Club results from our own Poole 10k.   Our ladies team were 1st overall and our men 2nd team

Thanks to all the marshals, you all did a brilliant job

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| --- | --- | --- | --- | --- |
| 6 | Sean | Hogan | Male 21 To 39 | 00:33:15 |
| 7 | Daniel | Mulryan | Male 15 To 20 | 00:34:19 |
| 11 | Ben | Wilson | Male 15 To 20 | 00:35:09 |
| 33 | James | Aylmore | Male 50 To 59 | 00:37:32 |
| 37 | David | Cross | Male 21 To 39 | 00:38:04 |
| 45 | Abigail | Jones | Female 21 To 39 | 00:38:54 |
| 56 | Caroline | Stanzel | Female 21 To 39 | 00:39:35 |
| 62 | Ian | Barnes | Male 60 To 69 | 00:40:10 |
| 63 | Helen | Dyke | Female 40 To 49 | 00:40:13 |
| 96 | Andy | Hannaford | Male 21 To 39 | 00:41:46 |
| 156 | Janice | Palmer | Female 50 To 59 | 00:44:13 |
| 186 | Jemma | Bawa | Female 15 To 20 | 00:45:27 |
| 238 | Sarah | Swift | Female 40 To 49 | 00:47:18 |
| 320 | David | Heath | Male 60 To 69 | 00:50:00 |
| 500 | Claudia | Howse | Female 40 To 49 | 00:55:43 |
| 590 | Angela | Brown | Female 40 To 49 | 00:59:19 |
| 799 | Fiona | Bennett | Female 21 To 39 | 01:12:16 |