

Poole Runners Summer Series - Senior Race - 1 Aug 2014

Pos.	No.	Name	Club	Category	Time	Posn.	Category	No.	Name	Club	Cat.	Time	Pos.
1	54	Sam	Brown Aravjo	M U20	18 :39	1	1st Male	54 Sam	Brown Aravjo	Purbeck Runners	M U20	18 :39	1
2	254	David	Cross	M 20-39	19 :30	1	1st Female	126 Serena	O'Connor	Poole Runners	F U20	21 :07	10
3	223	Mike	Grist	M 50-54	20 :13	1							
4	274	Graeme	Miller	M 40-44	20 :18	1	1st Male U20	54 Sam	Brown Aravjo	Purbeck Runners	M U20	18 :39	1
5	259	Ross	Dixon	M 20-39	20 :20	2	1st Male 20-39	254 David	Cross	Poole Runners	M 20-39	19 :30	2
6	15	Dominic	Willmore	M U20	20 :22	2	1st Male 40-44	274 Graeme	Miller	Bournemouth AC	M 40-44	20 :18	4
7	153	John	Towner	M 20-39	20 :29	3	1st Male 45-49	179 Mark	Hitchcott	Unattached	M 45-49	21 :33	11
8	273	Peter	Rabjohns	M 40-44	20 :36	2	1st Male 50-54	223 Mike	Grist	Poole Runners	M 50-54	20 :13	3
9	89	Aaron	Cogdell	M U20	21 :04	3	1st Male 55-59	156 Chris	Guerrier	Poole Runners	M 55-59	23 :03	18
10	126	Serena	O'Connor	F U20	21 :07	1							
11	179	Mark	Hitchcott	M 45-49	21 :33	1	1st Male 65-69	189 Brian	Long	Unattached	M 65-69	25 :16	38
12	238	Jonny	Showtime	M 20-39	21 :37	4	1st Male 70-74	228 John	Edwards	Unattached	M 70-74	30 :37	66
13	102	Becky	Griffith	F 20-39	21 :48	1							
14	174	Christian	Verrinda	M 40-44	22 :05	3							
15	225	Wayne	Dolman	M 40-44	22 :07	4							
16	93	Gavin	Newbury	M U20	22 :23	4							
17	66	Alan	Trent	M 50-54	22 :53	2							
18	156	Chris	Guerrier	M 55-59	23 :03	1	1st Female U20	126 Serena	O'Connor	Poole Runners	F U20	21 :07	10
19	275	Adam	Ball	M 20-39	23 :05	5	1st Female 20-39	102 Becky	Griffith	Poole Runners	F 20-39	21 :48	13
20	237	Jonny	Rockstar	M 20-39	23 :07	6	1st Female 40-44	21 Sharon	Barlow	Poole AC	F 40-44	24 :59	34
21	60	Lesley	Moore	F 20-39	23 :09	2	1st Female 45-49	165 Claudia	Howse	Poole Runners	F 45-49	27 :36	49
22	127	Simon	O'Connor	M 50-54	23 :09	3	1st Female 50-54	141 Helen	Lewis	Unattached	F 50-54	24 :55	33
23	41	David	Ozanne	M 50-54	23 :12	4	1st Female 55-59	27 Janice	Palmer	Poole Runners	F 55-59	24 :14	30
24	47	Jason	Cooper	M 45-49	23 :25	2	1st Female 60-64	188 Linda	Dominey	Poole Runners	F 60-64	28 :43	56
25	234	Eric	Gilbert	M 55-59	23 :31	2	1st Female 65-69	91 Sarah	Barrett	Poole Runners	F 65-69	26 :52	46
26	50	Comfort	Mmoledi	M U20	23 :33	5							
27	78	Nigel	Haywood	M 55-59	23 :44	3							
28	140	Stephen	Hutton	M 40-44	23 :50	5							
29	6	Gerard	Meneaud-Lissen	M 55-59	23 :52	4							
30	27	Janice	Palmer	F 55-59	24 :14	1							
31	272	Robert	Hammond	M 45-49	24 :33	3							
32	38	Robert	Frampton	M 50-54	24 :36	5							
33	141	Helen	Lewis	F 50-54	24 :55	1							
34	21	Sharon	Barlow	F 40-44	24 :59	1							
35	134	Andrew	Olden	M 40-44	25 :00	6							
36	8	Paul	Viney	M 40-44	25 :03	7							
37	103	Sarah	Swift	F 40-44	25 :09	2							
38	189	Brian	Long	M 65-69	25 :16	1							
39	194	Mandie	Wales	F 40-44	25 :30	3							
40	171	Dave	Dalton	M 55-59	25 :44	5							
41	191	Chris	Billinghurst	M 40-44	25 :46	8							
42	22	Bruce	Ghinn	M 45-49	25 :53	4							
43	35	Lars	Jansson	M 65-69	26 :29	2							
44	172	Matthew	Johnson	M 20-39	26 :32	7							
45	262	Emma	Jones	F 40-44	26 :45	4							
46	91	Sarah	Barrett	F 65-69	26 :52	1							
47	36	Victoria	Casson	F 20-39	27 :10	3							
48	101	Tina	Stoakes	F 55-59	27 :31	2							
49	165	Claudia	Howse	F 45-49	27 :36	1							
50	139	Angela	Hutton	F 40-44	27 :43	5							
51	99	Karen	Peedell	F 50-54	27 :50	2							
52	269	Richard	Crisp	M 20-39	27 :53	8							
53	105	Jenny	Beckett	F 20-39	28 :01	4							
54	276	Janka	Hartwell	F 40-44	28 :10	6							
55	151	Diane	Ruffie	F 55-59	28 :30	3							
56	188	Linda	Dominey	F 60-64	28 :43	1							
57	255	Paul	Wilsher	M 20-39	29 :06	9							
58	75	Catherine	Hartle	F 55-59	29 :18	4							
59	37	Marion	Frampton	F 50-54	29 :23	3							

Poole Runners Summer Series - Senior Race - 1 Aug 2014

Pos.	No.	Name	Club	Category	Time	Posn.	Category	No.	Name	Club	Cat.	Time	Pos.
60	1	Tony	Williams	Purbeck Runners	M 65-69	29 :46							
61	65	Peter	Cornes	Poole AC	M 45-49	29 :48							
62	164	Debbie	Trent	Unattached	F 50-54	30 :02							
63	152	Sally	Cooper	Poole Runners	F 40-44	30 :03							
64	270	Luciele	Gatab	Purbeck Runners	F 20-39	30 :30							
65	263	Douglas	Jones	Poole AC	M 65-69	30 :33							
66	228	John	Edwards	Unattached	M 70-74	30 :37							
67	147	James	Elliot	Unattached	M 65-69	31 :10							
68	208	Joan	Fox	Bournemouth Joggers	F 65-69	31 :17							
69	10	Jacqui	Ives	Westbourne RC	F 40-44	31 :46							
70	271	Susan	Ebsworth	Unattached	F 45-49	31 :56							
71	268	Di	Jack	Unattached	F 45-49	34 :40							
72	267	Elaine	Robson	Unattached	F 45-49	34 :47							
73	110	Sue	Evans	Bournemouth Joggers	F 60-64	36 :40							
74	48	Rosemary	Ash	Unattached	F 55-59	37 :32							