



# Summer Series Race Three CONFIRMED RESULTS

Wednesday 26<sup>th</sup> June 7:15 pm

Thanks to our race sponsors

running free 

Next race is Wednesday 10th July



Poole Runners hope that you enjoyed your race and look forward to seeing you again on the 10<sup>th</sup> July.

**Important: - Please keep and use the same number for all races**

The Prizegiving for the Seniors 3.5 mile series will be held after the last race on Wednesday 8<sup>th</sup> August. Venue will be "The Junction" Broadstone. All are invited. Showers, food and drinks will be available. We are aiming at an 8:30 start.

**First and Second Male and Female in each category**

14-19, 20-39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74, 75 – 79, 80+  
Remember that you need to race any four events in the series to qualify

## Confirmed Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
1	0:18:56	DEMPSTER, Lee	Lytchett Manor Striders	Male 18 to 39	258	1
2	0:19:22	PARFITT, Scott	Lytchett Manor Striders	Male 18 to 39	257	2
3	0:19:29	SMITH, Andrew		Male 18 to 39	434	3
4	0:19:36	AVENELL, Joshua	Swansea University AC	Male 18 to 39	441	4
5	0:20:02	STACHOWIAK, Joseph		Male 18 to 39	400	5
6	0:20:30	DAVIES, Ed	Poole AC	Male 18 to 39	340	6
7	0:20:48	MARSDEN, Chris	Lonely Goat Running Club	Male 18 to 39	407	7
8	0:20:50	INGLESON, John		Male 40 to 44	435	8
9	0:20:50	COOK, Steve	Poole AC	Male 45 to 49	123	9
10	0:21:08	TOWNER, John	Poole Runners	Male 18 to 39	220	10
11	0:21:12	DRAYSON, Kevin	Westbourne Running Club	Male 18 to 39	7	11
12	0:21:14	CLAXTON, Steve	Poole Runners	Male 40 to 44	363	12
13	0:21:15	LOVEGROVE, Robin		Male 40 to 44	417	13
14	0:21:17	HOWSE, Andy	Poole Runners	Male 50 to 54	243	14
15	0:21:26	GODDEN, Joe	Poole Runners	Male 18 to 39	237	15
16	0:21:30	MCALEER, Rich	Eastleigh Running Club	Male 18 to 39	415	16
17	0:21:32	HALE, Gareth	Poole AC	Male 18 to 39	197	17
18	0:21:36	LUKE, Ian	Poole Runners	Male 40 to 44	170	18
19	0:21:38	DAVIS, Sam		Male 18 to 39	381	19
20	0:22:09	MUTTON, Lewis	Storm Plymouth	Male 18 to 39	60	20
21	0:22:17	HALL, John	Lonely Goat Running Club	Male 45 to 49	204	21

22	0:22:32	GRIST, Mike	South West Veterans AC	Male 55 to 59	419	22
23	0:22:36	MESTON, Rich	Poole AC	Male 40 to 44	459	23
24	0:22:40	STRATFORD, Chris	Poole Runners	Male 18 to 39	352	24
25	0:22:42	BELLOWS, Lee	Poole AC	Male 18 to 39	439	25
26	0:22:42	ORMONDE, Mark	Lytchett Manor Striders	Male 40 to 44	11	26
27	0:22:49	BISHOP, Matty		Male 40 to 44	217	27
28	0:22:52	HOGARTH, Steven	Poole AC	Male 60 to 64	300	28
29	0:22:57	HILL, Brad		Male 18 to 39	453	29
30	0:23:03	TANNER, Imogen	Ind Intelligent Fitness	Female Junior 14 to 17	172	30
31	0:23:08	WATTS, Tony	Wimborne AC	Male 40 to 44	408	31
32	0:23:10	BECKETT, Graeme	Poole Runners	Male 40 to 44	29	32
33	0:23:10	WINDEBANK, Jim	Poole Runners	Male 18 to 39	189	33
34	0:23:11	JONES, Tim	Poole Runners	Male 40 to 44	442	34
35	0:23:13	OZDEMIR, Esref	Poole Runners	Male 45 to 49	12	35
36	0:23:15	MORRIS, Stuart	Poole Runners	Male 40 to 44	171	36
37	0:23:20	EL YAUTI, Karim		Male 18 to 39	377	37
38	0:23:27	EAST, Matthew	Poole Runners	Male 45 to 49	284	38
39	0:23:29	CORBIN-JONES, Darryl	Westbourne Running Club	Male 18 to 39	38	39
40	0:23:31	MOYSE, Graham	Poole Runners	Male 55 to 59	320	40
41	0:23:35	WICKHAM, Robert	Poole AC	Male 50 to 54	281	41
42	0:23:38	CONWAY, Russ	Lytchett Manor Striders	Male 55 to 59	450	42
43	0:23:47	BRODIE, William	Poole Runners	Male Junior 14-17	191	43
44	0:23:55	ALCOCK, Thomas		Male 18 to 39	452	44
45	0:24:00	HOLLAND, Dale	Poole Runners	Male 40 to 44	107	45
46	0:24:01	VLAARKAMP, Judith	Lytchett Manor Striders	Female 40 to 44	253	46
47	0:24:05	FROUD, Darrell	Poole Runners	Male 18 to 39	255	47
48	0:24:07	WILDING, Paul	Lytchett Manor Striders	Male 55 to 59	436	48
49	0:24:10	JURD, Mike	Wimborne AC	Male 55 to 59	223	49
50	0:24:18	SMITH, Stephen		Male 50 to 54	433	50
51	0:24:22	MOORE, Darren	Poole AC	Male 50 to 54	140	51
52	0:24:23	TRAVERS, Daniel		Male 45 to 49	277	52
53	0:24:25	BECKETT, Andrew	Wimborne AC	Male 40 to 44	195	53
54	0:24:28	FOX, Stewart	Lonely Goat Running Club	Male 18 to 39	270	54
55	0:24:33	MOORE, Lesley	Poole AC	Female 40 to 44	141	55
56	0:24:37	SHORT, Lita	Poole Runners	Female 18 to 39	47	56
57	0:24:39	JONES, Brad		Male 18 to 39	451	57
58	0:24:53	OLIVER, Gemma	Poole Runners	Female 18 to 39	262	58
59	0:24:55	HODGE, Nick		Male 50 to 54	113	59
60	0:25:02	CHALONER, Sarah	Hamworthy Harriers	Female 50 to 54	416	60
61	0:25:12	STRONG, Nick		Male 18 to 39	392	61
62	0:25:15	DWYER, Jack		Male 18 to 39	135	62
63	0:25:24	PEACH, Tony	Lytchett Manor Striders	Male 50 to 54	301	63
64	0:25:27	BARTON, Lloyd	Knowle and Dorridge RC	Male 50 to 54	200	64
65	0:25:30	HORSLEY, Andrew	Wimborne AC	Male 50 to 54	10	65
66	0:25:32	MOLYNEAUX, Daniel	Poole Runners	Male 18 to 39	324	66
67	0:25:33	BEMMENT, Greg	Littledown Harriers	Male 60 to 64	367	67
68	0:25:35	SHAKESPEARE, Wayne		Male 45 to 49	371	68
69	0:25:37	BARNES, Ian	Poole Runners	Male 70 to 74	346	69
70	0:25:44	TREBILCOCK, Dean		Male 40 to 44	129	70
71	0:25:46	CHILD, David	Westbourne Running Club	Male 55 to 59	142	71
72	0:25:49	LEWIS, Howard	Poole Runners	Male 45 to 49	109	72
73	0:25:54	CLARK, Carrie	Poole AC	Female 45 to 49	327	73
74	0:25:55	MILLS, Rob	Poole Runners	Male 50 to 54	27	74
75	0:25:57	NEWMAN, Elliott		Male 18 to 39	359	75
76	0:26:04	LOHK, Lea	Lytchett Manor Striders	Female 55 to 59	422	76
77	0:26:05	LEWIS, Alan	Purbeck Runners	Male 65 to 69	33	77
78	0:26:06	RUTTER, Vicky	Lonely Goat Running Club	Female 18 to 39	396	78
79	0:26:06	OLDEN, Andrew	Wimborne AC	Male 45 to 49	149	79
80	0:26:10	NEAL, Dave	Poole AC	Male 60 to 64	431	80
81	0:26:14	SMALL, Jake	Poole Runners	Male Junior 14-17	91	81
82	0:26:21	LONG, Brian		Male 70 to 74	14	82
83	0:26:26	OZANNE, David	Poole Runners	Male 55 to 59	326	83
84	0:26:32	HORMAN, Martin		Male 18 to 39	429	84
85	0:26:34	BRIERLEY, Howard	Poole AC	Male 65 to 69	230	85
86	0:26:36	CLASBY, Alan	Poole Runners	Male 65 to 69	150	86
87	0:26:38	FORSTER, Susie	Poole Runners	Female Junior 14 to 17	184	87
88	0:26:39	GARLINGE, Ian		Male 50 to 54	25	88
89	0:26:40	BELLOWS, Guy		Male 45 to 49	127	89
90	0:26:41	DENNISON, Graham	Poole Runners	Male 40 to 44	446	90
91	0:26:44	HAUGHEY, Terry	Poole Runners	Male 65 to 69	225	91

92	0:26:49	TROWBRIDGE, Barry	Poole Runners	Male 18 to 39	185	92
93	0:26:50	FILMER, Graham	Poole AC	Male 55 to 59	61	93
94	0:27:02	BURNS, Robert	Lytchett Manor Striders	Male 70 to 74	427	94
95	0:27:05	GUNN, Alison	Poole Runners	Female 18 to 39	24	95
96	0:27:21	CRANE, Michael	Poole AC	Male 18 to 39	460	96
97	0:27:22	SHAW, Sharon	Poole Runners	Female 45 to 49	5	97
98	0:27:25	JONES, Emma	Poole AC	Female 45 to 49	344	98
99	0:27:29	DWYER, Gary	Poole Runners	Male 55 to 59	318	99
100	0:27:34	NEAL, Jane	Poole AC	Female 60 to 64	430	100
101	0:27:40	OFFER, Jayne	Poole AC	Female 50 to 54	121	101
102	0:27:57	VINCENT, Hayley	Lytchett Manor Striders	Female 18 to 39	423	102
103	0:28:03	LEWIS, Helen		Female 55 to 59	334	103
104	0:28:10	HILBORNE, Mike	Wimborne AC	Male 50 to 54	333	104
105	0:28:12	WALL, Chris		Male 60 to 64	457	105
106	0:28:14	ROWLAND, John	Poole AC	Male 60 to 64	445	106
107	0:28:20	SORTON, Andy	Poole Runners	Male 45 to 49	186	107
108	0:28:23	WEBB, David		Male 18 to 39	198	108
109	0:28:25	HAY, Kirstin	Poole AC	Female 18 to 39	74	109
110	0:28:34	MOORS, Daniel	Poole AC	Male 40 to 44	165	110
111	0:28:40	GOLDSMITH, Graham		Male 40 to 44	412	111
112	0:28:53	CARD, Alan		Male 55 to 59	458	112
113	0:28:55	WHITMARSH, Paul	Poole AC	Male 50 to 54	70	113
114	0:28:56	SADLER, Steven	Lytchett Manor Striders	Male 60 to 64	62	114
115	0:28:57	GREGORY, Steven	Poole AC	Male 45 to 49	354	115
116	0:28:58	BROWN, Robert	Poole Runners	Male 50 to 54	102	116
117	0:29:00	COLE, Stephen	Lytchett Manor Striders	Male 60 to 64	432	117
118	0:29:02	BARROW, Kirsty	Lytchett Manor Striders	Female 18 to 39	244	118
119	0:29:04	HEATH, David	Poole Runners	Male 65 to 69	438	119
120	0:29:08	RAMSAY, Paul		Male 50 to 54	421	120
121	0:29:13	RICHARDS, Daniel		Male 45 to 49	424	121
122	0:29:15	BARRET, Sarah	Poole Runners	Female 70 to 74	443	122
123	0:29:19	CROWLEY, Martin		Male 45 to 49	154	123
124	0:29:21	BUTLER, Georgina		Female 40 to 44	231	124
125	0:29:21	DANIEL, Joanna		Female 40 to 44	329	125
126	0:29:25	RICHARDS, Helen	Lytchett Manor Striders	Female 45 to 49	425	126
127	0:29:29	MATTHEWS, Mark			414	127
128	0:29:42	FARRELL, Scott		Male 40 to 44	114	128
129	0:29:47	HART, Robert	Lonely Goat Running Club	Male 45 to 49	120	129
130	0:29:50	COPAGE, Elina	Littledown Harriers	Female 18 to 39	79	130
131	0:29:52	MERRELL, Stuart	Lonely Goat Running Club	Male 40 to 44	108	131
132	0:29:55	SHORE, Emma	Poole Runners	Female 40 to 44	116	132
133	0:29:59	HARVEY, Tracey	Lytchett Manor Striders	Female 45 to 49	203	133
134	0:30:07	SMITH, Richard	Littledown Harriers	Male 55 to 59	296	134
135	0:30:09	LLEWELLYN, Rhodri		Male 60 to 64	222	135
136	0:30:14	PICKERING, Alan		Male 65 to 69	13	136
137	0:30:14	JANSSON, Lars	Poole Runners	Male 70 to 74	4	137
138	0:30:18	GEDGE, Patrick	Poole Runners	Male 50 to 54	420	138
139	0:30:27	KIRKBY, Jasmine	Poole AC	Female 18 to 39	461	139
140	0:30:32	HARRIS, Josie	Poole Runners	Female 18 to 39	148	140
141	0:30:32	BENNETT, Stephen	Lytchett Manor Striders	Male 55 to 59	205	141
142	0:30:36	PORTER, Mark		Male 50 to 54	134	142
143	0:30:47	WHITMARSH, Celia	Poole AC	Female 40 to 44	69	143
144	0:30:51	PAYNE, Ted	Poole Runners	Male 65 to 69	168	144
145	0:31:00	HALL, Nicola	Lonely Goat Running Club	Female 45 to 49	118	145
146	0:31:11	AMOS, Steve	Poole Runners	Male 18 to 39	187	146
147	0:31:14	AVEY, Suzanne		Female 45 to 49	289	147
148	0:31:20	GAINES, Jenny		Female 18 to 39	133	148
149	0:31:24	HITCHING, Ian	Poole AC	Male 50 to 54	30	149
150	0:31:27	BRAZIER, Joseph		Male Junior 14-17	72	150
151	0:31:27	MARSHALL, Andrea	Lytchett Manor Striders	Female 50 to 54	147	151
152	0:31:37	HALLETT, John		Male 75 plus	35	152
153	0:31:40	WALDING, Katie		Female 45 to 49	57	153
154	0:31:47	HOULTON, Zoe	Poole AC	Female 50 to 54	448	154
155	0:31:49	DENNISON, Amanda	Poole Runners	Female 18 to 39	428	155
156	0:31:53	WICKHAM, Charmain		Female 45 to 49	372	156
157	0:31:59	ORGAN, Chantelle	Lytchett Manor Striders	Female 18 to 39	44	157
158	0:32:04	LANHAM, Sarah		Female 45 to 49	212	158
159	0:32:06	DOBSON, Amy		Female 18 to 39	88	159
160	0:32:11	CONEY, Michelle	Lytchett Manor Striders	Female 18 to 39	250	160
161	0:32:13	CAMPBELL, Joanne		Female 40 to 44	275	161

162	0:32:13	HUGHES, Kate	Lytchett Manor Striders	Female 40 to 44	45	162
163	0:32:20	HORSWILL, Laura	Poole AC	Female 18 to 39	317	163
164	0:32:20	LIVERMORE, Emma	Poole Runners	Female 40 to 44	413	164
165	0:32:22	PALMER, Brenda	Poole AC	Female 65 to 69	252	165
166	0:32:32	SAWYER, Nicola	Poole AC	Female 45 to 49	454	166
167	0:32:32	SAUL, Joshua		Male 18 to 39	455	167
168	0:32:38	PATEMAN, Amanda	Littledown Harriers	Female 45 to 49	41	168
169	0:32:38	SNOOK, Heidi	Littledown Harriers	Female 18 to 39	48	169
170	0:32:41	KNOTT, Cheryl	Poole AC	Female 40 to 44	124	170
171	0:32:41	DOBSON, Malanie		Female 45 to 49	87	171
172	0:32:44	BOSANQUET, Claire		Female 40 to 44	248	172
173	0:32:47	NAPTIN, Neil		Male 55 to 59	449	173
174	0:32:51	RABJOHNS, Kate		Female 55 to 59	156	174
175	0:32:51	CRAIG, Hilary	Poole Runners	Female 45 to 49	283	175
176	0:33:02	ROGERS, Martin		Male 50 to 54	374	176
177	0:33:02	GREWCOCK, Clive	Westbourne Running Club	Male 60 to 64	194	177
178	0:33:06	KELLAWAY, Annette		Female 50 to 54	190	178
179	0:33:07	JACK, Diane	Wimborne AC	Female 50 to 54	261	179
180	0:33:09	WINDEBANK, Kate	Poole Runners	Female 18 to 39	66	180
181	0:33:13	THOMPSON, Megan	Poole Runners	Female 18 to 39	369	181
182	0:33:18	BRAZIER, Scott		Male 40 to 44	71	182
183	0:33:29	RAMSAY, Natasha		Female 18 to 39	384	183
184	0:33:31	BLAKELEY, Louise	Westbourne Running Club	Female 50 to 54	395	184
185	0:33:31	BESSANT, Sandra	Run Blandford	Female 55 to 59	99	185
186	0:33:39	GREGORY, Karen	Poole AC	Female 45 to 49	355	186
187	0:33:45	STOKES, Maggie	Westbourne Running Club	Female 50 to 54	183	187
188	0:34:16	PEDELL, Karen	Poole AC	Female 55 to 59	370	188
189	0:34:16	BENNETT, MAXINE	Littledown Harriers	Female 55 to 59	293	189
190	0:34:18	SCOTT, Geoffrey	Poole Runners	Male 70 to 74	235	190
191	0:34:19	EVANS, Louise		Female 45 to 49	92	191
192	0:34:28	ROGERS, Peter		Male 55 to 59	418	192
193	0:34:29	BASEOTTO, Christine		Female 65 to 69	213	193
194	0:34:35	CONVERY, Collette	Lytchett Manor Striders	Female 55 to 59	65	194
195	0:34:47	ORR, Martin	Lytchett Manor Striders	Male 65 to 69	155	195
196	0:34:51	GALPIN, Mark		Male 50 to 54	20	196
197	0:34:57	MIDGLEY, Catherine	Poole AC	Female 50 to 54	167	197
198	0:35:27	MAIDMENT, Allan		Male 18 to 39	245	198
199	0:35:29	HUNT, Kim	Poole AC	Female 60 to 64	330	199
200	0:35:40	SMITH, Samantha	Littledown Harriers	Female 45 to 49	80	200
201	0:35:50	WARD, Louise		Female 50 to 54	128	201
202	0:35:51	MINVALLA, Darrell	Westbourne Running Club	Male 40 to 44	444	202
203	0:36:00	GOSLING, Julie	Wimborne AC	Female 60 to 64	105	203
204	0:36:03	CONEY-LAX, Joanne	Poole Runners	Female 18 to 39	115	204
205	0:36:12	FOX, Joan	Bournemouth Joggers	Female 70 to 74	456	205
206	0:36:13	HITCHENS, Gemma	Lonely Goat Running Club	Female 18 to 39	206	206
207	0:36:14	WHITE, Martine	Poole Runners	Female 45 to 49	75	207
208	0:36:15	MULFORD, Colin		Male 55 to 59	259	208
209	0:36:23	YOUNG, Sarah		Female 40 to 44	447	209
210	0:36:30	STAINTON, Susan	Poole AC	Female 60 to 64	95	210
211	0:36:32	CAMPBELL-SMITH, Robert	Poole Runners	Male 50 to 54	2	211
212	0:36:36	MARGETTS, Ron		Male 65 to 69	21	212
213	0:37:01	DRUCE, Marie-Claire		Female 40 to 44	210	213
214	0:37:07	NOBLE, Pamela	Poole AC	Female 65 to 69	40	214
215	0:37:17	WILKINSON, Tania	Poole Runners	Female 50 to 54	145	215
216	0:37:19	RYALL, Michelle		Female 55 to 59	17	216
217	0:37:19	COOK, Gill	Poole AC	Female 55 to 59	208	217
218	0:37:23	REDMAN, Helen		Female 50 to 54	51	218
219	0:37:45	LEE, Laura	Run Blandford	Female 45 to 49	76	219
220	0:37:57	OZANNE, Maria	Poole Runners	Female 55 to 59	110	220
221	0:38:05	HARFORD, Shelley		Female 45 to 49	53	221
222	0:38:33	HALLETT, Marilyn		Female 70 to 74	34	222
223	0:38:33	WATERS, Cliff	Eye Community Runners	Male 70 to 74	233	223
224	0:39:13	GALTON, Grace	Poole AC	Female 40 to 44	16	224
225	0:39:16	CLARKE, Rose	Purbeck Runners	Female 45 to 49	56	225
226	0:39:21	RABJOHNS, Peter	Lytchett Manor Striders	Male 45 to 49	260	226
227	0:39:44	THORPE, Sandra		Female 55 to 59	138	227
228	0:39:44	NAPTIN, Mandy		Female 55 to 59	54	228
229	0:40:17	CHANDLER, Jane	Poole Runners	Female 60 to 64	364	229
230	0:40:29	DEVERILL, Ann	Poole AC	Female 50 to 54	31	230
231	0:40:47	FRY, Samantha	Purbeck Runners	Female 50 to 54	209	231

232	0:40:49	GIBSON, Naomi		Female 50 to 54	409	232
233	0:40:52	LOWE, Jacqueline	Poole AC	Female 60 to 64	440	233
234	0:40:57	EDWARDS, Jane		Female 60 to 64	174	234
235	0:41:00	SMART, Amanda	Lonely Goat Running Club	Female 55 to 59	286	235
236	0:41:04	BRONZE, Gillian	Lytchett Manor Striders	Female 55 to 59	437	236
237	0:41:52	PEACH, Julie		Female 55 to 59	52	237
238	0:41:58	ROGERS, June		Female 50 to 54	426	238
239	0:42:35	LUKE, Hayley		Female 45 to 49	169	239
240	0:44:54	CRAKE, Matt		Male 40 to 44	153	240
241	0:45:14	PLIMMER, Emma		Female 18 to 39	59	241
242	0:46:06	ROBERTS, Karen		Female 50 to 54	132	242
243	0:46:19	HART-BURKE, Christine	Purbeck Runners	Female 60 to 64	162	243
244	0:46:35	SPURIN, Jane	Bournemouth Joggers	Female 50 to 54	6	244
245	0:48:12	BIRD, Helen	Bournemouth Joggers	Female 40 to 44	130	245
246	0:50:45	SHANNON, Rosamund		Female 60 to 64	292	246
247	0:50:57	HEPWORTH, June		Female 65 to 69	291	247
248	0:50:59	FRAMPTON, Marion	Poole Runners	Female 55 to 59	77	248

