

OPEN CATEGORY

Team No.	CLUB
1	Aberdare VAAC
2	Abergele Harriers
3	Aberystwyth AC
4	Altrincham & District AC
5	Brackla Harriers
6	Brecon AC
7	Bitton Road Runners
8	Bridgend AC
9	Bromsgrove & Redditch AC
10	Buckley Runners
11	Caerleon RC
12	Chepstow Harriers
13	Chorlton Runners
14	Clevedon AC
15	Ealing Eagles
16	Eryri Harriers
17	Haarlem Globetrotters
18	Islwyn RC
19	Les Croupiers RC
20	Llisbury Runners
21	Lytham St Annes RRC
22	Meirionnydd RC
23	Merthyr RC
24	Neath Harriers
25	Parc Bryn Bach RC
26	Penarth & Dinas Runners
27	Pont-y-Pŵl & District Runners
28	Pontypridd Roadents
29	Poole Runners
30	Port Talbot Harriers
31	Run4All Neath
32	Sale Harriers
33	Salford Harriers
34	San Domenico RC
35	Sarn Helen Club
36	Serpentine RC
37	South West Road Runners
38	Stragglers RC
39	Stroud & District AC
40	Team Bath
41	3M Gorseinon

Team No.	CLUB
42	TROTS
43	Vale Royal AC
44	White Rock Runners
45	Winchester & District AC
46	Wirral AC

LADIES CATEGORY

47	Bitton Road Runners Ladies
48	Chorlton Runners Ladies
49	Ealing Eagles Ladies
50	Les Croupiers RC Ladies
51	Llisbury Runners Ladies
52	Run4All Neath Ladies
53	Sale Harriers Ladies
54	Serpentine RC Ladies
55	South West RR Ladies

MASTERS/VETERANS CATEGORY

56	Aberdare VAAC Vets
57	Chorlton Runners Vets
58	Les Croupiers RC Vets
59	Stragglers Vets
60	Swansea Harriers Vets
61	Team Bath Vets
62	Winchester & District Vets

BUSINESS HOUSE CATEGORY

63	Burges Salmon LLP
64	Environment Agency DEFRA Group Harriers
65	Natural Resources Wales
66	South Wales Police
67	Turner Broadcasting