




Summer Series Race One RESULTS

Wednesday 1st May 7:15 pm

Thanks to our race sponsors

running free 

Next race is Wednesday May 22nd May

Poole Runners hope that you enjoyed your race and look forward to seeing you again on the 22nd May.

Important: - Please keep and use the same number for all races

The Prizegiving for the Seniors 3.5 mile series will be held after the last race on Wednesday 8th August. Venue will be "The Junction" Broadstone. All are invited. Showers, food and drinks will be available. We are aiming at an 8:30 start.

First and Second Male and Female in each category	14-19, 20-39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74, 75 – 79, 80+ <u>Remember that you need to race any four events in the series to qualify</u>
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In the event of errors and omissions please e-mail towner456@talktalk.net (not Facebook please)

Provisional Results for All Competitors in finish order.

Race Race

Place	Time	Name	Team	Race Age Category		
1	0:18:57	DEMPSTER, Lee	Lytchett Manor Striders	Male 18 to 39	258	1
2	0:19:37	PARFITT, Scott	Lytchett Manor Striders	Male 18 to 39	257	2
3	0:19:57	CLARKE, Lewis	Lonely Goat Running Club	Male 18 to 39	341	3
4	0:19:59	ANDREWS, Thomas	Lytchett Manor Striders	Male 18 to 39	337	4
5	0:20:14	WILKINS, Nathan	Serpentine Running Club	Male 18 to 39	282	5
6	0:20:21	WILLMORE, Nathaniel	Poole Runners	Male Junior 14-17	315	6
7	0:20:28	CORBIN, Adam	Westbourne Running Club	Male 18 to 39	278	7
8	0:21:00	DRAYSON, Kevin	Westbourne Running Club	Male 18 to 39	7	8
9	0:21:03	LUKE, Ian	Poole Runners	Male 40 to 44	170	9
10	0:21:21	TISSINGTON, Gary	Poole AC	Male 18 to 39	319	10
11	0:21:21	DAVIES, Ed	Poole AC	Male 18 to 39	340	11
12	0:21:23	GODDEN, Joe	Poole Runners	Male 18 to 39	237	12
13	0:21:27	LAUSTE, Harry	Poole AC	Male 18 to 39	287	13
14	0:21:29	ORMONDE, Mark	Lytchett Manor Striders	Male 40 to 44	11	14
15	0:21:31	JEANES, Matt		Male 18 to 39	246	15
16	0:21:38	TOWNER, John	Poole Runners	Male 18 to 39	220	16
17	0:21:44	MUTTON, Lewis	Storm Plymouth	Male 18 to 39	60	17
18	0:21:45	SEXTON, Neil	Poole Runners	Male 40 to 44	144	18
19	0:22:01	HALL, John	Lonely Goat Running Club	Male 45 to 49	204	19
20	0:22:21	HOWSE, Andy	Poole Runners	Male 50 to 54	243	20
21	0:22:28	MORRIS, Stuart	Poole Runners	Male 40 to 44	171	21
22	0:22:30	WINDEBANK, Jim	Poole Runners	Male 18 to 39	189	22
23	0:22:30	HITCHCOTT, Mark		Male 50 to 54	295	23
24	0:22:33	HOGARTH, Steven	Poole AC	Male 60 to 64	300	24
25	0:22:37	BECKETT, Andrew	Wimborne AC	Male 40 to 44	195	25
26	0:22:41	TANNER, Imogen	Ind Intelligent Fitness	Female Junior 14 to 17	172	26
27	0:22:43	BECKETT, Graeme	Poole Runners	Male 40 to 44	29	27
28	0:22:44	PULLEN, Lee	Lytchett Manor Striders	Male 18 to 39	234	28
29	0:22:44	CORBIN-JONES, Darryl	Westbourne Running Club	Male 18 to 39	38	29

30	0:23:09	BISHOP, Matty		Male 40 to 44	217	30
31	0:23:15	RABJOHNS, Peter	Lytchett Manor Striders	Male 45 to 49	260	31
32	0:23:17	LEACH, Andrew	Lytchett Manor Striders	Male 45 to 49	312	32
33	0:23:22	HOLLAND, Dale	Poole Runners	Male 40 to 44	107	33
34	0:23:31	O'CONNELL, Michael		Male 18 to 39	299	34
35	0:23:33	JURD, Mike	Wimborne AC	Male 55 to 59	223	35
36	0:23:39	HALE, Gareth	Poole AC	Male 18 to 39	197	36
37	0:23:41	MOORE, Darren	Poole AC	Male 50 to 54	140	37
38	0:23:43	MOYSE, Graham	Poole Runners	Male 55 to 59	320	38
39	0:23:43	WICKHAM, Robert	Poole AC	Male 50 to 54	281	39
40	0:23:47	VLAARKAMP, Judith	Lytchett Manor Striders	Female 40 to 44	253	40
41	0:23:49	STEVENS, Brett	Poole AC	Male 18 to 39	240	41
42	0:23:50	EAST, Matthew	Poole Runners	Male 45 to 49	284	42
43	0:24:05	CARTER, Steven	Poole Runners	Male 18 to 39	232	43
44	0:24:05	OLIVER, Gemma	Poole Runners	Female 18 to 39	262	44
45	0:24:07	HODGE, Nick		Male 50 to 54	113	45
46	0:24:07	PEACH, Tony	Lytchett Manor Striders	Male 50 to 54	301	46
47	0:24:10	MILLS, Steve	Lonely Goat Running Club	Male 50 to 54	152	47
48	0:24:13	WEEDON, Archie	Lytchett Manor Striders	Male Junior 14-17	302	48
49	0:24:19	TORY, Rupert	Poole Runners	Male 40 to 44	336	49
50	0:24:22	MOORE, Lesley	Poole AC	Female 40 to 44	141	50
51	0:24:25	THOMPSON, Mike		Male 18 to 39	202	51
52	0:24:28	BARTON, Lloyd	Knowle and Dorridge RC	Male 50 to 54	200	52
53	0:24:35	STIRLING, Luke		Male 18 to 39	228	53
54	0:24:38	TUCKER, Keith	Poole AC	Male 45 to 49	90	54
55	0:24:40	BINCH, Charlotte	Poole Runners	Female 18 to 39	316	55
56	0:24:42	MOLYNEAUX, Daniel	Poole Runners	Male 18 to 39	324	56
57	0:24:42	FOX, Steve	Poole Runners	Male 50 to 54	15	57
58	0:24:51	MORRIS, John	Lytchett Manor Striders	Male 55 to 59	339	58
59	0:24:53	FOX, Stewart	Lonely Goat Running Club	Male 18 to 39	270	59
60	0:24:56	FORSTER, Susie	Poole Runners	Female Junior 14 to 17	184	60
61	0:25:03	LEWIS, Alan	Purbeck Runners	Male 65 to 69	33	61
62	0:25:04	NICHOLSON, Andrew		Male 18 to 39	192	62
63	0:25:06	BROOKER, Matt	Lytchett Manor Striders	Male 40 to 44	338	63
64	0:25:10	TREBILCOCK, Dean		Male 40 to 44	129	64
65	0:25:10	HORSLEY, Andrew	Wimborne AC	Male 50 to 54	10	65
66	0:25:14	TRAVERS, Daniel		Male 45 to 49	277	66
67	0:25:19	CHILD, David	Westbourne Running Club	Male 55 to 59	142	67
68	0:25:23	ROBSON, Kathryn	Poole AC	Female 50 to 54	309	68
69	0:25:24	SHORT, Lita	Poole Runners	Female 18 to 39	47	69
70	0:25:32	CLARK, Carrie	Poole Runners	Female 45 to 49	327	70
71	0:25:32	MILLS, Rob	Poole Runners	Male 50 to 54	27	71
72	0:25:36	FROUD, Darrell	Poole Runners	Male 18 to 39	255	72
73	0:25:44	BELLOWS, Guy		Male 45 to 49	127	73
74	0:25:45	LEWIS, Howard	Poole Runners	Male 45 to 49	109	74
75	0:25:46	SHYLOCK, Izabala	Poole Runners	Female 18 to 39	308	75
76	0:25:48	HOWLETT, Peter	Lytchett Manor Striders	Male 50 to 54	182	76
77	0:25:53	GARLINGE, Ian		Male 50 to 54	25	77
78	0:25:54	FILMER, Graham	Poole AC	Male 55 to 59	61	78
79	0:26:22	WEBB, David		Male 18 to 39	198	79
80	0:26:22	WELLS, David		Male 60 to 64	266	80
81	0:26:31	WESTHEAD, Joanna	Poole Runners	Female 45 to 49	119	81
82	0:26:35	TROWBRIDGE, Barry	Poole Runners	Male 18 to 39	185	82
83	0:26:46	LONG, Brian		Male 70 to 74	14	83
84	0:26:49	HALL, James		Male 18 to 39	199	84
85	0:26:53	HAUGHEY, Terry	Poole Runners	Male 65 to 69	225	85
86	0:26:57	LEWIS, Helen		Female 55 to 59	334	86
87	0:26:59	MCGRORY, Kevin	Poole AC	Male 50 to 54	332	87
88	0:27:00	LEACH, Jack		Male Junior 14-17	311	88
89	0:27:01	NEATHERCOTT, Steve	Lytchett Manor Striders	Male 50 to 54	98	89
90	0:27:06	BUDD, Sonia		Male 45 to 49	321	90
91	0:27:09	CLASBY, Alan	Poole Runners	Male 65 to 69	150	91
92	0:27:09	BOWYER, Lisa	Lytchett Manor Striders	Female 18 to 39	264	92
93	0:27:15	BRIERLEY, Howard	Poole AC	Male 65 to 69	230	93
94	0:27:19	COOK, Hannah	Poole Runners	Female 18 to 39	272	94
95	0:27:25	BROWN, Robert	Poole Runners	Male 50 to 54	102	95
96	0:27:25	WHITMARSH, Paul	Poole AC	Male 50 to 54	70	96
97	0:27:27	RYAN, Carmel	Bournemouth Joggers	Female 50 to 54	49	97
98	0:27:28	BARFOOT, Dave		Male 18 to 39	160	98
99	0:27:32	FARRELL, Scott		Male 40 to 44	114	99
100	0:27:32	DWYER, Gary	Poole Runners	Male 55 to 59	318	100
101	0:27:35	JONES, Emma	Poole AC	Female 45 to 49	344	101
102	0:27:41	SMITH, Richard	Littledown Harriers	Male 55 to 59	296	102
103	0:27:44	COPAGE, Elina	Littledown Harriers	Female 18 to 39	79	103
104	0:27:45	SADLER, Nicky	Lytchett Manor Striders	Female 45 to 49	63	104
105	0:27:53	KENWAY-CHRISTOPHER, Francesca	Poole Runners	Female 40 to 44	307	105
106	0:27:55	HARRIS, Kevin		Male 40 to 44	273	106
107	0:28:01	HILBORNE, Mike	Wimborne AC	Male 50 to 54	333	107
108	0:28:07	FOX, Angela		Female 45 to 49	314	108
109	0:28:09	OFFER, Jayne	Poole AC	Female 50 to 54	121	109
110	0:28:09	COX, Emily	Poole Runners	Female 18 to 39	267	110

111	0:28:11	TIDBURY, Lucy	Poole Runners	Female 18 to 39	303	111
112	0:28:16	HOCKING, Megan	Poole Runners	Male 18 to 39	249	112
113	0:28:17	CROWLEY, Martin		Male 45 to 49	154	113
114	0:28:25	BARROW, Kirsty	Lytchett Manor Striders	Female 18 to 39	244	114
115	0:28:29	NETHERCOTT, Heather	Lytchett Manor Striders	Female 50 to 54	97	115
116	0:28:30	GUNN, Alison	Poole Runners	Female 18 to 39	24	116
117	0:28:32	SMITH, Julian	New Forest Runners	Male 55 to 59	322	117
118	0:28:36	AMOS, Steve	Poole Runners	Male 18 to 39	187	118
119	0:28:37	GREEN, Stephanie	Poole Runners	Female 18 to 39	298	119
120	0:28:39	SMITH, Colin	South West Veterans AC	Male 65 to 69	82	120
121	0:28:44	SADLER, Steven	Lytchett Manor Striders	Male 60 to 64	62	121
122	0:28:45	DANIEL, Joanna		Female 40 to 44	329	122
123	0:28:49	COOPER, Roger	Lytchett Manor Striders	Male 60 to 64	306	123
124	0:28:51	STIRLING, Gemma		Female 18 to 39	229	124
125	0:28:55	SNOOK, Heidi	Littledown Harriers	Female 18 to 39	48	125
126	0:29:00	HARVEY, Tracey	Lytchett Manor Striders	Female 45 to 49	203	126
127	0:29:00	HOWLETT, Julia	Lytchett Manor Striders	Female 45 to 49	181	127
128	0:29:00	TUCK, Sarah	Poole Runners	Female 18 to 39	247	128
129	0:29:07	BENNETT, Stephen	Lytchett Manor Striders	Male 55 to 59	205	129
130	0:29:09	BUTLER, Georgina		Female 40 to 44	231	130
131	0:29:12	THOMPSON, Army		Female 18 to 39	201	131
132	0:29:13	FLOCKHART, Andrew	Poole Runners	Male 60 to 64	271	132
133	0:29:15	LLEWELLYN, Rhodri		Male 60 to 64	222	133
134	0:29:20	BARNES, Cally	Lonely Goat Running Club	Female 18 to 39	342	134
135	0:29:20	FRAMPTON, Robert	Poole Runners	Male 55 to 59	78	135
136	0:29:23	COLLINGWOOD, Katie	Littledown Harriers	Female 40 to 44	242	136
137	0:29:24	COTTON, Roxy	Poole Runners	Female 18 to 39	26	137
138	0:29:31	HOWSE, Claudia	Poole Runners	Female 50 to 54	46	138
139	0:29:42	OZANNE, David	Poole Runners	Male 55 to 59	326	139
140	0:29:42	HART, Robert	Lonely Goat Running Club	Male 45 to 49	120	140
141	0:29:44	SHORE, Martin	Poole Runners	Male 45 to 49	117	141
142	0:29:51	PICKERING, Alan		Male 65 to 69	13	142
143	0:29:52	TERRY, Mike	Littledown Harriers	Male 65 to 69	224	143
144	0:29:58	MARSHALL, Thomas			328	144
145	0:30:21	CORNWELL, Laura	Poole Runners	Female 40 to 44	276	145
146	0:30:21	WEBB, Robert		Male 18 to 39	297	146
147	0:30:29	MOGG, Annette	Poole Runners	Female 60 to 64	221	147
148	0:30:41	AVEY, Suzanne		Female 45 to 49	289	148
149	0:30:41	DAVIES, James	Littledown Harriers	Male 18 to 39	83	149
150	0:30:42	WHITMARSH, Celia	Poole AC	Female 40 to 44	69	150
151	0:30:46	MCGRORY, Maggie	Poole AC	Female 50 to 54	331	151
152	0:30:46	HARTLE, Catherine		Female 60 to 64	294	152
153	0:30:47	RYALL, Lucy		Female 18 to 39	139	153
154	0:30:50	GREWCOCK, Clive	Westbourne Running Club	Male 18 to 39	194	154
155	0:30:54	CLEALL, Joanne	Poole Runners	Female 18 to 39	285	155
156	0:31:04	GALPIN, Mark		Male 50 to 54	20	156
157	0:31:09	DAVIS, Steve	Poole Runners	Male 50 to 54	3	157
158	0:31:10	HENDERSON-BISHOP, Emma	Poole AC	Female 18 to 39	215	158
159	0:31:10	ALLINGTON, Michael		Male 40 to 44	254	159
160	0:31:17	MERRELL, Stuart	Lonely Goat Running Club	Male 40 to 44	108	160
161	0:31:20	HITCHING, Ian	Poole AC	Male 50 to 54	30	161
162	0:31:20	BRAZIER, Joseph		Male Junior 14-17	72	162
163	0:31:21	CRAIG, Hilary	Poole Runners	Female 45 to 49	283	163
164	0:31:30	SMART, Frankie	Poole Runners	Female 40 to 44	50	164
165	0:31:36	AUDRAIN, Philip	Poole AC	Male 50 to 54	279	165
166	0:31:43	PAYNE, Ted	Poole Runners	Male 65 to 69	168	166
167	0:31:47	STOAKES, Tina	Poole AC	Female 60 to 64	274	167
168	0:31:48	REAM, Nicki	Poole Runners	Female 45 to 49	219	168
169	0:31:52	MARSDEN, Lee		Male 45 to 49	163	169
170	0:31:53	CROSS, Roger	Poole Runners	Male 55 to 59	207	170
171	0:31:56	CAMPBELL, Joanne		Female 40 to 44	275	171
172	0:31:59	MARSDEN, Trish		Female 40 to 44	164	172
173	0:32:04	BEAMISH, Nigel		Male 60 to 64	136	173
174	0:32:12	THORNE, Annabel		Female 18 to 39	310	174
175	0:32:15	HOWTON, Amy		Female 18 to 39	290	175
176	0:32:21	PATEMAN, Amanda	Littledown Harriers	Female 45 to 49	41	176
177	0:32:23	WINDEBANK, Kate	Poole Runners	Female 18 to 39	66	177
178	0:32:25	BOSANQUET, Claire		Female 40 to 44	248	178
179	0:32:25	HARRIS, Josie	Poole Runners	Female 18 to 39	148	179
180	0:32:28	BESSANT, Sandra	Run Blandford	Female 55 to 59	99	180
181	0:32:28	RISK, Emma	Purbeck Runners	Female 50 to 54	288	181
182	0:32:30	ORGAN, Chantelle	Lytchett Manor Striders	Female 18 to 39	44	182
183	0:32:30	CONEY, Michelle	Lytchett Manor Striders	Female 18 to 39	250	183
184	0:32:31	JONES, Doug	Poole AC	Male 70 to 74	343	184
185	0:32:31	CONEY-LAX, Joanne	Poole Runners	Female 18 to 39	115	185
186	0:32:32	PORTER, Mark		Male 50 to 54	134	186
187	0:32:32	KNOTT, Cheryl	Poole AC	Female 40 to 44	124	187
188	0:32:35	KELLAWAY, Annette		Female 50 to 54	190	188
189	0:32:35	DOBSON, Amy		Female 18 to 39	88	189
190	0:32:43	HORSWILL, Laura	Poole AC	Female 18 to 39	317	190
191	0:32:43	FRAMPTON, Marion	Poole Runners	Female 55 to 59	77	191

192	0:32:45	PIMPERTON, Olivia		Female 18 to 39	268	192
193	0:32:45	MOLYNEAUX, Suzanne Kim		Female 50 to 54	323	193
194	0:32:49	WEAVING, Charlotte		Female 40 to 44	166	194
195	0:32:52	JACK, Diane	Wimborne AC	Male 50 to 54	261	195
196	0:32:54	DOBSON, Malanie		Female 45 to 49	87	196
197	0:33:07	HALLETT, John		Male 75 plus	35	197
198	0:33:15	LAW, Faye	Poole Runners	Female 18 to 39	265	198
199	0:33:18	SHAW, Sharon	Poole Runners	Female 45 to 49	5	199
200	0:33:22	MARSHALL, Andrea	Lytchett Manor Striders	Female 50 to 54	147	200
201	0:33:26	RABJOHNS, Kate		Female 55 to 59	156	201
202	0:33:28	HUGHES, Kate	Lytchett Manor Striders	Female 40 to 44	45	202
203	0:33:29	BENNETT, MAXINE	Littledown Harriers	Female 55 to 59	293	203
204	0:33:33	MULFORD, Colin		Male 55 to 59	259	204
205	0:33:38	DAY, Anthony	Poole AC	Male 45 to 49	305	205
206	0:33:43	CONVERY, Collette	Lytchett Manor Striders	Female 55 to 59	65	206
207	0:33:47	LEONARD, Venessa	Littledown Harriers	Female 60 to 64	42	207
208	0:33:54	SCOTT, Geoffrey	Poole Runners	Male 70 to 74	235	208
209	0:33:55	CERQUELLA, Lorraine	Poole AC	Female 40 to 44	58	209
210	0:33:59	BRAZIER, Scott		Male 40 to 44	71	210
211	0:33:59	MIDGLEY, Catherine	Poole AC	Female 50 to 54	167	211
212	0:34:09	CAMPBELL-SMITH, Robert	Poole Runners	Male 50 to 54	2	212
213	0:34:16	WATFORD, Elaine		Female 55 to 59	22	213
214	0:34:21	HUNT, Kim	Poole AC	Female 60 to 64	330	214
215	0:34:21	SMITH, Samantha	Littledown Harriers	Female 45 to 49	80	215
216	0:34:34	IVES, Jacqui		Female 45 to 49	84	216
217	0:34:36	GRAHAM, Ray		Male 55 to 59	85	217
218	0:34:37	TAGHAVI, Firuze	Poole Runners	Female 40 to 44	226	218
219	0:34:43	JULYAN, Clare	Lonely Goat	Female 45 to 49	227	219
220	0:34:46	MAIDMENT, Allan		Male 18 to 39	245	220
221	0:34:46	WALDING, Katie		Female 45 to 49	57	221
222	0:34:48	LITHGOW, Annemarie	Poole AC	Female 45 to 49	177	222
223	0:34:52	BESSANT, Pete	Run Blandford	Male 55 to 59	100	223
224	0:34:59	ATAACK, Angelique	Poole Runners	Female 45 to 49	214	224
225	0:35:08	HARRISON, Rebecca	Poole Runners	Female 18 to 39	325	225
226	0:35:08	CORNES, Peter	Poole AC	Male 50 to 54	256	226
227	0:35:14	IRVEN, Nuala	Poole AC	Female 45 to 49	96	227
228	0:35:20	THORRINGTON, Emma		Female 18 to 39	269	228
229	0:35:41	DRUCE, Marie-Claire		Female 40 to 44	210	229
230	0:35:49	MARGETTS, Ron		Male 65 to 69	21	230
231	0:35:54	PACKER, Carrie		Female 40 to 44	216	231
232	0:35:58	HOLT, Nina	North Dorset T&I	Female 50 to 54	178	232
233	0:36:01	BASEOTTO, Christine		Female 65 to 69	213	233
234	0:36:04	OZANNE, Maria	Poole Runners	Female 55 to 59	110	234
235	0:36:06	WHITE, Martine	Poole Runners	Female 45 to 49	75	235
236	0:36:08	WILKINSON, Tania	Poole Runners	Female 50 to 54	145	236
237	0:36:16	HITCHENS, Gemma	Lonely Goat Running Club	Female 18 to 39	206	237
238	0:36:16	HAWKINS, Carly		Female 18 to 39	89	238
239	0:36:16	ENGLAND, Jane		Female 50 to 54	94	239
240	0:36:16	HANN, Peter		Male 50 to 54	176	240
241	0:36:16	FRY, Samantha	Purbeck Runners	Female 50 to 54	209	241
242	0:36:19	PALMER, Brenda	Poole AC	Female 65 to 69	252	242
243	0:36:23	GALTON, Grace	Poole AC	Female 40 to 44	16	243
244	0:36:39	DOWNING, Lauren		Female 18 to 39	304	244
245	0:37:06	LAMBERT, Ruth		Female 50 to 54	251	245
246	0:37:27	STAINTON, Susan	Poole AC	Female 60 to 64	95	246
247	0:37:28	EVANS, Louise		Female 45 to 49	92	247
248	0:37:44	RYALL, Michelle		Female 55 to 59	17	248
249	0:37:46	HAZELL, Georgia		Female 18 to 39	67	249
250	0:37:50	HART-BURKE, Christine	Purbeck Runners	Female 60 to 64	162	250
251	0:37:51	COOK, Gill	Poole AC	Female 55 to 59	208	251
252	0:37:59	THORPE, Sandra		Female 55 to 59	138	252
253	0:38:00	GARLINGE, Gaynor		Female 18 to 39	28	253
254	0:38:07	GOSLING, Julie	Wimborne AC	Female 60 to 64	105	254
255	0:38:23	SYMON, Witney	Run Blandford	Male 55 to 59	159	255
256	0:38:23	LEE, Laura	Run Blandford	Female 45 to 49	76	256
257	0:38:27	SMART, Amanda	Lonely Goat	Female 55 to 59	286	257
258	0:38:34	HALLETT, Marilyn		Female 70 to 74	34	258
259	0:38:34	WATERS, Cliff	Eye Community Runners	Male 70 to 74	233	259
260	0:38:51	CLARKE, Rose	Purbeck Runners	Female 45 to 49	56	260
261	0:38:55	HARFORD, Shelley		Female 45 to 49	53	261
262	0:39:27	DEVERILL, Ann	Poole AC	Female 50 to 54	31	262
263	0:39:27	NAPTIN, Mandy		Female 55 to 59	54	263
264	0:39:28	KARNATZ, Claire	Poole AC	Female 60 to 64	239	264
265	0:39:28	BOWDLER, Lorraine	Poole AC	Female 55 to 59	161	265
266	0:39:28	GRIESSER, Sue	Poole AC	Female 50 to 54	32	266
267	0:39:35	EDWARDS, Jane		Female 60 to 64	174	267
268	0:39:35	RANDLE, Samantha	Lonely Goat Running Club	Female 18 to 39	9	268
269	0:39:54	PEACH, Julie		Female 55 to 59	52	269
270	0:39:56	ROBERTS, Karen		Female 18 to 39	280	270
271	0:41:27	KARNATZ, Dave	Poole AC	Male 60 to 64	238	271
272	0:42:59	PLIMMER, Emma		Female 18 to 39	59	272

273	0:44:07	CRAKE, Matt		Male 40 to 44	153	273
274	0:44:09	LUKE, Hayley		Female 45 to 49	169	274
275	0:44:49	BIRD, Helen	Bournemouth Joggers	Female 40 to 44	130	275
276	0:44:55	MORLEY, Melanie		Female 40 to 44	241	276
277	0:46:27	ROBERTS, Karen		Female 50 to 54	132	277
278	0:47:54	TRENT, Claire	Poole Runners	Female 45 to 49	263	278
279	0:48:21	COLES, Melanie	Poole AC	Female 50 to 54	151	279
280	0:50:00	HEPWORTH, June		Female 65 to 69	291	280
281	0:50:31	SHANNON, Rosamund		Female 60 to 64	292	281
282	0:53:19	TURNER, Les	Poole Runners	Male 60 to 64	236	282
283	0:58:56	JONES, Sandra		Female 45 to 49	196	283
284	0:59:05	WILLIAMS, Roy	Poole Runners	Male 60 to 64	143	284

There were 284 finishers in the All Competitors category.

towner456@talktalk.net

Not Facebook please

