

LADIES Club Champs	Age Cat	B'more Vale ½ Points	Lytchett 10 points	Poole Parkrun points	Marnhull 12 pts	Club Mile points	May 5 time	May 5 points	Round the Lake 10k time	the Lake 10k points	TOTAL AFTER 7 RACES	Portland 10 time	Portland 10 points	TOTAL AFTER 8 RACES
Clare Wood	40-44	49	48	49	50	49	34:47	48	42:59	48	341			341
Penny Jarvis	70-74	45	45	45	47	43	38:25	46			271	01:23:37	48	319
Lauren Baker-Little	18-34	50	49	50		50	30:56	50	39:06	49	298			298
Beverley Brooks	55-59		40		46	33	43:26	38	53:52	41	198	01:33:14	47	245
Emily Window	18-34		41		44	35	47:02	35	59:51	37	192	01:40:36	45	237
Sarah Swift	50-54	46				48	37:21	47	46:04	47	188	01:19:53	49	237
Paula Barker	50-54	48	47			29	38:39	45	47:25	45	214			214
Liny Thorpe	40-44		42		45	38	43:21	39	54:29	39	208			208
Megan Thompson	18-34			42		37	43:48	37	53:34	42	158	01:36:07	46	204
Amanda Dennison	35-39		39	39		34	45:25	36	56:41	38	186			186
Elizabeth Lees	60-64		37	38		32	47:49	34			141	01:44:26	44	185
Nicki Ream	45-49			47		39	42:24	40	54:08	40	166			166
Vicki Ingham	18-34		50						35:56	50	100	01:01:37	50	150
Lydia Knightjoy-Burge	35-39			46		43	40:04	43			132			132
Jane Chandler	65-69			37		30	57:44	30	1:13:17	35	132			132
Esther Downes	35-39		44			40	41:15	41			125			125
Ginny Cave	50-54		43	43		37					123			123
Angela Holland	50-54			35		31	48:41	33			99			99
Jo Westhead	50-54			48		47					95			95
Izabela Shylock	40-44		46		48						94			94
Megan Hocking	18-34						39:21	44	52:01	44	88			88
Helen Guerrier	35-39					44	40:17	42			86			86
Tierra Lewis	35-39						55:45	32	1:5:55	36	68			68
Jo Coney-Lax	40-44			36			56:25	31			67			67
Carol Walkley	50-54			33		26					59			59
Gemma Oliver	40-44				49						49			49
Caroline Stanzel	35-39						33:00	49			49			49
Helen Draper	40-44	47									47			47
Hannah Cook	40-44					46					46			46
Nichola Saxon	55-59								46:12	46	46			46
Kerryn Aylward	45-49					45					45			45
Emma Stephens	40-44			44							44			44
Annette Mogg	65-69			41							41			41
Sian Barnes	35-39					41					41			41
Jo Cleall	35-39			40							40			40
Carole Ingham	65-69		38								38			38
Kate Towner	40-44			34							34			34
Shannon Evans						28					28			28
Sally Ketchley	45-49					27					27			27

Mens Club Champs	Age Cat	B'more Vale ½ Points	Lytchett 10 points	Poole Parkrun points	Marnhull 12 pts	Club Mile points	May 5 time	May 5 points	Round the Lake 10k time	Round the Lake 10k points	TOTAL AFTER 7 RACES	Portland 10 time	Portland 10 points	TOTAL AFTER 8 RACES
David Wood	40-44	49	48	48	49	47	29:42	49	37:10	48	338			338
Jim Windebank	35-39		46	47	46	42	30:51	46	39:39	47	274			274
Esref Ozdemir	45-49	45	45	46		43	32:00	44	39:48	44	267	01:09:39	46	313
Haydan Clarke	18-34	48	49	50		48			36:31	49	244	01:02:51	50	294
Dale Holland	45-49		43	42	42	35	34:37	40	45:57	37	239			239
Robert Campbell-Smith	50-54	40	37	32	37	24	45:55	30	59:26	30	230	01:43:56	40	270
Dan Wakefield	18-34	46		49		45	33:36	41	39:47	45	226			226
Graham Moyse	60-64	42	44		43	35	32:49	42			206	01:11:12	45	251
Martin Horman	18-34		42	44		40	35:30	38	44:08	40	204			204
Joe Godden	35-39	50	50		50	49					199			199
Neil Sexton	40-44			45	45	46	30:47	47			193			193
Steve Claxton	45-49	47	47		48	44					186	01:05:02	49	235
Howard Lewis	50-54	41	40	37		30	38:14	36			184	01:24:22	43	227
Geoff Scott	75+		36	27	36	19	49:11	28	1:1:02	29	175	01:48:04	39	214
David Heath	70-74		39	36		27	39:07	35	50:33	33	170	01:25:51	42	212
Peter Ferenczy	55-59			40		37	35:01	39	43:37	41	157	01:17:06	44	201
Lars Jansson	75+			31	38	21	46:24	29	58:36	31	150			150
Dion Garner	18-34					50	28:15	50	34:51	50	150			150
Nick Clayton	45-49	44			47		30:37	48			139	01:05:51	48	187
Alan Clasby	70-74		38		40	26	39:21	34			138			138
Iain Ferguson	18-34				44		31:59	45	39:42	46	135	01:08:24	47	182
Graeme Beckett	40-44		41	38					44:52	39	118			118
Andy Sorton	50-54				39	29	39:33	33			101	01:33:23	41	142
Simon Crouch	18-34						32:01	43	39:50	43	86			86
Keith Fraser	65-69			35		25	41:45	22			82			82
Rupert Tory	40-44	43				38					81			81
Ian Barnes	70-74					31			45:09	38	69			69
Graham Dennison	45-49					33			48:39	35	68			68
Khalil Ghabaee	55-59					23	42:29	31			54			54
Barry Mitchell	75+			30		22					52			52
Stephen Ogles	45-49			43							43			43
Nathaniel Willmore	18-34								41:24	42	42			42
Matt Robbins	40-44					41					41			41
Jack Dwyer	18-34			41							41			41
Jamie Drennan	45-49				41						41			41
David Ozanne	60-64			39							39			39
Lee Timothy	18-34					39					39			39
Mark Tiller	60-64						37:44	37			37			37
Matt East	45-49					36					36			36
Ray Lawrence	50-54								46:43	36	36			36
Gary Dwyer	60-64			34							34			34
Chris Cartwright	40-44								49:14	34	34			34
Andy Flockhart	65-69			33							33			33
Jim Cartwright	40-44					32					32			32
Dave Cartwright	70-74								51:07	32	32			32
Roy Williams	65-69			29							29			29
Nigel Saxon	60-64			28							28			28
James Hall	40-44					28					28			28
Robert Frampton	60-64			26							26			26
Ted Payne	70-74			25							25			25
Alwyn Dominey	70-74					20					20			20