

# Poole Runners 2018 Club Championship Mile

## Positions for Females over 18 on 1st Jan 2018

Position	Name	UKA Club	Time	Category	No	Heat
1	SWIFT, Sarah	Poole Runners	0:06:21	Female 40 to 49	71	Heat 4
2	SHAW, Sharon	Poole Runners	0:06:30	Female 40 to 49	8	Heat 3
3	AMOS, Kelly	Poole Runners	0:06:32	Female 20 to 39	10	Heat 3
4	COOK, Hannah	Poole Runners	0:06:42	Female 20 to 39	62	Heat 3
5	WESTHEAD, Joanna	Poole Runners	0:06:44	Female 40 to 49	21	Heat 2
6	DOWNES, Esther	Poole Runners	0:06:48	Female 20 to 39	88	Heat 3
7	SHORE, Emma	Poole Runners	0:07:02	Female 20 to 39	48	Heat 2
8	HOWSE, Claudia	Poole Runners	0:07:20	Female 50 to 59	22	Heat 2
9	KING, Lisa	Poole Runners	0:07:26	Female 20 to 39	82	Heat 1
10	CORNWELL, Laura	Poole Runners	0:07:26	Female 40 to 49	60	Heat 2
11	MOGG, Annette	Poole Runners	0:07:31	Female 60 to 69	26	Heat 1
12	CONEY-LAX, Joanne	Poole Runners	0:07:34	Female 20 to 39	80	Heat 1
13	SOMERS, Kate	Poole Runners	0:07:36	Female 40 to 49	30	Heat 2
14	HARRIS, Josie	Poole Runners	0:07:55	Female 20 to 39	40	Heat 1
15	FRAMPTON, Marion	Poole Runners	0:08:18	Female 50 to 59	24	Heat 2
16	CROSS, Sarah	Poole Runners	0:08:30	Female 50 to 59	81	Heat 1
17	OZANNE, Maria	Poole Runners	0:08:39	Female 50 to 59	54	Heat 1
18	CHANDLER, Jane	Poole Runners	0:09:22	Female 60 to 69	95	Heat 1
19	DENNISON, Amanda	Poole Runners	0:09:46	Female 20 to 39	38	Heat 1
20	WALKLEY, Carol	Poole Runners	0:09:50	Female 40 to 49	87	Heat 1

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## Positions for Males over 18 on 1st Jan 2018

Position	Name	UKA Club	Time	Category	No	Heat
1	LLEWELLYN, John	Poole Runners	0:04:51	Male 20 to 39	19	Heat 6
2	TOWNER, John	Poole Runners	0:05:02	Male 20 to 39	46	Heat 6
3	FOUNTAIN, Carl	Poole Runners	0:05:05	Male 20 to 39	18	Heat 6
4	STRATFORD, Chris	Poole Runners	0:05:10	Male 20 to 39	12	Heat 6
5	CLAXTON, Steve	Poole Runners	0:05:12	Male 40 to 49	49	Heat 6
6	TORY, Rupert	Poole Runners	0:05:17	Male 20 to 39	89	Heat 5
7	SEXTON, Neil	Poole Runners	0:05:20	Male 40 to 49	16	Heat 6
8	CURRAH, Paul	Poole Runners	0:05:21	Male 20 to 39	91	Heat 5
9	GODDEN, Joe	Poole Runners	0:05:29	Male 20 to 39	9	Heat 5
10	ROBBINS, Matt	Poole Runners	0:05:30	Male 20 to 39	7	Heat 4
11	JONES, Tim	Poole Runners	0:05:33	Male 40 to 49	51	Heat 5
12	MUMFORD, Jason	Poole Runners	0:05:35	Male 40 to 49	27	Heat 5
13	SOMERS, Colin	Poole Runners	0:05:36	Male 40 to 49	29	Heat 5
14	HOWSE, Andy	Poole Runners	0:05:37	Male 50 to 59	59	Heat 5
15	CLAYTON, Nick	Poole Runners	0:05:45	Male 40 to 49	28	Heat 4
16	MOLYNEAUX, Daniel	Poole Runners	0:05:54	Male 20 to 39	53	Heat 5
17	AMOS, Steve	Poole Runners	0:06:01	Male 20 to 39	11	Heat 5
18	ALLEN, James	Poole Runners	0:06:04	Male 40 to 49	52	Heat 4
19	FROUD, Darrell	Poole Runners	0:06:09	Male 20 to 39	55	Heat 4
20	DENNISON, Graham	Poole Runners	0:06:10	Male 40 to 49	6	Heat 4
21	HOLLAND, Dale	Poole Runners	0:06:13	Male 40 to 49	25	Heat 3
22	CARTWRIGHT, Dave	Poole Runners	0:06:13	Male 60 to 69	72	Heat 4
23	SORTON, Andy	Poole Runners	0:06:19	Male 40 to 49	79	Heat 4
24	CARTWRIGHT, Jim	Poole Runners	0:06:20	Male 20 to 39	57	Heat 4
25	MAJEWSKI, Artur	Poole Runners	0:06:46	Male 20 to 39	3	Heat 3
26	FRAMPTON, Robert	Poole Runners	0:06:49	Male 50 to 59	23	Heat 3
27	FORSTER, Rob	Poole Runners	0:06:52	Male 40 to 49	94	Heat 2
28	CLASBY, Alan	Poole Runners	0:06:53	Male 60 to 69	63	Heat 3
29	WALKLEY, Adam	Poole Runners	0:06:54	Male 40 to 49	86	Heat 3
30	GHABAEI, Khalil	Poole Runners	0:06:55	Male 50 to 59	56	Heat 2
31	JANSSON, Lars	Poole Runners	0:06:57	Male 70 plus	15	Heat 3
32	CARTWRIGHT, Chris	Poole Runners	0:07:00	Male 20 to 39	17	Heat 3
33	SHORE, Martin	Poole Runners	0:07:07	Male 40 to 49	47	Heat 3
34	O'HARA, Ryan	Poole Runners	0:07:18	Male 20 to 39	39	Heat 1
35	HANCOCK, Jason	Poole Runners	0:08:54	Male 40 to 49	1	Heat 1