

Dorset Road Race League

Rules

Amended January 25th 1999 for Rule 6d

Amended February 11th 1999 for Rule 8iii

Amended January 2nd 2000 for Rule 8i

Amended August 30th 2000 for Rule 2 and minor wording changes.

Complete Revision December 2005

Revised December 2010

1. The season shall run from 1st January to 31st December and will consist of 12 races of varying distances spread throughout the year.

2. The following competitions shall be included:

(i) 1st 2 Division 1 Male Teams (5 to score) 1st 2 Division 2 Teams (4 to score)

(ii) 1st 2 Division 1 and 2 Female Teams (3 to score)

(iii) First 3 Individual Males

(iv) First 3 Individual Females

(v) First Male (21 -24) and in each 5 year age group thereafter, (25 -29, 30 -34, etc.)

(vi) First Female (21 - 24) and in each 5 year age group thereafter, (25 - 29, 30 -34, etc.)

(vii) Individual Male Under 21

(viii) Individual Female Under 21

- (ix) Individual Male Under 17**
- (x) Individual Female Under 17**
- (xi) 1st Male in each participating club**
- (xii) 1st Female in each participating club**
- (xiii) Any Athlete completing all 12 League race in the year.**

3.

- a) Each Club that participates in the League shall be affiliated to the UKA and the Dorset County AA and pay an annual membership fee.**
- b) Division 1 will consist of 7 Teams. All other teams will be in Division 2**
- c) At the end of the year the 7th team from Division 1 will be relegated to Division 2 and the 1st Team in Division 2 will be promoted to Division 1.**

4.

Eligibility to compete in the League will be limited to UK Athletics rules for Competition.

Clubs should note UKA rule 221 (2): “Every scoring runner in an open team race must be a 1st Claim member of the club he/she is entered to represent”.

5

- a) All scoring will be based on the position within each race of runners from competing League clubs.**

b) A Runner who changes between Dorset League clubs as at rule 6b. may continue to count in league competitions as an individual to complete the remaining League Races for the Calendar year. All previous results will stand as will scores attributed to the club from which the runner has transferred

c) Provisional Rule

Should there be a tie for team places following a race, points will be awarded on the position of the last scoring runner.

6.

a. A Runner may not score for more than one club in the same year.

b. A Runner who changes clubs in accordance with UK Athletics rules will not be eligible to compete for their new club until the 1st January following if they have competed for a League club in the current year. They may do so from 1st January within the waiting period provided both clubs agree and proof is given to the RR committee of this agreement.

7.

For both individual and team competitions, the best 7 results will score towards the League.

For Under 17s the best 3 of 4 will count and for Under 21s the best 6 of 11.

8.

- a. All runners must comply with the minimum age requirements in accordance with UK Athletics rules.**
- b. Runners are eligible for the Under 17 competition from their 15th birthday until 31st December following their 17th birthday.**
- c. Runners are eligible for the Under 21 competition from January 1st following their 17th birthday until 31st December following their 21st birthday.**
- d. Runners are eligible for a particular age group from the 1st January in the year they meet the minimum age requirement. For the purposes of the League all senior competitors have birthdays on January 1st.**
- e. Runners who do not wish to disclose their age are not eligible for the age group competition.**

9.

- i) In the event of a Tie counting an individual's 7 best scoring races, the Winner will be decided by:**
 - a) Count back of 7 scoring events.**
 - b) Scores of races where tied competitors have all competed.**
 - c) If the results are still tied, the result shall be deemed a tie and all competitors given equal prizes with the trophy shared.**
- ii) In the event of a tie combining 7 races for a team title the winner will be decided by:**

a) A count back of race positions i.e. number of firsts, then seconds etc. This will, if necessary, include all 12 races.

b) A race in which no Club members of a team competed shall be deemed to have scored maximum points for that team. (The number of Clubs competing in the League for the relevant sex).

c) If the results are still tied, the result shall be deemed a tie and all competitors given equal prizes with the trophy shared.

10.

League Rules can only be amended if the amendment is an agenda item and is agreed by a simple majority of clubs competing in the League.