

2019 Upton Summer Series Age Category Winners

1st Overall Female from Ind Intelligent Fitness was Imogen Tanner

1st Overall Male Lytchett Manor Strider was Lee Dempster

1st	Female 14-17	Ind Intelligent Fitness	Imogen	TANNER
2nd	Female 14-17	Poole Runners	Susie	FORSTER

1st	Female 18-39	Poole Runners	Gemma	OLIVER
2nd	Female 18-39	Poole Runners	Lita	SHORT

1st	Female 40-44	Lytchett Manor Striders	Judith	VLAARKAMP
2nd	Female 40-44	Poole AC	Lesley	MOORE

1st	Female 45-49	Westbourne Running Club	Sarah	ELLIS
2nd	Female 45-49		Carrie	CLARK

1st	Female 50-54	Hamworthy Harriers	Sarah	CHALONER
2nd	Female 50-54	Poole AC	Jayne	OFFER

1st	Female 55-59		Helen	LEWIS
2nd	Female 55-59	Run Blandford	Sandra	BESSANT

1st	Female 60-64	Poole AC	Jane	NEAL
2nd	Female 60-64	Poole Runners	Annette	MOGG

1st	Female 65-69	Poole AC	Brenda	PALMER
2nd	Female 65-69		Christine	BASEOTTO

1st	Female 70-74	Poole Runners	Sarah	BARRETT
2nd	Female 70-74		Marilyn	HALLETT

1st	Male 14-17	Poole Runners	Nathaniel	WILLMORE
2nd	Male 14-17	Poole AC	Jake	SMALL

1st	Male 18-39	Lytchett Manor Striders	Lee	DEMPSTER
2nd	Male 18-39	Lytchett Manor Striders	Scott	PARFITT

1st	Male 40-44		John	INGLESON
2nd	Male 40-44	Poole Runners	Neil	SEXTON

1st	Male 45-49	Poole AC	Steve	COOK
2nd	Male 45-49	Lonely Goat Running Club	John	HALL

1st	Male 50-54	Poole Runners	Andy	HOWSE
2nd	Male 50-54		Mark	HITCHCOTT

1st	Male 55-59	South West Veterens	Mike	GRIST
2nd	Male 55-59	Poole Runners	Graham	MOYSE

1st	Male 60-64	Poole AC	Steve	HOGARTH
2nd	Male 60-64	Poole AC	David	NEAL

1st	Male 65-69	Purbeck Runners	Alan	LEWIS
2nd	Male 65-69	Poole AC	Howard	BRIERLEY

1st	Male 70-74	Poole Runners	Ian	BARNS
2nd	Male 70-74		Brian	LONG

1st	Male 75-79		John	HALLETT
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