

Poole Runners Best times in the 2019 Upton Series

Name	USS Category	Best Time
BUNCH, Charlotte	Female 18 to 39	00:23:53
OLIVER, Gemma	Female 18 to 39	00:24:05
FORSTER, Susie	Female Junior 14 to	00:24:29
SHORT, Lita	Female 18 to 39	00:24:37
PHILLPOTTS, Katie	Female 18 to 39	00:25:08
SHAW, Sharon	Female 45 to 49	00:25:26
SHYLOCK, Izabala	Female 18 to 39	00:25:46
WESTHEAD, Joanna	Female 45 to 49	00:26:14
PHILLPOTTS, Katie	Female 18 to 39	00:26:16
SWIFT, Sarah	Female 45 to 49	00:26:21
GUNN, Alison	Female 18 to 39	00:26:45
COOK, Hannah	Female 18 to 39	00:27:19
HOCKING, Megan	Female 18 to 39	00:27:27
Francesca	Female 40 to 44	00:27:53
COX, Emily	Female 18 to 39	00:28:09
TIDBURY, Lucy	Female 18 to 39	00:28:11
HOWSE, Claudia	Female 50 to 54	00:28:29
GREEN, Stephanie	Female 18 to 39	00:28:37
BARRET, Sarah	Female 70 to 74	00:28:37
SHORE, Emma	Female 40 to 44	00:28:58
TUCK, Sarah	Female 18 to 39	00:29:00
COOPER, Kirsty	Female 40 to 44	00:29:07
MOGG, Annette	Female 60 to 64	00:29:17
COTTON, Roxy	Female 18 to 39	00:29:24
BERENYI, Bethany	Female 18 to 39	00:29:53
CORNWELL, Laura	Female 40 to 44	00:30:21
REAM, Nicki	Female 45 to 49	00:30:22
HARRIS, Josie	Female 18 to 39	00:30:32
CLEALL, Joanne	Female 18 to 39	00:30:54
AMOS, Kelly	Female 18 to 39	00:30:57
DOWNES, Esther	Female 18 to 39	00:31:04
PRESTON, Mel	Female 40 to 44	00:31:09
CRAIG, Hilary	Female 45 to 49	00:31:21
CHEN, Ronnie	Female 18 to 39	00:31:26
SMART, Frankie	Female 40 to 44	00:31:30
WINDEBANK, Kate	Female 18 to 39	00:31:47
DENNISON, Amanda	Female 18 to 39	00:31:49
LAW, Faye	Female 18 to 39	00:31:55
THOMPSON, Megan	Female 18 to 39	00:31:57
LIVERMORE, Emma	Female 40 to 44	00:32:20
CONY-LAX, Joanne	Female 18 to 39	00:32:31
FRAMPTON, Marion	Female 55 to 59	00:32:43
GOUTHRO, Mary	Female 45 to 49	00:32:56
HARRISON, Rebecca	Female 18 to 39	00:33:34
WILLIAMS, Felicity	Female 18 to 39	00:33:37
ATAK, Angelique	Female 45 to 49	00:34:06
STEAN, Jackie	Female 45 to 49	00:34:13
WHITE, Martine	Female 45 to 49	00:34:14
TAGHAVI, Firuze	Female 40 to 44	00:34:37
WILKINSON, Tania	Female 50 to 54	00:35:29
OZANNE, Maria	Female 55 to 59	00:36:04
CHANDLER, Jane	Female 60 to 64	00:36:37
EVANS, Leah	Female 18 to 39	00:39:13
TOWNER, Kate	Female 40 to 44	00:42:36
TRENT, Claire	Female 45 to 49	00:47:54

Name	USS Category	Best Time
WILLMORE, Nathaniel	Male Junior 14-17	00:20:21
TOWNER, John	Male 18 to 39	00:20:29
SEXTON, Neil	Male 40 to 44	00:20:57
LUKE, Ian	Male 40 to 44	00:21:03
SNOOK, Ed	Male 18 to 39	00:21:10
HOWSE, Andy	Male 50 to 54	00:21:12
CLAXTON, Steve	Male 40 to 44	00:21:14
GODDEN, Joe	Male 18 to 39	00:21:23
BRODIE, William	Male Junior 14-17	00:21:28
MARSHALL, Thomas	Male 18 to 39	00:21:44
TORY, Rupert	Male 40 to 44	00:22:05
WINDEBANK, Jim	Male 18 to 39	00:22:18
BECKETT, Graeme	Male 40 to 44	00:22:24
MORRIS, Stuart	Male 40 to 44	00:22:28
KNOTT, Graham	Male 40 to 44	00:22:30
STRATFORD, Chris	Male 18 to 39	00:22:33
OZDEMIR, Esref	Male 45 to 49	00:22:49
EAST, Matthew	Male 45 to 49	00:22:58
JONES, Tim	Male 40 to 44	00:23:07
MOYSE, Graham	Male 55 to 59	00:23:10
HOLLAND, Dale	Male 40 to 44	00:23:14
MUMFORD, Jason	Male 45 to 49	00:23:17
FERENCZY, Peter	Male 55 to 59	00:23:49
SMALL, Jake	Male Junior 14-17	00:23:58
CARTER, Steven	Male 18 to 39	00:24:05
FROUD, Darrell	Male 18 to 39	00:24:05
NEWBURY, Gavin	Male 18 to 39	00:24:10
BURTON, Paul	Male 40 to 44	00:24:15
MOLYNEAUX, Daniel	Male 18 to 39	00:24:42
FOX, Steve	Male 50 to 54	00:24:42
GODDEN, James	Male 18 to 39	00:24:44
DWYER, Jack	Male 18 to 39	00:24:53
BARNES, Ian	Male 70 to 74	00:25:16
LEWIS, Howard	Male 45 to 49	00:25:25
MILLS, Rob	Male 50 to 54	00:25:32
OZANNE, David	Male 55 to 59	00:25:42
TROWBRIDGE, Barry	Male 18 to 39	00:25:43
CARTWRIGHT, Jim	Male 18 to 39	00:26:07
EDWARDS, Ian	Male 55 to 59	00:26:30
HAUGHEY, Terry	Male 65 to 69	00:26:35
CLASBY, Alan	Male 65 to 69	00:26:36
DENNISON, Graham	Male 40 to 44	00:26:41
FRASER, Keith	Male 65 to 69	00:26:51
BROWN, Robert	Male 50 to 54	00:27:11
AMOS, Steve	Male 18 to 39	00:27:15
DWYER, Gary	Male 55 to 59	00:27:29
SORTON, Andy	Male 45 to 49	00:27:34
MAJEWSKI, Artur	Male 18 to 39	00:27:47
DRIVER, Ian	Male 60 to 64	00:28:07
HEATH, David	Male 65 to 69	00:28:13
GEDGE, Patrick	Male 50 to 54	00:28:22
GHABAE, Khalil	Male 55 to 59	00:28:27
SHORE, Martin	Male 45 to 49	00:28:43
FLOCKHART, Andrew	Male 60 to 64	00:29:13
FRAMPTON, Robert	Male 55 to 59	00:29:20
JANSSON, Lars	Male 70 to 74	00:29:51
PAYNE, Ted	Male 65 to 69	00:30:09
DAVIS, Steve	Male 50 to 54	00:30:49
CROSS, Roger	Male 55 to 59	00:31:13
SOMERS, Charlie	Male Junior 14-17	00:31:29
WOOD, Richard	Male 40 to 44	00:31:42
WILLIAMS, Roy	Male 60 to 64	00:32:02
SCOTT, Geoffrey	Male 70 to 74	00:33:17
Robert	Male 50 to 54	00:34:09
MITCHELL, Barry	Male 75 plus	00:34:34
HANCOCK, Jason	Male 45 to 49	00:40:24
TURNER, Les	Male 60 to 64	00:53:19