Running List **October - December 2018** **Poole Runners**

Wednesday Meet 7.00pm Broadstone Sports Centre
Sunday Club Run starts 8.30am, Also Poole Quay some Sundays for a road run see club Facebook page
CCR Club Championship Road
CCOR Club Championship Off Road
DRRL Dorset Road Race League

October

Wed.	3rd	Millen 10 run
Sun.	7th	Corfe Castle meet layby at foot of, Wessex Lge XC Canford Heath, Bournemouth Marathon
Wed.	10th	Guerrier run
Sat	13th	Hants Lge XC Kings Park Bournemouth
Sun.	14th	Canford Heath meet Hamworthy Club Magna Rd, Studland Stampede 12k **CCOR**, Gold Hill 10k **CCR**+**DRR**L
Wed.	17th	Wimborne run
Sun.	21st	Wareham Forest meet Purbeck Sports Centre, Weymouth 10, Wessex Lge XC Lytchett School
Wed.	24th	Figure of 8 run
Sun.	28th	Wimborne meet QE school, The Stickler **CCOR**, Clocks go back 1hr
Wed.	31st	Bear Cross run

November

Sun.	4th	Corfe Castle meet layby at foot of, Wessex Lge XC Yeovil, Gilly Hilly
Wed.	7th	Hamworthy run
Sat.	10th	Hants Lge XC Wellesley Woodlands Aldershot
Sun.	11th	Wareham Forest meet Purbeck Sports Centre,
Wed.	14th	Millen 10 run
Sun.	18th	Wimborne meet QE school, Wimborne 10 **CCR+DRRL**
Wed.	21st	Guerrier run
Sun.	25th	Littledown meet Leisure centre, Boscombe 10K **DRRL**
Wed.	28th	Wimborne run

December

Sat.	1st	Hants Lge XC Popham Airfield Basingstoke, Xmas Bash RNLI
Sun.	2nd	Purbeck run (8.20am ferry if back in service or if not, Corfe Castle meet layby at foot of)
Wed.	5th	Hamworthy run
Sun.	9th	Ferndown meet Sports Centre, Christmas 10K
Wed.	12th	Bear Cross run
Sat.	15th	9.30am Geoff's Xmas Shuffle(walk) The White Horse Inn, Stourpaine DT11 8TA
Sun.	16th	Wareham Forest meet Purbeck Sports Centre, Wessex Lge XC Bryanston School
Wed.	19th	Figure of 8
Sun.	23rd	Canford Heath meet Hamworthy Club Magna Rd, Xmas Fancy Dress run
Wed.	26th	Round the Lakes 10k . No club run
Sun.	30th	Purbeck run (8.20am ferry)

January 2019 **London Marathon Countdown**

Tue.	1st	Junction Qtr
Wed.	2nd	Millen 10 run
Sun.	6th	Littledown meet Leisure centre,