LADIES Club Champs	Age Cat	Poole Parkrun time	Poole Parkrun points	
Lauren Baker-Little	18-34	18:25	50	
Clare Wood	40-44	20:38	49	
Jo Westhead	50-54	21:02	48	
Nicki Ream	45-49	23:58	47	
Lydia Knightjoy-Burge	35-39	23:59	46	
Penny Jarvis	70-74	24:27	45	
Emma Stephens	40-44	24:51	44	
Ginny Cave	50-54	25:01	43	
Megan Thompson	18-34	26:36	42	
Annette Mogg	65-69	26:44	41	
Jo Cleall	35-39	26:54	40	
Amanda Dennison	35-39	27:02	39	
Elizabeth Lees	60-64	28:40	38	
Jane Chandler	65-69	32:26	37	
Jo Coney-Lax	40-44	32:33	36	
Angela Brown	50-54	32:34	35	
Kate Towner	40-44	36:38	34	
Carol Walkley	50-54	37:38	33	

Mens Club Champs	Age Cat	Poole Parkrun	Poole Parkrun points	
Haydan Clarke	18-34	17:16	50	
Dan Wakefield	18-34	17:50	49	
David Wood	40-44	18:01	48	
Jim Windebank	35-39	18:14	47	
Esref Ozdemir	45-49	18:23	46	
Neil Sexton	40-44	18:28	45	
Martin Horman	18-34	20:37	44	
Stephen Ogles	45-49	21:03	43	
Dale Holland	45-49	21:13	42	
Jack Dwyer	18-34	21:15	41	
Peter Ferenczy	55-59	21:21	40	
David Ozanne	60-64	21:54	39	
Graeme Beckett	40-44	21:57	38	
Howard Lewis	50-54	22:49	37	
David Heath	70-74	23:03	36	
Keith Fraser	65-69	24:03	35	
Gary Dwyer	60-64	25:14	34	
Andy Flockhart	65-69	25:29	33	
Robert Campbell-Smith	50-54	26:55	32	
Lars Jansson	75+	28:02	31	
Barry Mitchell	75+	28:56	30	
Roy Williams	65-69	30:20	29	
Nigel Saxon	60-64	32:17	28	
Geoff Scott	75+	32:19	27	
Robert Frampton	60-64	33:23	26	
Ted Payne	70-74	33:41	25	