## UPTON SENIOR SUMMER SERIES 2017 ROUTE 3.5MILES



## Route Instructions

Start is at front of the house. Runners to go through A, B, C, D, E, $\mathrm{F}, \mathrm{G}, \mathrm{H}, \mathrm{I}, \mathrm{J}, \mathrm{H}, \mathrm{G}$ and onto C . Runners then do a second loop of $\mathrm{D}, \mathrm{E}, \mathrm{F}, \mathrm{G}, \mathrm{H}, \mathrm{I}, \mathrm{J}, \mathrm{H}, \mathrm{G}$ and onto C and then are directed to the finish via $B$ and $A$

