

# Annual Chairman's Report 2019/20

FEBRUARY

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Poole Runners

Authored by: Sean Perrin



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## Over 18s Report

Current Membership is 301

### Highlights of 2019

Dave Cartwright was ranked 1<sup>st</sup> nationally in his age category over both the 10 Mile and Half Marathon distance, and 2<sup>nd</sup> in the Marathon distance. He also represented England in the International Masters Half Marathon and will do so again in 2020.

Sean Hogan ran the London Marathon in a time of 02:24.07, beating our former club record set by Terry Cutler 36 years previously.

Robert Campbell Smith has shown that you can achieve anything, having joined us as a novice and gone on to compete in so many events for the club.

Neil Sexton achieved PBs in every traditional long distance event in 2019, with his Chester Marathon time earning him a selection to represent England as part of the England Masters Team in the Yorkshire Marathon.

Vicki Wicks achieved new PBs in races over 5 Miles, 10 Miles, Half Marathon, and Full Marathon, making her the 5<sup>th</sup> fastest female in our club history.

Sarah Swift also achieved PBs over 5km, 5 Miles, 10km, 10 Miles, Half Marathon and Full Marathon, including running both Boston and London Marathons within 13 days of each other (PBing at both!).

DRRL - Congratulations to the Ladies Team on winning the league for 2019!

### DRRL Male Age Category Awards

Nathaniel Wilmore

### DRRL Female Age Category Awards Went to the Following

Gemma Oliver

Paula Barker

Penny Jarvis

Individual Club Awards Went to Neil Sexton and Gemma Oliver

Overall, it has been a great year for the Seniors and a big congratulations once again to the Ladies Team.

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## **Under 18s Report**

**Current Membership 64**

### **Highlights of 2019**

**Jenson Ogles beat the former club record for High Jump and represented Dorset at the English Schools Championships, plus Beth Cooper became Dorset County High Jump Champion. Both only took up the High Jump at the start of the season!**

**George Fleurie also set a new club record for Long Jump and was selected to represent Dorset at numerous competitions.**

**Three of our U18 athletes have been chosen to represent Dorset at the English School National Cross Country Championships in Liverpool next month, with more also representing Dorset at the Inter-Counties Championships in Loughborough later in March.**

**Overall the U18s has grown from strength to strength over the last 18 months. A big thanks to Rupert for coming on board, plus Kate Somers, Jo Brodie, Morgan Smith, and Helen Kimber and all the Coaching Team and Volunteers who have ensured that the U18s are moving forward.**

**The plan for 2020 is to look at improving the structure around training sessions and supporting the growth of the Coaching Team and Volunteers**

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# Final Thoughts

The Club is moving in the right direction but this can only happen with the ongoing support of all of you. We had a successful PFOR in 2019, raising thousands of pounds for Poole Hospital Charity, and the planning for 2020 is well underway. We are now in a transition period to ensure the event's handover for 2021 and a big thank you to James Skipworth who is supporting the club with this.

Broadstone Quarter – Once again, this event went ahead successfully, raising money for the YMCA. Thank you to Sarah Swift who organised this as well as successfully hosting a Wessex League Cross Country match in 2019 at Lytchett School.

Upton Summer Series - Another successful Summer Series was organised by Mike Towner and the many Volunteers who helped him make it happen. Plans are already in full swing for 2020's events!

Couch to 5km – Esther and the team once again led two very successful Couch to 5km programs, getting many more members of our community 'off the couch' and running. Thanks to the team for their ongoing enthusiasm and commitment.

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***A Final Thank You to the following:  
Firstly, thank you to the Committee who have supported me  
throughout a difficult year.***

***Colin Somers (PFOR and so much more)***

***James Skipworth (PFOR)***

***Paul Currah (PFOR)***

***Mike Towner (DRRL Presentation and much more)***