

Poole Runners Summer Series - Senior Race - 4 July 2014

Pos.	No.	Name	Club	Category	Time	Posn.	Category	No.	Name	Club	Cat.	Time	Pos.	
1	54	Sam	Brown Aravjo	Purbeck Runners	M U20	18 :40	1	1st Male	54 Sam	Brown Aravjo	Purbeck Runners	M U20	18 :40	1
2	226	Anthony	Clark	Poole Runners	M 20-39	19 :44	1	1st Female	126 Serena	O'Connor	Poole Runners	F U20	21 :31	11
3	222	Dave	Hicks	Poole AC	M 40-44	20 :01	1							
4	220	John	Bassinder	Poole AC	M 45-49	20 :09	1	1st Male U20	54 Sam	Brown Aravjo	Purbeck Runners	M U20	18 :40	1
5	15	Dominic	Willmore	Poole Runners	M U20	20 :35	2	1st Male 20-39	226 Anthony	Clark	Poole Runners	M 20-39	19 :44	2
6	203	Reyben	Skinner	Poole AC	M 40-44	20 :42	2	1st Male 40-44	222 Dave	Hicks	Poole AC	M 40-44	20 :01	3
7	153	John	Towner	Poole Runners	M 20-39	20 :43	2	1st Male 45-49	220 John	Bassinder	Poole AC	M 45-49	20 :09	4
8	169	Lee	Dempster	Lytchett Manor Striders	M 20-39	20 :47	3	1st Male 50-54	223 Mike	Grist	Poole Runners	M 50-54	21 :03	9
9	223	Mike	Grist	Poole Runners	M 50-54	21 :03	1	1st Male 55-59	156 Chris	Guerrier	Poole Runners	M 55-59	23 :24	27
10	241	Tim	Hancock	Elite Fitness Olympians	M 20-39	21 :18	4	1st Male 60-64	231 John	Richards	Poole AC	M 60-64	28 :51	70
11	126	Serena	O'Connor	Poole Runners	F U20	21 :31	1	1st Male 65-69	23 Ian	Barnes	Poole Runners	M 65-69	25 :06	41
12	89	Aaron	Cogdell	Littledown Harriers	M U20	21 :33	3	1st Male 70-74	228 John	Edwards	Unattached	M 70-74	31 :51	81
13	227	Stephen	Bridger	Purbeck Runners	M 50-54	21 :35	2							
14	238	Jonny	Showtime	SSS	M 20-39	21 :39	5							
15	61	Robert	Murray	Purbeck Runners	M 20-39	21 :41	6							
16	102	Becky	Griffith	Poole Runners	F 20-39	21 :56	1							
17	174	Christian	Verrinda	Unattached	M 40-44	22 :22	3							
18	53	David	Brown	Purbeck Runners	M 40-44	22 :28	4	1st Female U20	126 Serena	O'Connor	Poole Runners	F U20	21 :31	11
19	63	Colin	Somers	Poole Runners	M 20-39	22 :38	7	1st Female 20-39	102 Becky	Griffith	Poole Runners	F 20-39	21 :56	16
20	64	Nick	Gavin	Lytchett Manor Striders	M 20-39	22 :39	8	1st Female 40-44	62 Sarah	Wood	Unattached	F 40-44	24 :16	35
21	225	Wayne	Dolman	Poole AC	M 40-44	22 :40	5	1st Female 45-49	24 Kerstin	Cummings	Bournemouth Joggers	F 45-49	26 :10	53
22	50	Comfort	Mmoledi	Unattached	M U20	22 :52	4	1st Female 50-54	18 Patricia	Everitt	Bournemouth Joggers	F 50-54	27 :37	63
23	239	Jonny	Airtight	SSS	M 20-39	23 :03	9	1st Female 55-59	27 Janice	Palmer	Poole Runners	F 55-59	24 :21	36
24	41	David	Ozanne	Poole Runners	M 50-54	23 :03	3	1st Female 60-64	188 Linda	Dominey	Poole Runners	F 60-64	29 :00	71
25	66	Alan	Trent	Egdon Heath	M 50-54	23 :04	4	1st Female 65-69	91 Sarah	Barrett	Poole Runners	F 65-69	29 :15	74
26	98	John	Brian	Poole AC	M 45-49	23 :19	2							
27	156	Chris	Guerrier	Poole Runners	M 55-59	23 :24	1							
28	234	Eric	Gilbert	Poole AC	M 55-59	23 :40	2							
29	120	Tim	Birch	Poole AC	M 50-54	23 :40	5							
30	84	Richard	Saunders	Poole AC	M 50-54	23 :46	6							
31	214	Nick	Clifford	Bonfire Hearts	M 20-39	23 :51	10							
32	128	Daniel	Molyneaux	Unattached	M 20-39	23 :53	11							
33	140	Stephen	Hutton	Littledown Harriers	M 40-44	23 :53	6							
34	237	Jonny	Rockstar	SSS	M 20-39	23 :56	12							
35	62	Sarah	Wood	Unattached	F 40-44	24 :16	1							
36	27	Janice	Palmer	Poole Runners	F 55-59	24 :21	1							
37	19	Jack	Williams	Poole Runners	M U20	24 :34	5							
38	138	Gemma	Oliver	Unattached	F 20-39	24 :35	2							
39	116	Justin	Yates	Bonfire Heart	M 20-39	24 :48	13							
40	60	Lesley	Moore	Poole AC	F 20-39	25 :06	3							
41	23	Ian	Barnes	Poole Runners	M 65-69	25 :06	1							
42	189	Brian	Long	Unattached	M 65-69	25 :12	2							
43	21	Sharon	Barlow	Poole AC	F 40-44	25 :14	2							
44	38	Robert	Frampton	Poole Runners	M 50-54	25 :16	7							
45	105	Jenny	Beckett	Unattached	F 20-39	25 :22	4							
46	229	Judith	Vlaarkamp	Lytchett Manor Striders	F 20-39	25 :24	5							
47	192	Lorraine	Naylor	Purbeck Runners	F 40-44	25 :26	3							
48	184	Adam	Jaffer	Lytchett Manor Striders	M 20-39	25 :47	14							
49	194	Mandie	Wales	Littledown Harriers	F 40-44	25 :48	4							
50	171	Dave	Dalton	Rochdale Harriers	M 55-59	25 :49	3							
51	22	Bruce	Ghinn	Lytchett Manor Striders	M 45-49	25 :51	3							
52	52	Ian	Hitching	Dorset Doddlers	M 45-49	26 :01	4							
53	24	Kerstin	Cummings	Bournemouth Joggers	F 45-49	26 :10	1							
54	155	Stuart	Paton	Belgrave	M 50-54	26 :18	8							
55	55	Kelly	Frampton	Poole Runners	F 20-39	26 :26	6							
56	8	Paul	Viney	Poole Runners	M 40-44	26 :27	7							
57	134	Andrew	Olden	Wimbourne AC	M 40-44	26 :37	8							
58	224	Geoffrey	Scott	Poole Runners	M 65-69	26 :56	3							
59	242	Robbie	Almond	Elite Fitness Olympians	M 20-39	27 :00	15							

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60	36	Victoria	Casson	Westbourne RC	F	20-39	27 :22	7					
61	103	Sarah	Swift	Poole Runners	F	40-44	27 :31	5					
62	139	Angela	Hutton	Bournemouth Joggers	F	40-44	27 :34	6					
63	18	Patricia	Everitt	Bournemouth Joggers	F	50-54	27 :37	1					
64	118	Jayne	Offer	Poole AC	F	45-49	27 :51	2					
65	150	David	Tolladay	Unattached	M	45-49	27 :58	5					
66	101	Tina	Stoakes	Poole AC	F	55-59	28 :15	2					
67	142	Robert	Hart	Unattached	M	40-44	28 :33	9					
68	117	Matthew	Ellwood	Bonfire Heart	M	20-39	28 :49	16					
69	1	Tony	Williams	Purbeck Runners	M	65-69	28 :49	4					
70	231	John	Richards	Poole AC	M	60-64	28 :51	1					
71	188	Linda	Dominey	Poole Runners	F	60-64	29 :00	1					
72	233	Tony	Dimmock	Unattached	M	45-49	29 :09	6					
73	165	Claudia	Howse	Poole Runners	F	45-49	29 :14	3					
74	91	Sarah	Barrett	Poole Runners	F	65-69	29 :15	1					
75	51	Clement	Mmoledi	Unattached	M	40-44	30 :56	10					
76	164	Debbie	Trent	Unattached	F	50-54	30 :59	2					
77	199	Marilyn	Richards	Poole AC	F	60-64	31 :03	2					
78	221	Maria Pilar	Araujo Lopz	Unattached	F	40-44	31 :36	7					
79	208	Joan	Fox	Bournemouth Joggers	F	65-69	31 :37	2					
80	151	Diane	Ruffie	Bournemouth Joggers	F	55-59	31 :38	3					
81	228	John	Edwards	Unattached	M	70-74	31 :51	1					
82	147	James	Elliot	Unattached	M	65-69	32 :07	5					
83	137	Mark	Fisher	Unattached	M	20-39	32 :11	17					
84	232	Clare	McDermott	Purbeck Runners	F	45-49	32 :31	4					
85	10	Jacqui	Ives	Westbourne RC	F	40-44	32 :42	8					
86	177	Kim	Brooks	Westbourne AC	F	20-39	32 :52	8					
87	28	Christine	Hart-Burke	Purbeck Runners	F	55-59	33 :43	4					
88	230	Maria Pilar	Ozanne	Poole Runners	F	50-54	33 :49	3					
89	124	Karan	Fry	Poole AC	F	40-44	34 :17	9					
90	240	Helen	Elliott	Unattached	F	20-39	34 :42	9					
91	146	Richard	Wakelam	Unattached	M	20-39	34 :43	18					
92	110	Sue	Evans	Bournemouth Joggers	F	60-64	36 :14	3					
93	48	Rosemary	Ash	Unattached	F	55-59	38 :39	5					
94	236	Trudy	Allen	Purbeck Runners	F	20-39	38 :40	10					
95	235	Sarah	Colquhoun	Purbeck Runners	F	45-49	38 :40	5					
96	43	Angela	Brown	Poole Runners	F	45-49	39 :02	6					