

11:30	Under 11 G	1500 m	2 laps of the field	Team A
11.45	Under 11 B	1500 m	2 laps of the field	Team B
12:00	Under 13 G	3000 m	1 lap of field and then 1 small lap	Team A
12:15	Under 13 B	3000 m	1 Lap of field and then small 1 lap	Team B
12:30	Under 17 M & W	5100 m	3 small course Laps	Team A
12:30	Senior Women	6600 m	4 small course Laps	Team A
13:00	Under 15 B & G	3600 m	2 small course laps	Team B
13:20	Senior Men	8600 m	1 lap of field and then 3 large laps	Team A

Team A *Pete Couch (caller) Janet Damon (writer) ParkRun Timer Back Up: - Hannah Cook*

Team B *Dave Ozanne (caller) Fiona Ferenczy (writer) ParkRun Timer Back up: - Kate Towner*

Front of Funnel *Jo Godden (Races 1 to 5)) Steve Wardman (Races 6 and 7)*

Spot Check *Josie Harris (Common to all races)*

End of Funnel *Anne Towner as writer, Howard Lewis as number caller (Common to all races)*