

LADIES Club Champs	Age Cat	B'more Vale ½ Time	B'more Vale ¼ Points	Lytchett 10 points	Poole Parkrun time	Poole Parkrun points	Marnhull 12 time	Marnhull 12 pts	Club Mile time	Club Mile points	May 5 time	May 5 points	TOTAL AFTER 6 RACES	Round the Lake 10k time	the Lake 10k points	TOTAL AFTER 7 RACES
Clare Wood	40-44	1:38:42	49	48	20:38	49	52:04	50	06:10	49	34:47	48	293	42:59	48	341
Lauren Baker-Little	18-34	1:29:59	50	49	18:25	50			05:31	50	30:56	50	249	39:06	49	298
Penny Jarvis	70-74	1:57:07	45	45	24:27	45	1:04:04	47	07:04	43	38:25	46	271			271
Paula Barker	50-54	1:43:56	48	47					09:52	29	38:39	45	169	47:25	45	214
Liny Thorpe	40-44			42			01:08:25	45	07:46	38	43:21	39	164	54:29	39	208
Beverley Brooks	55-59			40			1:07:48	46	08:08	33	43:26	38	157	53:52	41	198
Emily Window	18-34			41			1:13:26	44	07:53	35	47:02	35	155	59:51	37	192
Sarah Swift	50-54	1:48:42	46						06:25	48	37:21	47	141	46:04	47	188
Amanda Dennison	35-39			39	27:02	39			08:01	34	45:25	36	148	56:41	38	186
Nicki Ream	45-49				23:58	47			07:27	39	42:24	40	126	54:08	40	166
Megan Thompson	18-34				26:36	42			07:47	37	43:48	37	116	53:34	42	158
Elizabeth Lees	60-64			37	28:40	38			08:35	32	47:49	34	141			141
Lydia Knightjoy-Burge	35-39				23:59	46			07:04	43	40:04	43	132			132
Jane Chandler	65-69				32:26	37			09:52	30	57:44	30	97	1:13:17	35	132
Esther Downes	35-39			44					07:11	40	41:15	41	125			125
Ginny Cave	50-54			43	25:01	43			07:47	37			123			123
Vicki Ingham	18-34			50									50	35:56	50	100
Angela Holland	50-54				32:34	35			09:08	31	48:41	33	99			99
Jo Westhead	50-54				21:02	48			06:35	47			95			95
Izabela Shylock	40-44			46			1:03:56	48					94			94
Megan Hocking	18-34											44	44	52:01	44	88
Helen Guerrier	35-39								07:02	44	40:17	42	86			86
Tierra Lewis	35-39										55:45	32	32	1:5:55	36	68
Jo Coney-Lax	40-44				32:33	36					56:25	31	67			67
Carol Walkley	50-54				37:38	33			11:13	26			59			59
Gemma Oliver	40-44						56:41	49					49			49
Caroline Stanzel	35-39										33:00	49	49			49
Helen Draper	40-44	1:47:28	47										47			47
Hannah Cook	40-44								06:52	46			46			46
Nichola Saxon	55-59													46:12	46	46
Kerryn Aylward	45-49								06:57	45			45			45
Emma Stephens	40-44				24:51	44							44			44
Annette Mogg	65-69				26:44	41							41			41
Sian Barnes	35-39								07:08	41			41			41
Jo Cleall	35-39				26:54	40							40			40
Carole Ingham	65-69			38									38			38
Kate Towner	40-44				36:38	34							34			34
Shannon Evans									09:54	28			28			28
Sally Ketchley	45-49								10:26	27			27			27

Mens Club Champs	Age Cat	B'more Vale ½ Time	B'more Vale ½ Points	Lytchett 10 points	Poole Parkrun	Poole Parkrun points	Marnhull 12 time	Marnhull 12 pts	Club Mile time	Club Mile points	May 5 time	May 5 points	TOTAL AFTER 6 RACES	Round the Lake 10k time	Round the Lake 10k points	TOTAL AFTER 7 RACES
David Wood	40-44	1:22:13	49	48	18:01	48	46:33	49	05:20	47	29:42	49	290	37:10	48	338
Jim Windebank	35-39			46	18:14	47	47:29	46	05:40	42	30:51	46	227	39:39	47	274
Esref Ozdemir	45-49	1:29:04	45	45	18:23	46			05:31	43	32:00	44	223	39:48	44	267
Haydan Clarke	18-34	1:24:08	48	49	17:16	50			05:10	48			195	36:31	49	244
Dale Holland	45-49			43	21:13	42	57:24	42	06:07	35	34:37	40	202	45:57	37	239
Robert Campbell-Smith	50-54	2:28:45	40	37	26:55	32	1:14:39	37	07:29	24	45:55	30	200	59:26	30	230
Dan Wakefield	18-34	1:26:55	46		17:50	49			05:21	45	33:36	41	181	39:47	45	226
Graham Moyse	60-64	1:32:45	42	44			49:27	43	06:07	35	32:49	42	206			206
Martin Horman	18-34			42	20:37	44			05:57	40	35:30	38	164	44:08	40	204
Joe Godden	35-39	1:21:20	50	50			44:20	50	05:04	49			199			199
Neil Sexton	40-44				18:28	45	47:36	45	05:21	46	30:47	47	183			193
Steve Claxton	45-49	1:24:35	47	47			47:05	48	05:30	44			186			186
Howard Lewis	50-54	1:51:32	41	40	22:49	37			06:36	30	38:14	36	184			184
Geoff Scott	75+			36	32:19	27	1:16:47	36	08:41	19	49:11	28	146	1:1:02	29	175
David Heath	70-74			39	23:03	36			06:55	27	39:07	35	137	50:33	33	170
Peter Ferenczy	55-59				21:21	40			06:04	37	35:01	39	116	43:37	41	157
Lars Jansson	75+				28:02	31	1:13:30	38	08:10	21	46:24	29	119	58:36	31	150
Dion Garner	18-34								04:50	50	28:15	50	100	34:51	50	150
Nick Clayton	45-49	1:29:24	44				47:20	47			30:37	48	139			139
Alan Clasby	70-74			38			1:01:05	40	06:56	26	39:21	34	138			138
Iain Ferguson	18-34						48:32	44			31:59	45	89	39:42	46	135
Graeme Beckett	40-44			41	21:57	38							79	44:52	39	118
Andy Sorton	50-54						01:04:41	39	06:40	29	39:33	33	101			101
Simon Crouch	18-34										32:01	43	43	39:50	43	86
Keith Fraser	65-69				24:03	35			07:17	25	41:45	22	82			82
Rupert Tory	40-44	1:30:03	43						06:02	38			81			81
Ian Barnes	70-74								06:35	31			31	45:09	38	69
Graham Dennison	45-49								06:21	33			33	48:39	35	68
Khalil Ghabaee	55-59								07:50	23	42:29	31	54			54
Barry Mitchell	75+				28:56	30			07:52	22			52			52
Stephen Ogles	45-49				21:03	43							43			43
Nathaniel Willmore	18-34													41:24	42	42
Matt Robbins	40-44								05:41	41			41			41
Jack Dwyer	18-34				21:15	41							41			41
Jamie Drennan	45-49						57:27	41					41			41
David Ozanne	60-64				21:54	39							39			39
Lee Timothy	18-34								05:58	39			39			39
Mark Tiller	60-64										37:44	37	37			37
Matt East	45-49								06:06	36			36			36
Ray Lawrence	50-54													46:43	36	36
Gary Dwyer	60-64				25:14	34							34			34
Chris Cartwright	40-44													49:14	34	34
Andy Flockhart	65-69				25:29	33							33			33
Jim Cartwright	40-44								06:26	32			32			32
Dave Cartwright	70-74													51:07	32	32
Roy Williams	65-69				30:20	29							29			29
Nigel Saxon	60-64				32:17	28							28			28
James Hall	40-44								06:46	28			28			28
Robert Frampton	60-64				33:23	26							26			26
Ted Payne	70-74				33:41	25							25			25
Alwyn Dominey	70-74								08:19	20			20			20