



## U18 Parents' Code of Conduct

Parents/Guardians are expected to:

1. Ensure any medical conditions are reported to the coach prior to the coaching sessions or competition.
2. Ensure that the U18 secretary has the current emergency contact details for you and another responsible adult. Any changes to details must be emailed to: [u18@poolerunners.co.uk](mailto:u18@poolerunners.co.uk).
3. Deliver and collect your child punctually to and from the coaching sessions/event. **Poole Runners are only responsible for your child during the training session when they are on the track/course or defined training area. You are responsible for your child at ALL OTHER TIMES.**
4. Stay at the training area during the session if your child is U11.
5. Immediately inform a member of the committee or coaching staff if there is an unavoidable problem collecting your child.
6. Inform the coach before a session if your child is to be collected early from a coaching session/competition and if so, by whom.
7. Ensure your child is properly and adequately attired for the training session/event, including all required equipment; appropriate clothing for possible weather changes, all relevant training kit.
8. Encourage your child to obey rules and teach them that they can only do their best. Do not force your child to participate in any session/competition.
9. Behave responsibly as a spectator at training/events and treat coaches/officials/team managers/committee members and spectators of Poole Runners and other clubs with due respect, meeting the UKA commitment to equality, diversity and inclusion.
10. Ensure that **YOU** do not use language that could be interpreted as offensive to others within the club/competition environment.

11. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the Coach in relation what food and hydration is required.
12. Raise any concerns you have in an appropriate manner with the club Welfare Officer. Details of our Welfare Officer(s) can be found on the Poole Runners website (<http://poolerunners.co.uk/our-club/club-info/club-welfare/>)
13. Not enter the competition/training area unless requested to do so.
14. Arrange a suitable time with the coach if you wish to have a discussion. When dealing with your child's coach, treat the coach with respect and in the same manner, as you would wish to be treated.
15. Most of all help your child enjoy the sport to the best of their ability, ultimately, be Safe and have Fun!

N.B. Sanctions for the breach of the code by a parent/guardian may include a verbal/written warning or suspension of your child from Poole Runners activities. The club may also have the right under the constitution to suspend or expel a junior athlete for breaches by the relevant parent.