGE, Toby	Poole Runners	Boy 11
129	CAMBERS-ROSSINGH, Leo	Poole Runners	Boy 10
20	CARTWRIGHT, Oscar	Poole Runners	Boy 9
81	CHRISTOPHER, Llana	Poole Runners	Girl 11
379	CLARK, Florence		Girl 9
380	CLARK, Teddy		Boy 5
368	COLEMAN, Ashton	Poole Runners	Boy 13
4	CULL, Freya		Girl 9
5	CULL, Jack		Boy 12
240	DANIEL, Ted		Boy 12
74	DAVIES, Edward	Bournemouth AC	Boy 10
75	DAVIES, Imogen		Girl 7
306	DAVIES, Oscar		Boy 6
76	DAVIES, Scarlett		Girl 5
307	DAVIES, Sophie		Girl 4
86	DICKINSON, Arthur		Boy 7
405	DICKINSON, Iris		Girl 10
239	DIXON, Devyn	Poole Runners	Girl 11
153	DOWNES, Ezra		Boy 5
22	DREW, Amelia	Poole AC	Girl 13
98	DROZDOWSKI, Lucas	Poole Runners	Boy 11
99	DROZDOWSKI, Max	Poole Runners	Boy 11

91	ELFORD, Rory	Poole Runners	Boy 12
181	FERGUSON, Dylan	Poole Runners	Boy 12
182	FERGUSON, Maximus	Poole Runners	Boy 10
325	FEWINGS, Ted	Bournemouth AC	Boy 11
237	FOYLE, Sophie-Louise	Wimborne AC	Girl 12
381	GRAHAM, Bella	Poole Runners	Girl 10
106	HADWIN, Ryan	JH Running Club	Boy 12
392	HALE, Edward	Poole AC	Boy 9
393	HALE, Oliver		Boy 6
107	HALLETT, Ruby	JH Running Club	Girl 13
173	HARRISON, Charlie	Poole AC	Boy 12
38	HARRISON, Grace	Poole Runners	Girl 12
113	HARRISON, Max		Boy 5
398	HARVEY, Edward		Boy 10
137	HAWES, Charlie	Poole Runners	Boy 9
95	HAYTER, Tayla	Poole Runners	Girl 9
59	HEPPENSTALL, Bella	Poole Runners	Girl 11
60	HEPPENSTALL, Liana	Poole Runners	Girl 11
125	HIGGINS, Fintan	Poole Runners	Boy 12
126	HIGGINS, Jasper	Poole Runners	Boy 10
128	HIGGINS, Leo		Boy 6
127	HIGGINS, Zachary	Poole Runners	Boy 8
144	HOBSON, Cara	Poole Runners	Girl 12
170	HOUSTON, Elijah	Poole Runners	Boy 12
72	HUGHES, Elsie	Wimborne AC	Girl 9
71	HUGHES, George	Wimborne AC	Boy 12
228	HURST-ATKINS, Finley	Bournemouth AC	Boy 11
370	JACKSON, Henry		Boy 8
371	JACKSON, Ted	Poole Runners	Boy 10
101	JESTY, Dylan	Poole Runners	Boy 11
96	JOHNS, Gwen	Poole Runners	Girl 9
97	JOHNS, Meg		Girl 6
29	KEIGHTLEY, Arlo		Boy 7
222	LAMB, Eli	New Forest Junior AC	Boy 12
221	LAMB, Ella		Girl 9
65	LAY, Beatrix		Girl 4
64	LAY, Christopher		Boy 7
61	LAY, Johnny	Poole Runners	Boy 11
63	LAY, Robert	Poole Runners	Boy 8
62	LAY, Steven		Boy 12
39	LEWIS, Joshua	Poole Runners	Boy 9
40	LEWIS, Sophie	Poole Runners	girl 8
347	LUCAS, Max		Boy 6
133	MAGUIRE, Owen	Poole Runners	Boy 11
134	MAGUIRE, Ronan	Poole Runners	Boy 8
198	MAUNDERS, Lewis		Boy 10
10	MILLER, Zoey	Poole AC	Girl 10
89	MOORS, Abigail		Girl 11
88	MOORS, Jessica	Poole AC	Girl 13
119	MORALES-TREVETT, Elliott	Poole Runners	Boy 10
92	NEIL, Bella	Poole Runners	Girl 11
93	NEIL, Rose	Poole Runners	girl 8
33	NIXON, Aiden	Poole Runners	Boy 10
34	NIXON, Zach		Boy 7
69	NORTON, Edward	Bournemouth AC	Boy 8
52	OKOTH, Kamili	Poole Runners	Girl 9
246	PAVLOU, Alexander		Boy 8
247	PAVLOU, Stelios	Poole Runners	Boy 10
171	PEPPER, Alessandro	Poole Runners	Boy 11
172	PEPPER, Beatrice	Poole Runners	Girl 10
42	PERREN, William		Boy 6
23	PERRY, Josh	Poole AC	Boy 12
257	PRESTON, Joseph	Poole Runners	Boy 12

15	ROBBINS, Florence	Poole Runners	Girl 11
47	ROBERTS, Florence	Poole Runners	Girl 10
48	ROBERTS, Nellie		Girl 7
149	ROBINETT, Louis	Poole Runners	Boy 10
150	ROBINETT, Zara	Poole Runners	Girl 12
19	SAMWAYS, Amy	Poole Runners	Girl 10
18	SAMWAYS, Harry	Poole Runners	Boy 12
291	SAVAGE, Ryder		Boy 8
301	SAVAGE, Travis	Poole Runners	Boy 10
215	SELBY-NICHOLLS, Ostor	Lymington AC	Boy 9
313	SHARKEY, Ruban		Boy 7
389	SHERREN, Fletcher	Poole Runners	Boy 12
73	SIBTHORP, Benjamin	Poole Runners	Boy 10
57	SIBTHORP, James	Poole Runners	Boy 10
391	SINGLETON, Toby		Boy 7
374	SMITH, Lucy	Poole Runners	Girl 13
12	SORTON, Freddie		Boy 4
140	STEVENS, Charlie	Poole Runners	Boy 12
355	STEVENS, Henry		Boy 10
356	STEVENS, Henry		Boy 8
141	STEVENS, Oakley	Poole Runners	Boy 8
143	STEVENS, Theo	Poole Runners	Boy 12
9	STRONG, Olly		Boy 11
183	SYME, Erin	Poole Runners	Girl 12
386	THOMPSON, Riley	Poole Runners	Boy 9
194	TINDALL, Hattie		Girl 7
224	TUCKER, Finley		Boy 11
223	TUCKER, Oliver		Boy 8
46	UJVARI, Emma		Girl 10
45	UJVARI, William		Boy 13
31	WARBOYS, Polly	Poole Runners	Girl 9
13	WATSON, Isabella	Poole Runners	Girl 12
343	WHIDDON, Clara		Girl 9
342	WHIDDON, Iris		Girl 11

For Details and to enter visit

<https://poolerunningevents.co.uk/events/upton-summer-series-2024/>

Race numbers c/w chips will be distributed via local Clubs in April or collect at race one (8th May). Currently Reference numbers are shown. Race numbers will be allocated later. Ages are as of the date of race one.. No need to register at races; just go directly to the start area, following marshal's instructions. .

Four of the six races need to be considered for an award

For errors and omissions please E-Mail towner456@talktalk.net
(Not Facebook please)

running free 

Your local experts for everything running



Junior Race

General Information

Start time: 6:45

Numbers: allocated in age descending order.

Start Assembly and warm up: On the grass area in front of Upton House.

Start: On the hard standing in front of Upton House.

Finish: On the grass area in front of Upton House.

No Drinks offered, please bring your own.

Senior Race

General Information

Start time: 7:15

Numbers; Allocated in time ascending order.

Start & Finish: On the hard standing in front of Upton House.

Chip timed; Please assemble in apx finish time order

Club Vests: Required for affiliated runners.

Post-race: Assembly on lower grass area in front of Upton House.

No Drinks offered, please bring your own.



UKA rules apply: - Licence No TBC