

Wednesday Meet 7.00pm Broadstone Sports Centre

Sunday Club Run starts 8.30am. Also Poole Quay most Sundays for a road run, see club FB page.

CCR Club Championship Road **CCOR** Club Championship Off Road

DRRL Dorset Road Race League **DCC** Dorset County Championship

v1

January

Weeks to London Marathon

Wed.	1st	Broadstone Quarter marathon DRRL	
Sun.	5th	Corfe Castle, meet at layby at the foot of Corfe Castle. Wessex League XC Yeovil.	16
Wed.	8th	Millen 10	
Sat.	11th	Hants league XC - Reading	
Sun.	12th	Wimborne, meet at QE sports. Swanage 10k	15
Wed.	15th	Bear cross	
Sun.	19th	Wareham Forest, meet at Purbeck sports.	14
Wed.	22nd	Hamworthy	
Sat.	25th	South of England XC - Parliament Hill	
Sun.	26th	Littledown, meet at Littledown sports. Romsey 5, Stonehenge Stomp 25m	13
Wed.	29th	Guerrier	

February

Sun.	2nd	Purbeck run (8.20am Ferry), Blackmore Vale Half CCR DRRL	12
Wed.	5th	Wimborne	
Sat.	8th	Hants league XC - Popham	
Sun.	9th	Wareham Forest, meet at Purbeck sports. Lytchett 10 DRRL	11
Wed.	12th	Figure of 8	
Sun.	16th	Wimborne, meet at QE sports.	10
Wed.	19th	Millen 10	
Sat.	22nd	National XC - Wollaton Park	
Sun.	23rd	Hamworthy Club, Magna road. Bournemouth 10, Wokingham half marathon.	9
Wed.	26th	Bear Cross	

March

Sun.	1st	Corfe Castle, meet at layby at the foot of Corfe Castle. Wimborne 20 CCR	8
Wed.	4th	Hamworthy	
Sun.	8th	Wareham Forest, meet at Purbeck sports.	7
Wed.	11th	Guerrier	
Sun.	15th	Wimborne, meet at QE sports. Bath and Fleet half marathons, Weymouth 10k.	6
Wed.	18th	Wimborne	
Sat.	21st	Rhayader 30k	
Sun.	22nd	Littledown, meet at Littledown sports. Eastleigh 10K	5
Wed.	25th	Figure of 8	
Sun.	29th	Ferndown, meet at Ferndown Sports. BST starts - clocks back 1hr, Salisbury 10	4

April

Wed.	1st	Upton House - part, start of summer runs - sunset 7.41pm	
Sun.	5th	Corfe Castle, meet at layby at the foot of Corfe Castle. Manchester marathon.	3
Wed.	8th	Corfe Mullen	
Sun.	12th	Wareham Forest, meet at Purbeck sports.	2
Wed.	15th	Canford Heath	
Sun.	19th	Littledown, meet at Littledown Sports. Marnhull 12K CCR DRRL , Brighton marathon.	1
Wed.	22nd	2 Bridges	
Sun.	26th	Wimborne, meet at QE sports. Southampton marathon.	London Marathon
Wed.	29th	Stoney Down	

May

Sun. 3rd Corfe Castle, meet at layby at the foot of Corfe Castle. NDV marathon **DRRL** and relay