

Poole Runners Summer Series - Senior Race - 22 July 2015

Pos.	No.	Name	Club	Category	Time	Posn.	Category	No.	Name	Club	Cat.	Pos.
1	305	Daniel	Mulryan	0	M U20	00:17:53	1	1st Male	305 Daniel	Mulryan	M U20	1
2	23	John	Llewellyn	M	20-39	00:18:38	1	1st Female	221 Serena	O' Connor	F U20	13
3	9	Dominic	Willmore	M	U20	00:18:50	2					
4	98	Andrew	Ridley	M	50-54	00:18:50	1	1st Male U20	305 Daniel	Mulryan	M U20	1
5	284	Dave	Hicks	M	40-44	00:18:58	1	1st Male 20-39	23 John	Llewellyn	M 20-39	2
6	204	Duncan	Cooper	M	50-54	00:19:01	2	1st Male 40-44	284 Dave	Hicks	M 40-44	5
7	343	Mark	Smith	M	40-44	00:19:36	2	1st Male 45-49	57 Steve	Cook	M 45-49	11
8	243	Andrew	Humphries	0	M 40-44	00:19:53	3	1st Male 50-54	98 Andrew	Ridley	M 50-54	4
9	338	David	Jones	M	20-39	00:20:05	2	1st Male 55-59	347 Simon	Hayter	M 55-59	20
10	340	Jon	Spear	M	40-44	00:20:08	4	1st Male 60-64	43 Nigel	Haywood	M 60-64	44
11	57	Steve	Cook	M	45-49	00:20:16	1	1st Male 65-69	202 Ian	Barnes	M 65-69	36
12	101	Rob	Murray	M	20-39	00:20:27	3	1st Male 70-74	346 Geoff	Scott	M 70-74	93
13	221	Serena	O' Connor	F	U20	00:20:32	1					
14	337	Chandler	Leif	M	20-39	00:20:36	4					
15	234	Thomas	Andrews	M	20-39	00:20:41	5					
16	24	Colin	Somers	M	40-44	00:20:56	5					
17	189	Alex	Thompson	M	40-44	00:21:09	6					
18	117	Mick	Cooper	M	50-54	00:21:16	3	1st Female U20	221 Serena	O' Connor	F U20	13
19	312	Darren	Moore	M	45-49	00:21:26	2	1st Female 20-39	96 Lesley	Moore	F 20-39	22
20	347	Simon	Hayter	M	55-59	00:21:28	1	1st Female 40-44	173 Sarah	Audrian	F 40-44	66
21	366	Aaron	Cogdell	0	M U20	00:21:29	3	1st Female 45-49	31 Sarah	Chaloner	F 45-49	33
22	96	Lesley	Moore	F	20-39	00:21:37	1	1st Female 50-54	255 Helen	Lewis	0 F 50-54	56
23	351	Christin	Verrinder	0	M 40-44	00:21:40	7	1st Female 55-59	176 Diane	Ruffle	F 55-59	125
24	92	Dean	Paulley	0	M 20-39	00:21:47	6	1st Female 60-64	63 Linda	Dominey	F 60-64	140
25	184	Mark	Kennedy	M	55-59	00:21:48	2	1st Female 65-69	178 Joan	Fox	F 65-69	146
26	250	Vicki	Ingham	F	20-39	00:21:50	2	1st Female 70-74	59 Miriam	Gray	F 70-74	155
27	220	Graham	Moyse	M	55-59	00:21:52	3					
28	214	Jason	Cooper	M	45-49	00:21:57	3					
29	372	Dean	Riggall	M	40-44	00:21:58	8					
30	4	James	Mccafferey	M	20-39	00:22:03	7					
31	369	Stephen	Moors	0	M 50-54	00:22:05	4					
32	22	Katie	Phillipotts	F	20-39	00:22:09	3					
33	31	Sarah	Chaloner	F	45-49	00:22:24	1					
34	55	Andrew	Leach	M	40-44	00:22:26	9					
35	25	Matthew	Johnson	M	20-39	00:22:39	8					
36	202	Ian	Barnes	M	65-69	00:22:46	1					
37	130	Gavin	Newbury	0	M 20-39	00:22:50	9					
38	95	Tony	Peach	M	45-49	00:22:52	4					
39	222	Simon	O' Connor	M	50-54	00:22:52	5					
40	132	Ravinder	Saini	M	50-54	00:22:54	6					
41	27	Jason	Mumford	M	40-44	00:22:58	10					
42	288	Mike	Masterman	0	M 40-44	00:23:00	11					
43	200	Judith	Vlaarkamp	F	20-39	00:23:02	4					
44	43	Nigel	Haywood	M	60-64	00:23:03	1					
45	8	Davd	Graham	M	40-44	00:23:15	12					
46	295	James	Skipworth	M	40-44	00:23:18	13					
47	129	Daniel	Molyneaux	0	M 20-39	00:23:24	10					
48	33	Steve	Amos	M	20-39	00:23:30	11					
49	109	Andy	Street	M	45-49	00:23:34	5					
50	42	Colin	Divall	0	M 20-39	00:23:35	12					
51	354	Richard	Williams	0	M 20-39	00:23:38	13					
52	69	Brian	Long	0	M 65-69	00:23:40	2					
53	304	Dan	Saul	0	M U20	00:23:50	4					
54	267	Howard	Brierley	0	M 65-69	00:23:56	3					
55	41	Tabitha	Divall	F	20-39	00:24:03	5					
56	255	Helen	Lewis	0	F 50-54	00:24:03	1					
57	120	Nigel	Hughes	0	M 45-49	00:24:08	6					
58	348	Alan	Lewis	M	65-69	00:24:09	4					
59	66	Ian	Hitching	M	50-54	00:24:11	7					
60	170	Ben	Print	0	M 40-44	00:24:12	14					
61	37	Helen	Guerrier	F	20-39	00:24:14	6					
62	32	Kelly	Frampton	F	20-39	00:24:16	7					
63	362	Jason	Abbott	0	M 45-49	00:24:21	7					
64	20	Chris	Strarford	M	20-39	00:24:22	14					
65	182	Robert	Burnes	M	65-69	00:24:24	5					
66	173	Sarah	Audrian	F	40-44	00:24:26	1					
67	339	Emma	Jones	F	40-44	00:24:30	2					
68	18	Michael	Hughes	M	60-64	00:24:31	2					
69	230	Kaye	Nippard	F	45-49	00:24:34	2					
70	198	Terry	Haughey	M	60-64	00:24:38	3					
71	36	Steve	Fox	M	45-49	00:24:41	8					
72	28	Steve	Davis	M	50-54	00:24:48	8					
73	94	Darryl	Cobin - Jones	M	20-39	00:24:49	15					
74	50	David	Rustell	M	55-59	00:25:00	4					
75	358	Matthew	Hosier	M	45-49	00:25:03	9					
76	53	Jenny	Walker - Leach	F	40-44	00:25:05	3					
77	83	Lily	Burnet	F	U20	00:25:06	2					

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Pos.	No.	Name	Club	Category	Time	Posn.	Category	No.	Name	Club	Cat.	Pos.
78	368	Steven	Nethercott	Lytchett Manor Striders	M 45-49	00:25:06	10					
79	123	Kevin	McGrory	Poole AC	M 50-54	00:25:07	9					
80	16	Gary	White	Poole Runners	M 60-64	00:25:08	4					
81	350	Graham	Stokes	Poole AC	M 55-59	00:25:08	5					
82	77	Kerstin	Cummings	Bournemouth Joggers	F 45-49	00:25:10	3					
83	370	Graham	Filmer	Poole AC	F 50-54	00:25:13	2					
84	235	Khalil	Ghabae	Poole Runners	M 50-54	00:25:14	10					
85	246	Paul	Snook		0 M 45-49	00:25:16	11					
86	360	Sarah	George		0 F 20-39	00:25:16	8					
87	19	Emma	Livermore	Poole Runners	F 20-39	00:25:19	9					
88	10	Paul	Viney	Poole Runners	M 45-49	00:25:20	12					
89	210	Lars	Jansson	Poole Runners	M 65-69	00:25:24	6					
90	154	Jayne	Offer	Poole AC	F 45-49	00:25:30	4					
91	12	Sarah	Swift	Poole Runners	F 40-44	00:25:31	4					
92	166	Sharon	Barlow	Poole AC	F 40-44	00:25:39	5					
93	346	Geoff	Scott	Poole Runners	M 70-74	00:25:39	1					
94	140	Clare	Snape	Poole AC	F 20-39	00:25:40	10					
95	363	Andrew	Palmer		0 M 45-49	00:25:43	13					
96	15	Robert	Frampton	Poole Runners	M 50-54	00:25:44	11					
97	11	Howard	Lewis	Poole Runners	M 40-44	00:25:46	15					
98	236	Stuart	Salter		0 M 20-39	00:25:50	16					
99	145	Susan	Jones	Lytchett Manor Striders	F 45-49	00:25:51	5					
100	72	Emma	Haywood	Bournemouth Joggers	F 40-44	00:25:54	6					
101	0					00:25:55	15					
102	21	Jacob	Dunning		0 M U20	00:26:01	5					
103	99	Keith	Tucker		0 M 40-44	00:26:07	16					
104	2	David	Leabourne		0 M 20-39	00:26:09	17					
105	5	Robet	Brown	Poole Runners	M 45-49	00:26:10	14					
106	26	David	Calton	Poole Runners	M 55-59	00:26:14	6					
107	93	Mark	Porter		0 M 45-49	00:26:15	15					
108	168	Heather	Nethercott	Lytchett Manor Striders	F 45-49	00:26:15	6					
109	325	Alwyn	Dominey	Poole Runners	M 65-69	00:26:16	7					
110	226	Kirsty	Weston	Lytchett Manor Striders	F 45-49	00:26:20	7					
111	300	Adrian	Clarke	Poole Runners	M 50-54	00:26:22	12					
112	290	Gary	Dwyer		0 M 55-59	00:26:25	7					
113	175	Lynne	Welch	Poole AC	F 45-49	00:26:31	8					
114	353	Steven	Risk		0 M 40-44	00:26:34	17					
115	91	John	Hubbard	Westbourne RC	M 50-54	00:26:35	13					
116	125	Jenny	Beckett	Littledown Harriers	F 20-39	00:26:38	11					
117	364	Jackie	Godden	Poole AC	F 20-39	00:26:44	12					
118	332	Ash	Dawn	Poole AC	F 50-54	00:26:52	3					
119	365	Alex	Ingham		0 F 20-39	00:27:06	13					
120	232	Ian	Newbury		0 M 50-54	00:27:12	14					
121	46	Lucy	Tidbury	Poole Runners	F 20-39	00:27:13	14					
122	299	Barry	Mitchell	Poole Runners	M 70-74	00:27:14	2					
123	40	Steve	Buller	Poole AC	M 45-49	00:27:15	16					
124	139	Nicola	Sawyer	Poole AC	F 40-44	00:27:15	7					
125	176	Diane	Ruffle	Bournemouth Joggers	F 55-59	00:27:16	1					
126	17	Karen	Peedell	Poole AC	F 50-54	00:27:20	4					
127	112	Joanna	Westhead		0 F 40-44	00:27:21	8					
128	194	Victoria	Casson	Westbourne RC	F 20-39	00:27:23	15					
129	155	Michael	Nairn	Lytchett Manor Striders	M 65-69	00:27:34	8					
130	254	Kate	Rabjohns	Lytchett Manor Striders	F 50-54	00:27:39	5					
131	356	Jackie	Ross	Poole Runners	F 40-44	00:27:40	9					
132	110	Claudia	House	Poole Runners	F 45-49	00:27:43	9					
133	126	James	Storey	Poole AC	M 65-69	00:27:47	9					
134	60	Liz	Baker	Lytchett Manor Striders	F 55-59	00:28:00	2					
135	122	Maggie	McGrory	Poole AC	F 45-49	00:28:22	10					
136	187	Mike	Hillborne	Wimborne AC	M 45-49	00:28:31	17					
137	70	Tina	Stokes	Poole AC	F 55-59	00:28:31	3					
138	190	Hilary	Craig	Poole Runners	F 40-44	00:28:43	10					
139	345	Ian	Woolston	Poole Runners	M 50-54	00:28:45	15					
140	63	Linda	Dominey	Poole Runners	F 60-64	00:28:48	1					
141	89	Lily	Cooper	Purbeck Runners	F U20	00:29:00	3					
142	357	Grace	Hosier	Poole AC	F 45-49	00:29:17	11					
143	39	Carol	Tilly		0 F 50-54	00:29:35	6					
144	341	Douglas	Jones	Poole AC	M 65-69	00:29:38	10					
145	165	Jonathan	Watts	Poole Runners	M 40-44	00:29:47	18					
146	178	Joan	Fox	Bournemouth Joggers	F 65-69	00:29:50	1					
147	172	Sally	Cooper	Poole Runners	F 40-44	00:30:03	11					
148	143	Jane	Chandler	Poole Runners	F 55-59	00:30:32	4					
149	35	Carole	Ingham	Poole Runners	F 55-59	00:31:08	5					
150	34	Angela	Brown	Poole Runners	F 45-49	00:31:25	12					
151	355	Heather	Brian	Lytchett Manor Striders	F 55-59	00:31:54	6					
152	330	Taylor	Sharon	Lytchett Manor Striders	F 45-49	00:32:06	13					

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Pos.	No.	Name	Club	Category	Time	Posn.	Category	No.	Name	Club	Cat.	Pos.
153	349	Michael	Barron	0 M 55-59	00:32:25	8						
154	58	Ray	Graham	M 50-54	00:32:37	16						
155	59	Miriam	Gray	F 70-74	00:32:45	1						
156	273	Emma	Risk	F 45-49	00:32:48	14						
157	342	Sarah	Frampton	0 F 45-49	00:33:23	15						
158	7	John	Lomax	M 55-59	00:33:25	9						
159	367	Fiona	Karsberg	F 50-54	00:35:42	7						
160	73	Rosemary	Ash	F 55-59	00:36:12	7						
161	74	Sue	Evans	F 60-64	00:36:18	2						
162	113	Helen	Bird	F 20-39	00:38:56	16						
163	371	Gill	Foster	0 F 45-49	00:43:42	16						