

Poole Runners Male Marathon PB's as at 13th Nov 2020 (set whilst a member)

| Name | Time | Year | Location |
|-----------------|---------|------|-------------|
| Sean Hogan | 2:24:07 | 2019 | London |
| Terry Cutler | 2:26:27 | 1983 | London |
| Martin Thomas | 2:29:54 | 1990 | Berlin |
| Dave Cartwright | 2:31:30 | 1995 | London |
| Len Slater | 2:31:30 | 1989 | London |
| Dave Cox | 2:33:18 | 1993 | London |
| Steve Crockford | 2:33:28 | 1989 | London |
| Martin Lewis | 2:34:03 | 2008 | London |
| George Miller | 2:34:12 | 2010 | London |
| Anthony Clark | 2:34:59 | 2014 | London |
| Ian Barnes | 2:35:29 | 1991 | London |
| Bob Stow | 2:36:46 | 1989 | London |
| Steve Claxton | 2:36:58 | 2016 | London |
| Geoff Scott | 2:37:42 | 1991 | London |
| Arthur Johns | 2:37:46 | 1998 | Lochaber |
| Mark Ball | 2:38:02 | 1997 | London |
| Mitch Mason | 2:38:10 | 1990 | New Forest |
| Pascal Bovay | 2:38:10 | 1984 | Abingdon |
| John Wilson | 2:39:06 | 1988 | Poole |
| John Roberts | 2:39:24 | 1987 | Berlin |
| Geoff Light | 2:40:23 | 1989 | London |
| Alwyn Dominey | 2:40:47 | 1988 | London |
| Ian Edwards | 2:41:02 | 1994 | London |
| Pete Etheridge | 2:41:15 | 1990 | London |
| James Baulch | 2:41:52 | 2009 | London |
| Tony Maskell | 2:43:15 | 1988 | Poole |
| Mark Minett | 2:44:32 | 1999 | London |
| Gary White | 2:45:08 | 1984 | Gloucester |
| Steve Yates | 2:45:14 | 2017 | London |
| Brian Panton | 2:45:15 | 1991 | London |
| John Willmot | 2:45:16 | 1987 | London |
| Matthew East | 2:45:48 | 2015 | London |
| Keith Long | 2:46:20 | 1998 | Abingdon |
| Chris Strange | 2:47:18 | 1982 | Bristol |
| Mark Lacey | 2:47:26 | 2002 | London |
| Derek Field | 2:47:55 | 1984 | Southampton |
| Gavin Clegg | 2:48:17 | 2004 | London |
| Kevin Dwyer | 2:48:17 | 1992 | Cherbourg |
| Dave Patrick | 2:48:58 | 2001 | Normandy |
| Haydn Morris | 2:49:09 | 1990 | London |
| Geoff Robberts | 2:49:14 | 1995 | South Coast |
| Frank Williams | 2:49:20 | 1987 | London |
| Tim Jones | 2:49:35 | 2020 | Dorney Lake |
| Paul Currah | 2:50:07 | 2019 | Manchester |
| Sid Payne | 2:50:50 | 1991 | London |
| Chris Guernier | 2:50:54 | 2001 | London |

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| | | | |
|---------------------|---------|------|-----------------|
| Chris Smithers | 2:51:05 | 1986 | Wolverhampton |
| Graham Brown | 2:51:10 | 1986 | London |
| Dave Hayes | 2:51:34 | 1987 | London |
| Mark Caldecourt | 2:52:07 | 2003 | Paris |
| Alan Hetherington | 2:52:10 | 1987 | Poole |
| Mike Derham | 2:52:14 | 1987 | London |
| Neil Sexton | 2:52:42 | 2019 | Chester |
| Jim Aylmore | 2:53:29 | 2005 | London |
| Mark Tiller | 2:54:12 | 1991 | London |
| John Cakebread | 2:54:29 | 2005 | London |
| Don Doe | 2:54:34 | 1992 | Dublin |
| John Warby | 2:55:10 | 1990 | London |
| Alan Lewis | 2:55:35 | 1999 | London |
| Rob Lane | 2:56:02 | 1985 | London |
| Graham Moyse | 2:56:32 | 2004 | London |
| Rupert Tory | 2:57:15 | 2016 | London |
| Barry Headington | 2:57:37 | 1996 | London |
| Roy Williams | 2:57:38 | 1999 | London |
| Roger Durham | 2:57:54 | 1987 | London |
| Mark Smith | 2:58:24 | 2014 | Bournemouth |
| Mike Best | 2:58:30 | 1986 | London |
| Steve Hogarth | 2:58:45 | 2002 | London |
| Graham Beavers | 2:58:46 | 1996 | London |
| Steve Lumber | 2:58:48 | 1984 | Gloucester |
| Chris Lee | 2:59:03 | 2006 | London |
| Barry Trowbridge | 2:59:08 | 2015 | Berlin |
| Melcombe Shakesheff | 2:59:08 | 1982 | Winchester |
| Dale Paget | 2:59:10 | 2008 | New Forest |
| Mike Akers | 2:59:48 | 2016 | Brighton |
| Dave Heath | 2:59:56 | 1991 | Abingdon |
| Mike Hughes | 2:59:57 | 1988 | Poole |
| Chris Stratford | 3:00:11 | 2019 | Manchester |
| Malcolm Roberts | 3:00:31 | 1989 | London |
| Roy Fry | 3:02:11 | 1990 | Flying Fox |
| Simon Lathwell | 3:02:14 | 2005 | London |
| Andy Humphrys | 3:04:13 | 2017 | Abingdon |
| Pete Couch | 3:04:23 | 1992 | New Forest |
| Reg Tiller | 3:05:01 | 1989 | New Forest |
| Ron Walmsley | 3:05:20 | 1997 | Dublin |
| Pete Hunt | 3:05:42 | 2004 | Nelspruit, S.A. |
| John Knowlton | 3:05:51 | 1985 | London |
| John McClelland | 3:06:43 | 1998 | London |
| Mick Cooper | 3:06:50 | 2015 | Brighton |
| Richard Vessey | 3:06:55 | 1990 | London |
| Tim Townsend | 3:07:10 | 1997 | London |
| Colin Somers | 3:07:57 | 2019 | Brighton |
| Steve Ogles | 3:08:13 | 2019 | Manchester |

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| | | | |
|------------------|---------|------|-------------------------------|
| John Llewellyn | 3:08:34 | 2015 | Great Welsh Marathon |
| Mike Millin | 3:09:10 | 1989 | London |
| Pete Ferenczy | 3:09:14 | 2007 | London |
| Kevin Launder | 3:09:18 | 1988 | Poole |
| Bill Day | 3:09:28 | 2017 | Kent Circuit Marathon |
| Joe Godden | 3:09:31 | 2019 | Manchester |
| Alan Gamblin | 3:09:40 | 1984 | Rome |
| Julian Jenner | 3:10:02 | 1995 | Poole |
| Bob Frampton | 3:10:07 | 1985 | Jersey |
| Ron Watters | 3:10:17 | 1987 | London |
| David Ozanne | 3:10:51 | 2012 | Dublin |
| Pete Helyer | 3:11:05 | 1988 | Dublin |
| Gerald Piper | 3:11:24 | 1990 | Poole |
| Greg Fairhall | 3:11:28 | 2019 | London |
| Dave Graham | 3:12:22 | 2018 | London |
| Roger Jarvis | 3:13:24 | 1984 | London |
| Richard Collings | 3:13:45 | 1997 | Dublin |
| Darren Lock | 3:14:02 | 2012 | London |
| John Allsopp | 3:14:08 | 1989 | New Forest |
| Pete Holland | 3:14:27 | 1994 | London |
| Mike Cook | 3:15:02 | 2001 | Abingdon |
| Mike Haskell | 3:15:06 | 1982 | London |
| Gerard Horsley | 3:15:10 | 1982 | Gloucester |
| Chris Thick | 3:15:17 | 1990 | Poole |
| Kevin Prentice | 3:15:49 | 2011 | North Dorset Village Marathon |
| Steve Daish | 3:16:16 | 2007 | Amsterdam |
| Ian Minett | 3:16:20 | 1997 | London |
| Graham Dunhill | 3:16:24 | 1987 | London |
| Barry Howells | 3:16:28 | 1994 | London |
| Matt Robbins | 3:17:20 | 2019 | Manchester |
| John Rhoden | 3:17:21 | 1990 | Cherbourg |
| Martin Seedall | 3:17:30 | 1994 | London |
| Sanjay Sharma | 3:18:46 | 2003 | London |
| Paul Downes | 3:19:12 | 2018 | Southampton |
| John Haines | 3:19:22 | 2016 | New Forest |
| Clive Brewer | 3:19:51 | 1984 | Rome |
| Mike Fleck | 3:20:04 | 2001 | London |
| Robin Pearce | 3:20:04 | 1997 | London |
| Brian Stanford | 3:20:10 | 1993 | London |
| Bob Barnett | 3:21:08 | 1999 | Dublin |
| Bruce Chapman | 3:21:10 | 1987 | Glasgow |
| Mike Towner | 3:21:16 | 1996 | Paris |
| Mike Sturme | 3:21:17 | 1985 | Wolverhampton |
| Keith Fraser | 3:21:40 | 2003 | London |
| John Towner | 3:22:04 | 2015 | London |
| Pete Ness | 3:22:04 | 1988 | London |
| Simon Hill | 3:22:07 | 1995 | Poole |

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| | | | |
|------------------|---------|------|-------------------------------|
| Martin Davis | 3:23:10 | 1989 | London |
| Darren Andrews | 3:23:35 | 2011 | London |
| Terry Sherwood | 3:24:18 | 2011 | Chicago |
| Richard Dean | 3:24:20 | 1986 | Poole |
| Jason Clarke | 3:24:33 | 2008 | New Forest |
| Matt Laishley | 3:24:48 | 2008 | London |
| Nick Clayton | 3:24:57 | 2018 | North Dorset Village Marathon |
| Tony Scott | 3:26:30 | 1985 | Gloucester |
| Jason Mumford | 3:26:54 | 2019 | Manchester |
| Richard Meston | 3:26:54 | 2015 | Bournemouth |
| Pete Guscott | 3:26:59 | 1994 | London |
| John Blackburn | 3:27:00 | 2013 | Berlin |
| Andy Palmer | 3:27:07 | 2006 | London |
| Brian Crane | 3:28:10 | 1983 | London |
| Ron Jocelyn | 3:28:10 | 1987 | London |
| Pete Hayward | 3:28:17 | 1990 | London |
| Alex Bonnet | 3:28:25 | 2014 | London |
| Denis Merciere | 3:28:40 | 2011 | London |
| Gordon Trevett | 3:29:22 | 1990 | Poole |
| Andy Warren | 3:29:42 | 1990 | Poole |
| Jon Evelegh | 3:29:53 | 2012 | Brighton |
| Malcolm Jackson | 3:29:55 | 1991 | London |
| Jack Powis | 3:30:21 | 1987 | London |
| Esref Ozdemir | 3:31:53 | 2019 | London |
| Dave Broom | 3:33:09 | 1991 | Poole |
| Denzil Beckhurst | 3:33:34 | 1992 | London |
| David Graham | 3:33:55 | 2015 | Bournemouth |
| Mark Dobbs | 3:34:01 | 2015 | Edinburgh |
| Vince Dowling | 3:35:15 | 1985 | London |
| John Dunford | 3:35:20 | 1984 | Southampton |
| Fred Greenough | 3:35:21 | 1983 | Gloucester |
| Michael Rogers | 3:35:56 | 2017 | Chester |
| Laurie Higgs | 3:36:00 | 1995 | London |
| Steve Amos | 3:36:13 | 2014 | London |
| Khalil Ghabaee | 3:36:42 | 2015 | London |
| Reinhard Lehmann | 3:36:53 | 2010 | Berlin |
| Rupert Pepper | 3:37:26 | 1999 | New Forest |
| Jack Jenkins | 3:38:05 | 1985 | Bolton |
| Bill Travers | 3:38:17 | 1985 | Glasgow |
| Rob Forster | 3:38:56 | 2014 | Bournemouth |
| Pete Cole | 3:40:55 | 1990 | Poole |
| Robin Dickens | 3:41:03 | 1994 | London |
| Roger Cross | 3:42:09 | 2008 | New York |
| Richard Worth | 3:42:38 | 1997 | London |
| Frank Taylor | 3:43:00 | 1999 | New Forest |
| Pete Portnoi | 3:44:41 | 2019 | Limassol |
| Steve Cook | 3:45:09 | 2014 | Brighton |

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| | | | |
|-----------------|---------|------|-------------------------------|
| Paul Viney | 3:45:28 | 2014 | London |
| Nigel Redman | 3:45:41 | 2019 | Southampton |
| Dale Holland | 3:46:54 | 2019 | Manchester |
| Nick Crouch | 3:48:05 | 1984 | Gloucester |
| Derek Wingrove | 3:48:19 | 2017 | Dorchester |
| Paul Ingham | 3:48:26 | 2008 | London |
| Steve Davis | 3:49:30 | 2015 | Edinburgh |
| Greg Marsh | 3:49:45 | 2011 | North Dorset Village Marathon |
| Les Wilde | 3:51:01 | 1991 | Shakespeare |
| Howard Lewis | 3:51:28 | 2007 | Loch Ness |
| Luke Wines | 3:51:28 | 2014 | London |
| Steve Fox | 3:52:10 | 2015 | London |
| David Calton | 3:52:28 | 2019 | Southampton |
| James Miles | 3:53:10 | 2010 | Brighton |
| Steve Mills | 3:53:17 | 2014 | London |
| Pete Sharman | 3:53:52 | 1984 | Birmingham |
| Roger Dearsley | 3:54:16 | 1990 | Poole |
| Mike Cheney | 3:55:07 | 2007 | Berlin |
| Artur Majewski | 3:56:22 | 2018 | Bournemouth |
| Graham Dennison | 3:57:09 | 2019 | Abingdon |
| Lars Jansson | 3:58:04 | 2009 | Berlin |
| Steve Humber | 3:58:14 | 2003 | London |
| Phil Burden | 3:58:43 | 2007 | Shakespeare |
| Pete Bessant | 3:59:39 | 1990 | Poole |
| Paul Sharman | 3:59:57 | 1984 | Birmingham |
| Melvin Brooks | 4:00:01 | 1993 | London |
| Russel Davis | 4:01:16 | 1988 | London |
| Ian Chester | 4:01:19 | 2007 | New Forest |
| Graeme Beckett | 4:09:55 | 2019 | Goodwood |
| Mike Crane | 4:10:46 | 2012 | Brighton |
| Chris Hopkins | 4:13:16 | 2001 | Dublin |
| Robert Brown | 4:13:21 | 2010 | Brighton |
| Bill Conroy | 4:13:37 | 2006 | London |
| Graham Thorne | 4:14:03 | 2014 | Brighton |
| Leif Chandler | 4:15:01 | 2015 | Bournemouth |
| Steve Wardman | 4:17:30 | 2008 | London |
| Jack Williams | 4:18:35 | 1991 | London |
| Craig Woods | 4:23:08 | 2012 | London |
| Jack Penkin | 4:26:10 | 1991 | London |
| Bill Kenyon | 4:26:30 | 1984 | Wessex |
| Thomas Hackney | 4:27:35 | 2007 | London |
| Rowan Young | 4:27:41 | 2018 | London |
| Alan Alcock | 4:28:09 | 2001 | Dublin |
| Roger Jefferies | 4:32:27 | 2003 | London |
| James Allen | 4:33:57 | 2017 | Bournemouth |
| Nick Foale | 4:34:26 | 2009 | Neolithic Marathon (off-road) |
| Mark Payne | 4:35:10 | 2018 | Rome |

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| | | | |
|------------------|---------|------|------------------------|
| Ron Skelton | 4:40:20 | 1987 | London |
| Jim Moore | 4:46:57 | 2006 | New Forest |
| Ian Lock | 4:48:52 | 2008 | London |
| Patrick Lawless | 4:49:30 | 2003 | London |
| Rob Ambrosen | 4:52:00 | 2006 | Beachy Head (off-road) |
| Ian Woolston | 4:53:33 | 2008 | South Downs (off-road) |
| Graham Maund | 4:54:15 | 2008 | London |
| Chris Cartwright | 4:55:58 | 2013 | London |
| Alan Clasby | 5:04:20 | 2013 | London |
| Andrew Ingold | 5:06:20 | 2009 | London |
| David Leabourne | 5:12:23 | 2018 | Southampton |
| Mark Way | 5:36:59 | 2013 | New Forest |
| Sean Perrin | 6:13:38 | 2017 | Giants Head (off-road) |