

First Name	Last Name	Club	Age
Amanda	Adams	DORSET DODDLERS RC	41
Samantha	Adkins	Lytchett Manor Striders	31
Gareth	Alan-Williams	Twemlow Track Club	43
Chris	Alborough	Poole AC	31
Francesca	Alford	Royal Manor Of Portland AC	32
Gill	Allen	Wimborne AC	55
Trudy	Allen	Purbeck Runners	42
Helen	Ambrosen	Bournemouth AC	63
Trevor	Ames		57
Matthew	Ames	Egdon Heath Harriers	42
Dawn	Andrews	Lytchett Manor Striders	33
Tom	Andrews	Lytchett Manor Striders	32
Marian	Arnott-Weeks	Royal Manor Of Portland AC	71
Simon	Arthur	Egdon Heath Harriers	44
Nigel	Arthur	Egdon Heath Harriers	68
Mark	Ashby	Littletdown Harriers	53
Janet	Ashby		52
Linda	Ashmore	Egdon Heath Harriers	73
Louise	Austin	Littletdown Harriers	42
Suzanne	Avey		50
Matthew	Bacon	Royal Manor Of Portland AC	42
Patrick	Bailey	Littletdown Harriers	37
Jason	Bailey	Lonely Goat RC	50
Charlotte	Banyard		49
Stuart	Bareham	Lonely Goat RC	40
Victoria	Barnett	Egdon Heath Harriers	39
Phil	Barrett	Lonely Goat RC	36
Jamie	Barrington	Egdon Heath Harriers	16
Cassie	Bascombe		44
Julie	Bassett	Bournemouth Joggers	37
Geoff	Bates	Westbourne R C	42
Jonathan	Bayliff	Royal Manor Of Portland AC	63
Donna	Beamish		59
Johnny	Beare	Egdon Heath Harriers	58
Julie	Belshaw	South West Road Runners	48
Greg	Bemment	Purbeck Runners	63
Elizabeth	Bemment	Purbeck Runners	32
Mark	Bennett	Egdon Heath Harriers	45
Maxine	Bennett	Littletdown Harriers	57
Pete	Bessant	runblandford	58
Sandra	Bessant		57
James	Bewley	Victoria Park Harriers and Tc	36
Lorenzo	Bianchi	Wimborne AC	29
Neil	Bichard		57

Alex	Bidwell	Fareham Crusaders Running	48
Lisa	Bisset	Lytchett Manor Striders	48
Louise	Blakeley	Westbourne R C	51
Scott	Blakeway	Littledown Harriers	34
Victor	Blow		73
Simon	Blundell	Littledown Harriers	44
Matthew	Bosanquet	Lytchett Manor Striders	47
Rick	Bovill		61
Steve	Bowers		34
Lisa	Bowyer	Lytchett Manor Striders	37
Ines	Braun	DORSET DODDLERS RC	52
Jon	Braund	Wimborne AC	59
Stephen	Bridger	Purbeck Runners	56
Samia	Bristow		44
Glenn	Bristow		46
David	Broadley	Poole AC	38
William	Brodie	Poole Runners	17
Nigel	Brooke	Poole AC	53
Matt	Brooker	Lytchett Manor Striders	44
Joanne	Brookes	Dorchester RIOT	45
Kris	Brooks		42
Jim	BROOM	Gillingham Trotters	55
Lynn	Broom	Gillingham Trotters	51
Joanna	Brown	Poole AC	39
Jim	Brumfield	Egdon Heath Harriers	75
Van	Bryant	Egdon Heath Harriers	48
Paul	Bullimore	Egdon Heath Harriers	46
Charlotte	Bunch	Poole Runners	26
Tina	Burden		34
Guy	Burdett	Littledown Harriers	41
Anton	Burns		53
Lewis	Burt		36
Jenny	Burt		36
Lee	Burton		28
Anna	Butler	runblandford	40
Nathalie	Byrnes		33
Bruce	Campbell	Egdon Heath Harriers	52
Stella	Campbell	Egdon Heath Harriers	40
Emma	Caplan	Bournemouth AC	44
Mike	Carhartharris	Wimborne AC	40
Roy	Carr	Poole AC	29
Delia	Carr	Dorchester RIOT	39
Shelley	Carter		34
Hugh	Carter	Egdon Heath Harriers	61
Juliet	Champion	Poole AC	40
Nicola	Chapman	Egdon Heath Harriers	54

Paul	Chapman	Twemlow Track Club	40
Zodwa	Chasokela	Purbeck Runners	63
Jacek	Cieluszecki	Bournemouth AC	42
Anthony	Clark	Bournemouth AC	47
Sarah	Clark	Lytchett Manor Striders	33
Pete	Clarke	Weymouth St Pauls Harriers	75
Stephen	Clarke	Royal Manor Of Portland AC	65
Andy	Clements	Poole AC	60
Anthony	Clewes	Littledown Harriers	52
Peter	Collins	Lytchett Manor Striders	50
Neil	Comley		45
Michelle	Coney	Lytchett Manor Striders	34
Luke	Conroy		32
Bryan	Convery	Lytchett Manor Striders	73
Collette	Convery	Lytchett Manor Striders	55
John	Cook	Egdon Heath Harriers	62
Steve	Cook	Twemlow Track Club	49
Judith	Coole	Westbourne R C	49
Jason	Cooper	Purbeck Runners	51
Roger	Cooper	Lytchett Manor Striders	62
Jonathan	Cooper	Egdon Heath Harriers	34
Darryl	Corbin-Jones	Westbourne R C	37
Mary	Corrigan	Littledown Harriers	58
Gail	Coverley	Egdon Heath Harriers	65
Michael	Crane	Poole AC	36
Neil	Cranidge	DORSET DODDLERS RC	53
Edward	Crawley	Lytchett Manor Striders	32
Kamil	Dabrowski	Littledown Harriers	22
Aimee	Dallisson		31
Glyn	Davies	Wimborne AC	68
James	Davies	Littledown Harriers	35
Clare	Dawes	Lytchett Manor Striders	41
David	Dawson		56
Kris	Dawson		34
Jacqui	Devereux		48
Ann	Deverill	Poole AC	55
James	Dibben	Wimborne AC	40
Philip	Dickson		29
Ian	Diffey	Lytchett Manor Striders	36
Guy	Dix		51
Nicky	Dix		49
Alexandra	Door	Egdon Heath Harriers	34
Robert	Doubleday	Poole AC	37
Linda	Dowell	Christchurch Runners	64
Luke	Dowsett	Littledown Harriers	22
Kevin	Drayson	Westbourne R C	36

Oliver	Drew	Poole AC	35
Matthew	Du Cros	Bournemouth AC	26
Paul	Duffy		54
Kevin	Dwyer	Hamworthy Harriers	70
Terry	Dyke	Purbeck Runners	57
Tom	East	Poole Runners	22
Matt	East	Poole Runners	46
Susie	Elliott	Littledown Harriers	56
Sarah	Ellis	Westbourne R C	47
Jane	England	runblandford	54
Sue	Evans	Bournemouth Joggers	66
Mark	Evans	Egdon Heath Harriers	37
Barry	Evans	Lytchett Manor Striders	40
Carla	Evans	Lytchett Manor Striders	40
Kirsty	Eveleigh	Dorchester RIOT	32
Mark	Everett	Littledown Harriers	37
Steve	Fakley		51
Brian	Fields	Egdon Heath Harriers	52
Aislin	Fields	Egdon Heath Harriers	20
Michael	Fleck	Lytchett Manor Striders	60
Adam	Foote	Egdon Heath Harriers	32
Graham	Foster	Egdon Heath Harriers	38
vincent	fowler	Littledown Harriers	49
Joan	Fox	Bournemouth Joggers	71
Kim	Fudge	Egdon Heath Harriers	52
Jim	Fudge	Egdon Heath Harriers	57
Richard	Gale		37
Lizzie	Galloway	Poole AC	32
Tim	Gamston		53
Ian	Garlinge		54
Dion	Garner		26
Phil	Gilbertson		43
Leila	Gilbertson		42
Charlotte	Gilley		37
George	Goldie		34
Liz	Goldsack	Purbeck Runners	53
Steve	Goodman	Littledown Harriers	38
Julie	Gosling	Wimborne AC	61
Alexander	Goulding	Bournemouth AC	45
Jack	Graham	Lytchett Manor Striders	28
Teresa	Graham	Lytchett Manor Striders	55
Ian	Graham	Bournemouth AC	72
Teresa	Green	Egdon Heath Harriers	43
Martin	Grimsdale	Purbeck Runners	65
David	Grove	Chichester Runners & AC	62
Darren	Grummitt	Egdon Heath Harriers	55

Barbara	Hackworthy	Bridport Runners	64
Phil	Haddrell	Weymouth St Pauls Harriers	51
Lorna	Haines	Purbeck Runners	55
Gareth	Hale	Poole AC	35
James	Hall	Poole Runners	40
Marilyn	Hallett		72
John	Hallett		78
Andy	Hannaford	Tamar Trotters	43
Belinda	Harding	Victory AC	60
Sarah	Harding	Wimborne AC	52
Andy	Harris	Egdon Heath Harriers	43
Christine	Hart-Burke	Purbeck Runners	62
Claire	Harvey	Lytchett Manor Striders	46
Lucy	Harvey	Lytchett Manor Striders	16
David	Hatch		73
Adam	Hauser	Lonely Goat RC	34
Scott	Hawkins	Littledown Harriers	28
Niall	Hawkins	Bridport Runners	41
Damian	Hayward	Royal Manor Of Portland AC	50
Nigel	Haywood	Purbeck Runners	64
Richard	Hazelgrove	Royal Manor Of Portland AC	41
Stuart	Hazell		54
Nigel	Helm	Lytchett Manor Striders	43
Adne Nesje	Hernes		17
Mike	Herrin	Dorchester RIOT	51
Olivia	Hetreed	Egdon Heath Harriers	58
Debbie S	Hewitt	Egdon Heath Harriers	54
Sandra	Hewson	Westbourne R C	49
Dave	Hicks	Poole AC	46
Bill	Hicks	Royal Manor Of Portland AC	78
Kim	Higgins		42
Jody	Higham	Egdon Heath Harriers	41
Paul	Hilton	Lytchett Manor Striders	29
Juliette	Hine	Lytchett Manor Striders	40
Jason	Hoad	Egdon Heath Harriers	46
Stephen	Hogarth	Poole AC	60
Jo	Holland	runblandford	44
Ade	Holloway	Wimborne AC	60
Trevor	Holloway	Lonely Goat RC	46
Andy	Horsley	Wimborne AC	53
John	Howarth		53
Richard	Hoyle		61
Mike	Hoyle		32
Martin	Hudson	Littledown Harriers	64
Susan	Huggins		57
Cedric	Hughes	Gillingham Trotters	71

Patrick	Hurst	DORSET DODDLERS RC	36
David	Hurst	DORSET DODDLERS RC	53
Jamie	Ings		32
Naomi	Ings		29
Andrew	Isaac	Littletdown Harriers	38
Patrick	Jackson	Poole AC	49
Suzanne	Janes	Littletdown Harriers	35
Andrew	Jardine	Egdon Heath Harriers	39
Peter	Jeffery	Gloucester AC	55
Emma	Jeffery	Gloucester AC	46
Lucy	Jeffery	Gloucester AC	16
Jacqueline	Jenkins	Littletdown Harriers	77
Gamston	Jo		51
Helen	Jolliffe	Egdon Heath Harriers	45
David	Jones	Twemlow Track Club	43
Kelsey	Jones	Lytchett Manor Striders	22
Tim	Jones	Poole Runners	42
Rob	Jones	Zoom Tri Club Bournemouth	44
Rob	Jones	Littletdown Harriers	40
Emma	Jones	Poole AC	47
Paul	Jones	Lonely Goat RC	46
Andy	Joyce		63
Barry	Julyan		46
Clare	Julyan	Lonely Goat RC	47
Joanne	Kain	Gillingham Trotters	47
Wendy	Kennedy	Wimborne AC	56
Mark	Kennedy	Poole AC	60
Jim	Kerr	Littletdown Harriers	69
Heather	Khoshnevis	Bournemouth AC	59
Gary	Kilminster		39
Fern	Kimber	Poole Runners	17
Maggie	Kirk	New Forest Runners	71
Jud	Kirk	Bournemouth AC	61
Matt	Kirkham		47
Chris	Lane	Littletdown Harriers	64
Gary	Last	Royal Manor Of Portland AC	39
Bobbie	Lawrence	Littletdown Harriers	39
Derek	Lea		60
LAURA	LEE	runblandford	46
Liz	Lees		61
Nigel	Legg	DORSET DODDLERS RC	48
Diana	Leggott	Lonely Goat RC	46
Andy	Leggott	Lonely Goat RC	37
Claire	Lever		38
Alan	Lewis	Purbeck Runners	69
Stephen	Littlecott	Lytchett Manor Striders	64

Steve	Lock		53
Lea	Lohk	Lytchett Manor Striders	58
GARETH	LONNEN		50
Hayley	Luke		50
Hazel	Mack		52
KERRY	MAPP	Wimborne AC	59
Ron	Margetts		68
Craig	Marsh	Christchurch Runners	51
Julia	Marsh	Christchurch Runners	51
Andrea	Marshall	Lytchett Manor Striders	52
Sarah	Martin	Hedge End Running Club	45
Rebecca	Martin	Lytchett Manor Striders	40
Helen	Martin	runblandford	49
Chris	Martin	runblandford	52
Hannah	Martyn	Egdon Heath Harriers	29
Heather	Mason	Egdon Heath Harriers	71
Neil	Masterman	Poole AC	46
Colette	Maunder	Gillingham Trotters	52
James	McComish		42
Lucy	McLellan	Gillingham Trotters	35
Tina	Mercer	Wimborne AC	49
Rich	Meston	Twemlow Track Club	43
Ian	Middlebrook	Egdon Heath Harriers	55
Jon	Middleton		40
Graeme	Miller	Bournemouth AC	48
Trisha	Mills	Poole AC	62
Andrew	Mills	Poole AC	62
Steve	Mills	Lonely Goat RC	55
Simon	Moore	Lytchett Manor Striders	36
Daniel	Moors	Poole AC	41
Scott	Mordew	Lytchett Manor Striders	41
John	Morris	Lytchett Manor Striders	59
Steve	Moss	Teesdale AC	61
Caroline	Moss	Teesdale AC	62
Andrew	Moss	North Dorset Triathlon Club	30
Paul	Munford	Dorchester RIOT	45
Hamish	Murray	Purbeck Runners	66
Rob	Murray	Purbeck Runners	38
Lewis	Mutton	Lytchett Manor Striders	27
David	Neal	Poole AC	63
Liz	Neil		42
Simon	Neil		41
Richard	Nelson	Bournemouth AC	47
Heather	Nethercott	Lytchett Manor Striders	54
Steve	Nethercott	Lytchett Manor Striders	53
Pedro	Neves		22

Billy	Nixon		51
Steven	Noble	Egdon Heath Harriers	31
Julia	Noone	Purbeck Runners	51
Tim	North		50
Maria	Núñez	Poole Runners	47
Susan	O'Flanagan	Weymouth St Pauls Harriers	59
Holly	O'Flanagan	Weymouth St Pauls Harriers	22
Helen	O'Neile	Bournemouth AC	29
Bill	Oakley	Lytchett Manor Striders	50
Jayne	Offer	Poole AC	54
andrew	olden	Wimborne AC	49
Ali	ONeill		53
Liam	Openshaw	Poole AC	16
Richard	Orme	Egdon Heath Harriers	69
Mark	Ormonde	Lytchett Manor Striders	41
Martin	Orr	Lytchett Manor Striders	66
Sarah	Orr	Wimborne AC	48
Julie	Orton	Royal Manor Of Portland AC	29
Ian	Osborne	DORSET DODDLERS RC	53
James	Ozmond	Littletdown Harriers	44
Mark	Packer	Littletdown Harriers	50
Virginia	Palmer		50
Craig	Palmer	Bournemouth AC	34
Fleur	Parker	Egdon Heath Harriers	44
Nathan	Parker		45
David	Parker	Littletdown Harriers	54
James	Parnall		52
Ken	Parradine	Littletdown Harriers	76
Geoff	Parrott	Westbourne R C	73
David	Parsons	Bournemouth AC	70
Sean	Patrick	runblandford	42
Donna	Pearce	Lytchett Manor Striders	44
Louise	Perry		33
Justin	Perry	DORSET DODDLERS RC	47
Alan	Pickering		69
Louise	Porter		40
Andy	Porter	Wimborne AC	48
Gillian	Potter	Lonely Goat RC	48
Emma	Prianes		43
Louise	Price	Bournemouth AC	51
Dan	Prince		38
Ben	Print	Lytchett Manor Striders	48
Keith	Pullen	Egdon Heath Harriers	62
Lee	Pullen	Lytchett Manor Striders	37
mark	pulling		49
Kate	Rabjohns		57

Heather	Ramsay	Royal Manor Of Portland AC	42
Michelle	RAYMOND		53
Jane	Reader		56
Ian	Reeves		45
Ben	Renshaw	Bridport Runners	38
Nick	Reynolds	DORSET DODDLERS RC	40
Tom	Rigby	Royal Manor Of Portland AC	36
Steven	Rigby	Twemlow Track Club	36
Anthony	Rimmer	Egdon Heath Harriers	48
Jason	Robbins		50
John	Robinson	Egdon Heath Harriers	55
Phillipa	Rolle	Lytchett Manor Striders	29
Diane	Ruffle	Bournemouth Joggers	61
Andrew	Rumsey	Littledown Harriers	46
Paul	Russell	DORSET DODDLERS RC	46
David	Rustell	Lytchett Manor Striders	59
Emma	Sadiwskyj-Frewer	Wimborne AC	39
Steven	Sadler	Lytchett Manor Striders	62
Nicky	Sadler	Lytchett Manor Striders	49
Mark	Salmon	Egdon Heath Harriers	47
Claire	Scammell	Wimborne AC	45
John	Scheepers		45
geoffrey	scott	Poole Runners	74
John	Scott	Wimborne AC	60
Joel	Scragg	Egdon Heath Harriers	39
Kelly	Seddon		35
Michael	Seddon		37
Peter	Seddon		67
Marian	Seddon		65
Neil	Sexton	Poole Runners	42
Lindsey	Shannon		54
Julie	Shepherd-Walwyn		51
Rich	Shirley		31
Lita	Short	Poole Runners	18
Clare	Siakich		46
Daniel	Skakich	runblandford	47
Gemma	Skinner	Bournemouth Joggers	36
Nicola	Slater		49
Adam	Slater	Bridport Runners	40
Amanda	Smart	Lonely Goat RC	56
Beverley	Smith	Egdon Heath Harriers	45
Michael	Smith	Weymouth St Pauls Harriers	57
Christopher	Smith		63
Martin	Smith	Dorchester RIOT	46
Bruno	Smith		55
Rachel	Smith-Harrison	Littledown Harriers	43

Trevor	Snoxell		63
joanna	snoxell		56
Isabelle	Somers	Poole Runners	17
Kirsty	Southern		41
Chris	Sparkes	Littledown Harriers	51
Jon	Spear	Twemlow Track Club	47
Andrew	Spencer	Altrincham & District Athleti	44
Andy	St Quintin	Wimborne AC	40
James	St Quintin		45
Clare	Stainer		48
Caroline	Stanzel	Poole Runners	29
Alexandra	Stevens	Littledown Harriers	58
Caron	Stevens	Royal Manor Of Portland AC	60
Mark	Stockman	Dorchester RIOT	43
David	Stokes	Littledown Harriers	58
Steve	Stone	Dorchester RIOT	46
Zoe	Stonhold		37
James	Storey	Poole AC	71
chris	stratford	Poole Runners	40
Andrew	Stratton	Egdon Heath Harriers	65
Graeme	Stringer	Christchurch Runners	72
Katie	Sturgeon		27
Richard	Summers		55
Nick	Summons	DORSET DODDLERS RC	47
Sarah	Swift	Poole Runners	49
Richard	Swindlehurst	Twemlow Track Club	50
Catherine	Swindlehurst		58
Sharon	Taylor	Littledown Harriers	50
Mike	Teasdale		46
Roger	Teasdale	DORSET DODDLERS RC	44
Barry	Telling	Littledown Harriers	61
Mike	Terry	Littledown Harriers	69
Julia	Terry		39
Sarah	Tetley	runblandford	47
Julian	Thacker	Egdon Heath Harriers	49
Caroline	Thomas	Poole AC	43
Rob	Thomas	Purbeck Runners	40
Alison	Thompson	Egdon Heath Harriers	50
Alex	Thompson	Lytchett Manor Striders	45
Liny	Thorpe		39
Helen	Timms	Dorchester RIOT	51
Gary	Tissington	Poole AC	37
Karen	Townley	Lytchett Manor Striders	46
Louise	Ujvari		34
Marc	Ujvari		37
Madelene	Vaughan-Johncey	Poole AC	27

Laura	Waddilove	Royal Manor Of Portland AC	31
Kelvyn	Ward		67
Steve	Wash		70
Allan	Watt	Lonely Goat RC	57
Steve	Way	Bournemouth AC	45
Mark	Way	runblandford	54
Ross	Webb	Lonely Goat RC	32
Rob	Weekes		59
Paul	Welch	Egdon Heath Harriers	29
Jan	Wharmby	Lytchett Manor Striders	58
David	Whiddon	Lytchett Manor Striders	46
Norman	White	Weymouth St Pauls Harriers	77
Ian	White	Bournemouth AC	49
Samantha	White	Bournemouth AC	50
Paul	Whitty	Bournemouth AC	58
Rob	Wickham	Poole AC	52
Carl	Wicks		32
David	Wild	Wimborne AC	70
Simon	Wildbur	Poole AC	41
Paul	Wilding	Lytchett Manor Striders	59
Stephen	Wiles	Egdon Heath Harriers	40
Anna	Wiles	Royal Manor Of Portland AC	32
John	Wiles	Weymouth St Pauls Harriers	32
Amy	Wiles	Egdon Heath Harriers	32
Lee	Wilkins		29
Stephen	Williams	Littletdown Harriers	38
Helen	Williams		55
Nicholas	Willis	Lonely Goat RC	46
Nathaniel	Willmore	Poole Runners	18
David	Wilson	Littletdown Harriers	54
Steve	Wilson		35
Debbie	Wiltshire	Dorchester RIOT	61
Geoff	Wiltshire	Dorchester RIOT	36
Emily	Wiltshire	Dorchester RIOT	35
Jim	Windebank	Poole Runners	36
Georgia	Wood	Bournemouth AC	29
Stephanie	Woods	Dorchester RIOT	29
Dale	Woolley	Royal Manor Of Portland AC	45
Pauline	Worrall	Bournemouth Joggers	60
Gary	Worsley	Littletdown Harriers	53
Stephen	Wright		32
Tim	Yorke		60