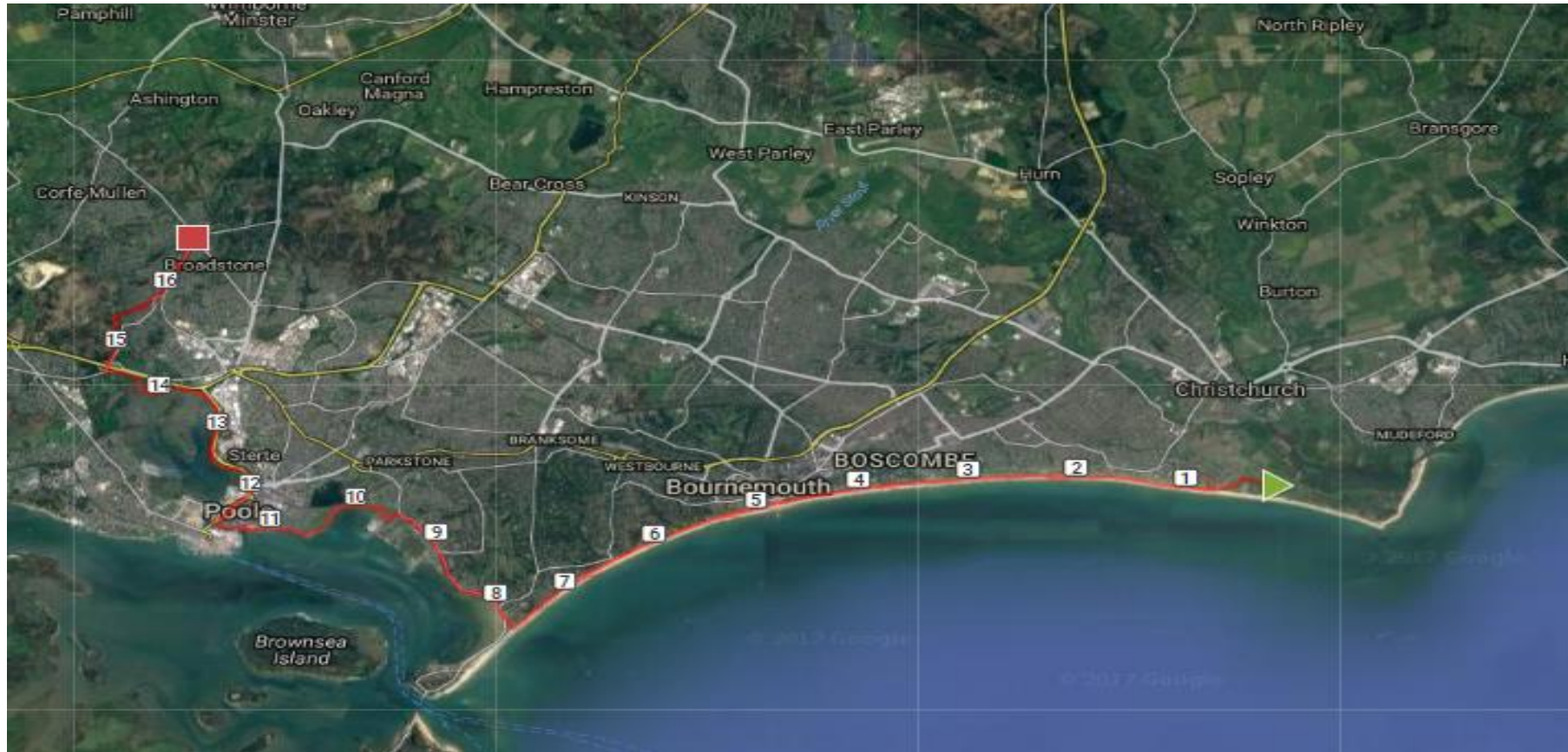


Hengistbury Head Hustle

16 Mile Route



Directions:-

Leave the Hengistbury Head car park and run away from the head and on to the prom passing Boscombe & B'mouth piers On to Shore Rd, Evening Hill, left into Turks Lane onto Baiter Path. Through Poole Quay and on to Holes Bay path into Upton Country Park. Through Upton park, leaving at the main exit, cross under road and onto the railway. Right at bridge and straight back to Broadstone on the railway.