

Poole Runners Summer Series - Senior Race - 12 August 2015

Pos.	No.	Name	Club	Category	Time	Posn.	Category	No.	Name	Club	Cat.	Pos.	
1	305	Daniel	Mulryan	Poole Runners	M U20	17:49	1	1st Male	305 Daniel	Mulryan	Poole Runners	M U20	1
2	9	Dominic	Willmore	Poole Runners	M U20	18:07	2	1st Female	96 Lesley	Moore	Poole AC	F 20-39	26
3	98	Andrew	Ridley	Poole AC	M 50-54	18:26	1						
4	71	Scott	Parfitt	Lytchett Manor Striders	M 20-39	18:30	1	1st Male U20	305 Daniel	Mulryan	Poole Runners	M U20	1
5	23	John	Llewellyn	Poole Runners	M 20-39	18:50	2	1st Male 20-39	71 Scott	Parfitt	Lytchett Manor Striders	M 20-39	4
6	204	Duncan	Cooper	Lytchett Manor Striders	M 50-54	18:54	2	1st Male 40-44	13 Ian	Luke	Poole Runners	M 40-44	11
7	75	Thomas	East	Poole Runners	M U20	18:58	3	1st Male 45-49	57 Steve	Cook	Poole AC	M 45-49	13
8	227	Lee	Dempster	Lytchett Manor Striders	M 20-39	19:27	3	1st Male 50-54	98 Andrew	Ridley	Poole AC	M 50-54	3
9	48	John	Townsend	Poole Runners	M 20-39	19:37	4	1st Male 55-59	347 Simon	Hayter	Wimborne AC	M 55-59	30
10	334	Wright	Mike	Dorset Police	M 20-39	19:49	5	1st Male 60-64	223 Chris	Gurrier	Poole Runners	M 60-64	41
11	13	Ian	Luke	Poole Runners	M 40-44	19:55	1	1st Male 65-69	348 Alan	Lewis	Poole Runners	M 65-69	48
12	118	Steven	Yates	Poole Runners	M 20-39	20:00	6	1st Male 70-74	346 Geoff	Scott	Poole Runners	M 70-74	97
13	57	Steve	Cook	Poole AC	M 45-49	20:22	1						
14	234	Thomas	Andrews	Lytchett Manor Striders	M 20-39	20:27	7						
15	390	Cross	David	Durham city Harriers	M 20-39	20:27	8						
16	47	Michael	Akers	Poole Runners	M 20-39	20:33	9						
17	87	Jon	Eveleigh	Poole Runners	M 20-39	20:44	10						
18	76	Matthew	East	Poole Runners	M 40-44	20:48	2						
19	44	Stephen	Ogles	Poole Runners	M 40-44	20:48	3	1st Female 20-39	96 Lesley	Moore	Poole AC	F 20-39	26
20	396	Miller	Barry	Reading Joggers	M 20-39	20:52	11	1st Female 40-44	339 Emma	Jones	Poole AC	F 40-44	75
21	88	Mark	Hichcott		0 M 45-49	20:55	2	1st Female 45-49	31 Sarah	Chaloner	Poole AC	F 45-49	38
22	379	Telford	Ross	Poole AC	M 45-49	21:05	3	1st Female 50-54	255 Helen	Lewis		0 F 50-54	73
23	136	Matthew	Ashton	Poole AC	M 20-39	21:09	12	1st Female 55-59	224 Janice	Palmer	Poole Runners	F 55-59	68
24	24	Colin	Somers	Poole Runners	M 40-44	21:14	4	1st Female 60-64	63 Linda	Dominey	Poole Runners	F 60-64	142
25	189	Alex	Thompson	Lytchett Manor Striders	M 40-44	21:17	5	1st Female 65-69	380 Barrett	Sarah	Poole runners	F 65-69	129
26	96	Lesley	Moore	Poole AC	F 20-39	21:28	1	1st Female 70-74	59 Miriam	Gray	Poole Runners	F 70-74	171
27	92	Dean	Paulley		0 M 20-39	21:30	13						
28	250	Vicki	Ingham	Poole Runners	F 20-39	21:31	2						
29	75	Walford-Jelks	Wayne	Littledown Harriers	M 20-39	21:33	14						
30	347	Simon	Hayter	Wimborne AC	M 55-59	21:42	1						
31	337	Chandler	Leif	Poole Runners	M 20-39	21:46	15						
32	381	Dolman	Wayne	Poole AC	M 40-44	21:49	6						
33	4	James	Mccafferey	Westbourne RC	M 20-39	22:03	16						
34	220	Graham	Moyse	Poole Runners	M 55-59	22:05	2						
35	22	Katie	Phillipotts	Poole Runners	F 20-39	22:10	3						
36	369	Stephen	Moors		0 M 50-54	22:20	3						
37	55	Andrew	Leach	Lytchett Manor Striders	M 40-44	22:22	7						
38	31	Sarah	Chaloner	Poole AC	F 45-49	22:24	1						
39	295	James	Skipworth	Poole Runners	M 40-44	22:35	8						
40	321	Mike	Hoyle		0 M 20-39	22:42	17						
41	223	Chris	Gurrier	Poole Runners	M 60-64	22:44	1						
42	149	Rob	Wickham	Poole AC	M 45-49	22:48	4						
43	42	Colin	Divall		0 M 20-39	22:56	18						
44	193	Gerard	Lissenburg	Hamworthy Harriers	M 55-59	23:07	3						
45	43	Nigel	Haywood	Purbeck Runners	M 60-64	23:08	2						
46	169	Richard	Saunders	Poole AC	M 50-54	23:08	4						
47	130	Gavin	Newbury		0 M 20-39	23:12	19						
48	348	Alan	Lewis	Poole Runners	M 65-69	23:14	1						
49	27	Jason	Mumford	Poole Runners	M 40-44	23:15	9						
50	177	Isla	Tweed	Leeds Uri XC	F 20-39	23:19	4						
51	69	Brian	Long		0 M 65-69	23:22	2						
52	148	Robin	Wilde	Team BETA	M 40-44	23:23	10						
53	21	Jacob	Dunning		0 M U20	23:26	4						
54	95	Tony	Peach	Lytchett Manor Striders	M 45-49	23:27	5						
55	132	Ravinder	Saini	Poole AC	M 50-54	23:31	5						
56	38	Jim	Aylmore	Poole Runners	M 55-59	23:37	4						
57	200	Judith	Vlaarkamp	Lytchett Manor Striders	F 20-39	23:39	5						
58	129	Daniel	Molyneux		0 M 20-39	23:45	20						
59	20	Chris	Strarford	Poole Runners	M 20-39	23:46	21						
60	202	Ian	Barnes	Poole Runners	M 65-69	23:48	3						
61	120	Nigel	Hughes		0 M 45-49	23:53	6						
62	392	Morris	John	Lytchett Manor Striders	M 55-59	23:56	5						
63	94	Darryl	Cobin - Jones	Westbourne RC	M 20-39	23:58	22						
64	25	Matthew	Johnson	Poole AC	M 20-39	23:59	23						
65	41	Tabitha	Divall	Lytchett Manor Striders	F 20-39	23:59	6						
66	198	Terry	Haughey	Poole Runners	M 60-64	24:02	3						
67	66	Ian	Hitching	Poole AC	M 50-54	24:03	6						
68	224	Janice	Palmer	Poole Runners	F 55-59	24:06	1						
69	33	Steve	Amos	Poole Runners	M 20-39	24:09	24						
70						24:18							
71	37	Helen	Guerrier	Poole Runners	F 20-39	24:19	7						
72	18	Michael	Hughes	Hamworthy Harriers	M 60-64	24:20	4						
73	255	Helen	Lewis		0 F 50-54	24:24	1						
74	384	Hammond	Robertson	Dorset Police	M 45-49	24:26	7						
75	339	Emma	Jones	Poole AC	F 40-44	24:27	1						
76	387	Czernecki	Mike		0 M 20-39	24:37	25						
77	388	Weaver	Tony	Lytchett Manor Striders	M 45-49	24:37	8						
78	36	Steve	Fox	Poole Runners	M 45-49	24:42	9						
79	230	Kaye	Nippard	Lytchett Manor Striders	F 45-49	24:43	2						
80	138	Stephen	Littlecott	Lytchett Manor Striders	M 55-59	24:43	6						
81	267	Howard	Brierley		0 M 65-69	24:45	4						
82	53	Jenny	Walker - Leach	Lytchett Manor Striders	F 40-44	24:45	2						
83	368	Steven	Nethercott	Lytchett Manor Striders	M 45-49	24:46	10						
84	32	Kelly	Frampton	Poole Runners	F 20-39	24:48	8						
85	16	Gary	White	Poole Runners	M 60-64	24:49	5						
86	191	David	Rees	Poole Runners	M 20-39	24:50	26						
87	173	Sarah	Audrian	Poole AC	F 40-44	24:52	3						
88	203	Jemma	Murray	Lytchett Manor Striders	F 20-39	24:57	9						
89	246	Paul	Snook		0 M 45-49	25:05	11						
90	383	David	Heath	Poole runners	M 65-69	25:09	5						
91	19	Emma	Livemore	Poole Runners	F 20-39	25:12	10						
92	395	Barnett	Paul	Dorset Police	M 50-54	25:18	7						
93	15	Robert	Frampton	Poole Runners	M 50-54	25:22	8						
94	350	Graham	Stokes	Poole AC	M 55-59	25:28	7						
95	77	Kerstin	Cummings	Bournemouth Joggers	F 45-49	25:29	3						
96	168	Heather	Nethercott	Lytchett Manor Striders	F 45-49	25:30	4						
97	346	Geoff	Scott	Poole Runners	M 70-74	25:39	1						
98	210	Lars	Jansson	Poole Runners	M 65-69	25:48	6						
99	140	Clare	Snapé	Poole AC	F 20-39	25:49	11						
100	125	Jenny	Beckett	Littledown Harriers	F 20-39	25:52	12						
101	93	Mark	Porter		0 M 45-49	25:58	12						

102	114	Reinhard	Lehmann	Poole Runners	M	20-39	26:01	27
103	99	Keith	Tucker		0	M 40-44	26:04	11
104	235	Khalil	Ghabaee	Poole Runners	M	50-54	26:08	9
105	50	David	Rustell	Lytchett Manor Striders	M	55-59	26:12	8
106	26	David	Calton	Poole Runners	M	55-59	26:15	9
107	370	Graham	Filmer	Poole AC	F	50-54	26:18	2
108	385	Kennedy	Lyndsay	Bellahouston RR	F	20-39	26:24	13
109	344	Josj	Divall		0	M U20	26:36	5
110	164	Peter	Portnoi	Poole Runners	M	60-64	26:37	6
111	91	John	Hubbard	Westbourne RC	M	50-54	26:46	10
112	154	Jayne	Offer	Poole AC	F	45-49	26:49	5
113	241	Rebecca	Collins	Hamworthy Harriers	F	20-39	26:50	14
114	265	Gill	Sadler	Purbeck Runners	F	50-54	27:00	3
115	194	Victoria	Casson	Westbourne RC	F	20-39	27:01	15
116	176	Diane	Ruffle	Bournemouth Joggers	F	55-59	27:03	2
117	11	Howard	Lewis	Poole Runners	M	40-44	27:05	12
118	373	Hunt	Timothy		0	M 55-59	27:08	10
119	397	Wall	Chris		0	M 60-64	27:09	7
120	111	Paul	Wisher	Poole AC	M	40-44	27:13	13
121	377	Berry	Christopher	Westbourne RC	M	20-39	27:15	28
122	10	Paul	Viney	Poole Runners	M	45-49	27:20	13
123	46	Lucy	Tidbury	Poole Runners	F	20-39	27:21	16
124	155	Michael	Nairn	Lytchett Manor Striders	M	65-69	27:22	7
125	122	Maggie	McGrory	Poole AC	F	45-49	27:33	6
126	112	Joanna	Westhead		0	F 40-44	27:34	4
127	68	Dorothea	Russell	Poole Runners	F	50-54	27:38	4
128	126	James	Storey	Poole AC	M	65-69	27:41	8
129	380	Barrett	Sarah	Poole runners	F	65-69	27:42	1
130	374	Carroll	Mel	Poole Runners	F	45-49	27:44	7
131	135	Robert	Hart		0	M 40-44	27:47	14
132	60	Liz	Baker	Lytchett Manor Striders	F	55-59	27:48	3
133	254	Kate	Radjajns	Lytchett Manor Striders	F	50-54	27:50	5
134	62	Steve	Vicent	Lytchett Manor Striders	M	20-39	27:51	29
135	17	Karen	Peedell	Poole AC	F	50-54	28:01	6
136	121	Daniel	Hughes		0	M 20-39	28:13	30
137	65	Tony	Williams	Purbeck Runners	M	65-69	28:19	9
138	299	Barry	Mitchell	Poole Runners	M	70-74	28:20	2
139	110	Claudia	House	Poole Runners	F	45-49	28:22	8
140	382	Marion	Frampton	Poole Runners	F	55-59	28:24	4
141	376	Hawkins	Michelle	Poole Joggers	F	20-39	28:25	17
142	63	Linda	Dominey	Poole Runners	F	60-64	28:28	1
143	20	Chris	Strarford	Poole Runners	M	20-39	28:36	31
144	139	Nicola	Sawyer	Poole AC	F	40-44	28:41	5
145	378	Ashton	Donna		0	F 20-39	28:52	18
146	389	Nigigi	sarah	Littledown Harriers	F	20-39	28:56	19
147	341	Douglas	Jones	Poole AC	M	65-69	29:11	10
148	171	Georgia	Hill	Poole AC	F	20-39	29:25	20
149	386	Child	Helen	Sandbach Striders	F	40-44	29:26	6
150	190	Hilary	Craig	Poole Runners	F	40-44	29:27	7
151	187	Mike	Hillborne	Wimborne AC	M	45-49	29:29	14
152	172	Sally	Cooper	Poole Runners	F	40-44	29:31	8
153	39	Carol	Tilly		0	F 50-54	29:32	7
154	70	Tina	Stokes	Poole AC	F	55-59	29:37	5
155	127	Clare	Julyan	Westbourne RC	F	40-44	29:48	9
156	128	Suzanne	Molyneaux		0	F 50-54	30:03	8
157	178	Joan	Fox	Bournemouth Joggers	F	65-69	30:13	2
158	131	Peter	Cornes	Poole AC	M	45-49	30:21	15
159	349	Michael	Barron		0	M 55-59	30:26	11
160	394	Lawford	Dan		0	M 20-39	31:19	32
161	3	Sara	Freestone		0	F 20-39	31:22	21
162	12	Sarah	Swift	Poole Runners	F	40-44	31:27	10
163	391	Wickham	Charmain		0	F 40-44	31:28	11
164	81	Catherine	Hartle	Wimborne AC	F	55-59	31:29	6
165	355	Heather	Brian	Lytchett Manor Striders	F	55-59	31:39	7
166	330	Taylor	Sharon	Lytchett Manor Striders	F	45-49	31:42	9
167	143	Jane	Chandler	Poole Runners	F	55-59	31:45	8
168	382	Woodcock	Kim		0	F 20-39	32:58	22
169	7	John	Lomax	Littledown Harriers	M	55-59	33:09	12
170	225	Maria	Ozanne	Poole Runners	F	50-54	33:34	9
171	59	Miriam	Gray	Poole Runners	F	70-74	33:55	1
172	367	Fiona	Karlsberg	Bournemouth Joggers	F	50-54	34:36	10
173	74	Sue	Evans	Bournemouth Joggers	F	60-64	35:10	2
174	82	Ray	Wilmore		0	M 45-49	35:45	16
175	73	Rosemary	Ash	Bournemouth Joggers	F	55-59	36:13	9
176	113	Helen	Bird	Bournemouth Joggers	F	20-39	37:52	23
177	393	Galton	Grace		0	F 20-39	40:20	24

