

In order to score points club vests must be worn and membership must be up to date

Poole Runners Club Champs 2018 - (Men)

To qualify, you have to enter any 7 of the 15 races listed. Points are awarded as follows:- 1st Place - 50 Points, 2nd - 49, 3rd - 48, 4th - 47, 5th - 46, 6th -45 etc.

This year there will be 3 prizes per category. Categories are as follows:- Senior Male, MV40, MV45, MV50, MV55, MV60, MV65

Pos	Name	Category 1/1	Short					Medium					Long					No. of Races	Points (best of 7)	Enough Races and bands completed	Completion of 3 Bands	
			Poole parkrun	Mayday 5	Club mile	Littledown 5	Hoburne 5	Bournemouth 10	Rotary Quarter	Portland 10	Round the Rock	Wimborne 10	Blackmore Vale Half	Wimborne 20	Puddletown Half	Sturminster Half	Any certified road marathon					
1	Joe Godden	Senior Male	46					44	43					49					4	182	No	Yes
2	Tim Jones	MV40	38					43	44					46					4	171	No	Yes
3	Dave Cartwright	MV65	41					40	42					47					4	170	No	Yes
4	Chris Stratford	Senior Male	47					46						50					3	143	No	Yes
5	Andy Humphreys	MV45	49					48	45										3	142	No	No
6	Neil Sexton	MV40						47	47					45					3	139	No	No
7	Robert Frampton	MV55	30					28	37					37					4	132	No	Yes
8	Dale Holland	MV40	42					39						43					3	124	No	Yes
9	Graham Moyse	MV55	43					38	41										3	122	No	No
10	Adam Walkey	MV45	28					26	32					33					4	119	No	Yes
11	Alan Lewis	MV65	36						38					42					3	116	No	Yes
12	Tom Hicks	MV45	34					37						44					3	115	No	Yes
13	James Allen	MV40	40					34						36					3	110	No	Yes
14	David Heath	MV65	35					33						40					3	108	No	Yes
15	Gary Dwyer	MV55	31						35					35					3	101	No	Yes
16	Steve Claxton	MV40	50					49											2	99	No	No
17	Rupert Tory	Senior Male	45					45											2	90	No	No
18	Artur Majewski	Senior Male	26					27	34										3	87	No	No
19	Andy Johns	MV40	44					41											2	85	No	No
20	Jason Hancock	MV45	22					24	29										3	75	No	No
21	Steve Amos	Senior Male						36	39										2	75	No	No
22	David Ozanne	MV55						31						41					2	72	No	No
23	Andy Sorton	MV45						35	36										2	71	No	No
24	Khalil Ghabaee	MV50						29						34					2	63	No	No
25	Graham Dennison	MV40	29						33										2	62	No	No
26	Ryan O'Hara	Senior Male						25	30										2	55	No	No
27	Alan Clasby	MV65	23					30											2	53	No	No
28	Steve Yates	Senior Male						50											1	50	No	No
29	Luke de Benedictis	Senior Male							50										1	50	No	No
30	Carl Fountain	Senior Male							49										1	49	No	No
31	Mike Akers	Senior Male	48																1	48	No	No
32	Nick Clayton	MV40												48					1	48	No	No
33	Bill Day	MV40							48										1	48	No	No
34	Steve Ogles	MV40							46										1	46	No	No
35	Jason Mumford	MV40						42											1	42	No	No
36	Jamie Christopher	MV40							40										1	40	No	No
37	Jason Munro	Senior Male	39																1	39	No	No
38	Graeme Beckett	MV40												39					1	39	No	No
39	Darrell Froud	Senior Male												38					1	38	No	No
40	Esref Ozdemir	MV40	37																1	37	No	No
41	Howard Lewis	MV45	33																1	33	No	No
42	Mike Rogers	MV50	32																1	32	No	No
43	Ben Davidson	Senior Male						32											1	32	No	No
44	Alwyn Dominey	MV70							31										1	31	No	No
45	Steve Davis	MV50	27																1	27	No	No
46	Barry Mitchell	MV70	25																1	25	No	No
47	Robert Brown	MV45	24																1	24	No	No