

In order to score points club vests must be worn and membership must be up to date

Poole Runners Club Champs 2019 - (Men)

To qualify, you have to enter any 7 of the 14 races listed. Points are awarded as follows:- 1st Place - 50 Points, 2nd - 49, 3rd - 48, 4th - 47, 5th - 46, 6th -45 etc.

This year there will be 3 prizes per category. Categories are as follows:- Senior Male, MV40, MV45, MV50, MV55, MV60, MV65

Pos	Name	Category 1/1	Short				Medium					Long					No. of Races	Points (best of 7)	Enough Races and bands completed	Completion of 3 Bands	
			Any Poole Parkrun	Mayday 5	Club Mile	Littledown 5	Lytchett 10	Rotary Quarter	Round the Rock	Wimborne 10	Boscombe 10k	Blackmore Vale Half Marathon	Wimborne 20	Puddletown Half Marathon	Stur Half Marathon	Any Marathon					
1	Steve Claxton	MV40					48						48	50				3	146	No	No
2	Chris Stratford	Senior Male					49						49	47				3	145	No	No
3	Paul Currah	Senior Male					46						46	49				3	141	No	No
4	Joe Godden	Senior Male					44						47	42				3	133	No	No
5	Graeme Beckett	MV40					40						41	38				3	119	No	No
6	Jim Cartwright	Senior Male					34						35	37				3	106	No	No
7	John Towner	Senior Male											50	48				2	98	No	No
8	Bill Day	MV40					50							45				2	95	No	No
9	Neil Sexton	MV40					47							44				2	91	No	No
10	Rupert Tory	MV40					45							46				2	91	No	No
11	Matt Robbins	MV40					43						45					2	88	No	No
12	Esref Ozdemir	MV45					41						42					2	83	No	No
13	David Calton	MV60					39						40					2	79	No	No
14	Nigel Redman	MV45											39	39				2	78	No	No
15	Peter Portnoi	MV65											36	40				2	76	No	No
16	Tom Hicks	MV50					37						37					2	74	No	No
17	Robert Frampton	MV55					36						33					2	69	No	No
18	Gavin Wayman	Senior Male					35						31					2	66	No	No
19	Paul Viney	MV45											29					2	61	No	No
20	Dave Cartwright	MV65					32						44					1	44	No	No
21	Graham Moyse	MV55											43					1	43	No	No
22	Collin Somers	MV40												43				1	43	No	No
23	Ed Snook	Senior Male					42											1	42	No	No
24	Tim Jones	MV40												41				1	41	No	No
25	Khalil Ghabae	MV55											38					1	38	No	No
26	Ben Davidson	Senior Male					38											1	38	No	No
27	Graham Dennison	MV40												36				1	36	No	No
28	Sean Perrin	MV45												35				1	35	No	No
29	Robert Brown	MV50											34					1	34	No	No
30	Allen Davis	Senior Male					33											1	33	No	No
31	Mark Dobbs	MV55											32					1	32	No	No
32	Andy Sorton	MV45											30					1	30	No	No