

In order to score points club vests must be worn and membership must be up to date

Poole Runners Club Champs 2019 - (Men)

To qualify, you have to enter any 7 of the 14 races listed. Points are awarded as follows:- 1st Place - 50 Points, 2nd - 49, 3rd - 48, 4th - 47, 5th - 46, 6th -45 etc.

This year there will be 3 prizes per category. Categories are as follows:- Senior Male, MV40, MV45, MV50, MV55, MV60, MV65

Pos	Name	Category 1/1	Short				Medium					Long					No. of Races	Points (best of 7)	Enough Races and bands completed	Completion of 3 Bands	
			Any Poole Parkrun	Mayday 5	Club Mile	Littledown 5	Lytchett 10	Rotary Quarter	Round the Rock	Wimborne 10	Boscombe 10k	Blackmore Vale Half Marathon	Wimborne 20	Puddletown Half Marathon	Stur Half Marathon	Any Marathon					
1	Chris Stratford	Senior Male					49						49					2	98	No	No
2	Steve Claxton	MV40					48						48					2	96	No	No
3	Paul Currah	Senior Male					46						46					2	92	No	No
4	Joe Godden	Senior Male					44						47					2	91	No	No
5	Matt Robbins	MV40					43						45					2	88	No	No
6	Esref Ozdemir	MV45					41						42					2	83	No	No
7	Graeme Beckett	MV40					40						41					2	81	No	No
8	David Calton	MV60					39						40					2	79	No	No
9	Tom Hicks	MV50					37						37					2	74	No	No
10	Jim Cartwright	Senior Male					34						35					2	69	No	No
11	Robert Frampton	MV55					36						33					2	69	No	No
12	Gavin Wayman	Senior Male					35						31					2	66	No	No
13	Paul Viney	MV45					32						29					2	61	No	No
14	John Towner	Senior Male											50					1	50	No	No
15	Bill Day	MV40					50											1	50	No	No
16	Neil Sexton	MV40					47											1	47	No	No
17	Rupert Tory	MV40					45											1	45	No	No
18	Dave Cartwright	MV65											44					1	44	No	No
19	Graham Moyse	MV55											43					1	43	No	No
20	Ed Snook	Senior Male					42											1	42	No	No
21	Nigel Redman	MV45											39					1	39	No	No
22	Khaliil Ghabaee	MV55											38					1	38	No	No
23	Ben Davidson	Senior Male					38											1	38	No	No
24	Peter Portnoi	MV65											36					1	36	No	No
25	Robert Brown	MV50											34					1	34	No	No
26	Allen Davis	Senior Male					33											1	33	No	No
27	Mark Dobbs	MV55											32					1	32	No	No
28	Andy Sorton	MV45											30					1	30	No	No